Randomised controlled trial of the “Teens and Toddlers” programme

Appendix D  Study Materials

- Teens and Toddlers guidance for teachers selecting girls for the T&T programme
- The revised trial guidance for teachers selecting girls for the T&T programme
- Information sheet explaining the RCT to teenagers
- Teenagers consent form
- Parents consent form
- Baseline self-completion questionnaire¹
- Follow-up one self-completion questionnaire
- Additional self-completion questionnaire on process and perceptions of impact (T&T girls only)
- Follow-up two self-completion questionnaire

¹ We have not included the CAPI questionnaire or showcards that were used for cohort 1 at baseline because all the analysis in the report is based upon questions that were included in the self completion questionnaires. However these materials are available from the research team on request.
INFORMATION SHEET

Teenager Selection Tool for teachers

You may be aware that the Teens and Toddlers programme will be working with some of the young people from your school in the near future. If you have received this form, some of the students from your class or year group are being considered for the programme.

Our aim at Teens and Toddlers is to work with the young people who are considered to be most at risk of experiencing or causing early pregnancies. As you might imagine, selecting the right young people for the programme can be quite a complex process. However, through our research, we have identified a number of key criteria that have been shown to have an influence on whether a teenager is more or less likely to become a teenage parent.

We have also found that teachers are very good at predicting the behaviour of their students. Therefore we need your assistance to help us identify which young people are most in need of the Teens and Toddlers programme. On the following page is a 20 item questionnaire that asks you to rate the young person under consideration for the programme according to a number of personality characteristics, attitudes and behaviours, and background factors. All you need to do is tick one of the three boxes for each of the items listed. We estimate that each questionnaire will take no more than 5 minutes to complete.

Please understand that the purpose of this form is to identify which young people will benefit most from the programme, so that we can hopefully prevent some teenage pregnancies from occurring. Your responses will not be considered as judgemental or derogatory to the young people. None of the information you provide will ever be raised with the young people, and the Teens and Toddlers facilitators will not have access to this information. Teachers should be assured that the main aim of the questionnaire is to help us identify the right teenagers to include, and the data won't be used for anything other than research purposes.

It is very important to note that we are very careful in the way we store data. The questionnaire completed by you is only used to select young people, and then responses are quickly stored on a password-protected database which only very few members of staff have access to.

We recognise that some of the questions are entirely subjective and therefore your answers are not expected to be definitive in any way. You may or may not know the answers to the questions asked, but please use your judgement if you suspect the answer to be “yes” or “no”.

Thank you very much for your help with this matter and for taking the time to complete the questionnaire.

Please note that the school will be responsible for identifying, and excluding from the project
- people on a list kept under s.1 Protection of Children Act 1000 (individuals considered unsuitable to work with children);
- people subject to a disqualification order under the Criminal Justice and court Services Act 2000 (having committed a sexual offence or an offence of violence against a child or having been involved in the supply of drugs to a child).
# About the teenager's personality

How does this teenager compare to his/her peers on the following personality characteristics? (tick one box per item)

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Lower than peers</th>
<th>About the same as peers</th>
<th>Higher than peers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shyness (or withdrawn-ness)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Negativity and lack of self-belief</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>General sadness (or depression)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Nervousness (or anxiety)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Anger (or aggressiveness)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Disengagement from others</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

# About the teenager's attitudes and behaviours

How does this teenager compare to his/her peers on the following attitudes and behaviours? (tick one box per item)

This teenager says and does things that suggest they...

<table>
<thead>
<tr>
<th>Attitude</th>
<th>Less than peers</th>
<th>About the same as peers</th>
<th>More than peers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frequently use alcohol and/or drugs</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Are not interested in thinking about their future</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Are disengaged from and uninterested in School</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Are sexually active</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Believe it is acceptable to have a child as a teenager</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

# About the teenager's background

The following background issues are well-documented 'risk factors' for teenage pregnancy. Please rate this teenager from your knowledge of their background.

This teenager:.....

<table>
<thead>
<tr>
<th>Background Issue</th>
<th>No or “I suspect not”</th>
<th>Don’t know?</th>
<th>Yes or “I suspect so”</th>
</tr>
</thead>
<tbody>
<tr>
<td>Has a poor school attendance record (truancy)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Experienced puberty earlier than their peers</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Has a history of sexually transmitted infections</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Has previously been pregnant (or caused a pregnancy)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Has a family member who is/was pregnant as teen</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Has a history of abuse (physical, sexual or emotional)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Is currently in care, or has been in care in the past</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Has a history of family instability &amp; lacks positive role models</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Generally does not perform well at school</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

Thank you very much for completing this questionnaire
The Teens and Toddlers programme will be working with some of the young people from your school this year. If you have received this form, some of the students from your class or year group will be considered for the programme.

Teens and Toddlers works with young people who could be at risk of experiencing early pregnancies. The first step of the programme is to select students who might be at risk from your school. We have identified some criteria that have been shown to influence whether someone is more likely to become a teenage parent. We would appreciate your assistance in helping us identify which young people might benefit from the Teens and Toddlers programme.

At this stage, we would like you to invite girls in your class or year group who have some or all of the following characteristics to the Teens & Toddlers briefing meeting to be held at your school in the next couple of weeks.

Please give students who have some or all of the below characteristics an invitation letter to the briefing meeting:

- Are disengaged from or uninterested in school
- In general, do not perform well or under perform (i.e. do not work to their potential) in school
- Exhibit poor or disruptive behaviour in class
- Have a poor attendance record
- Parent rarely/never attends parents’ evenings
- Parent or sibling was a teenage parent
- Currently/previously in care

It is very important that you invite only those students to the briefing meeting who meet these criteria. This way we give the opportunity to the students in most need.

N.B. The school is responsible for ensuring that the following are not invited onto the project

- Those on a list kept under s.1 Protection of Children Act 2000 (individuals considered unsuitable to work with children);
- Those subject to a disqualification order under the Criminal Justice and Court Services Act 2000 (having committed a sexual offence or an offence of violence against a child or having been involved in the supply of drugs to a child).

Thank you very much for your help with this matter and for taking the time to help with the selection process.
¿What is the study about?¿
The study is an evaluation of Teens and Toddlers which is a programme that involves work experience in nurseries and some classroom education. The research will try to find out how well the Teens and Toddler programme works by comparing the teenagers who take part in the Teens and Toddlers programme with teenagers who do not. Researchers will therefore interview teenagers taking part in the programme and a group that do not take part in the programme.

¿How was I selected for the study?¿
The teachers at your school were asked to choose a small number of girls who were the right age and who might benefit from being able to take part in the Teens and Toddlers programme. From this group, half will take part in Teens and Toddlers and the other half won’t take part in Teens and Toddlers but will still take part in the research.

¿Will I be in the group that does Teens and Toddlers or the group that doesn’t?¿
To make everything fair, we need to choose the two groups randomly. This random selection is like tossing a coin to decide who takes part in the programme and who doesn’t. This means that if you agree to take part in the study you might be randomly chosen to do the Teens and Toddlers programme or randomly chosen not to do the programme. You will find out which group you are in after everyone’s done the first questionnaire. If you are in the group not doing the Teens and Toddlers programme, we will really need your help with the questionnaires.

¿What will I have to do?¿
A researcher will come to your school during the school day so that you can complete a questionnaire. It would ask about your experiences at school, your home life, attitudes to parenthood and sexual health and relationships. Then we would like you to fill in a questionnaire two more times, 5 months from now, and 18 months from now to see how things have changed.

¿Who is carrying out the study?¿
The study is funded by the Government (the Department for Children, Schools and Families). It is being carried out by two research organisations: (1) the National Centre for Social Research (NatCen) and (2) the London School of Hygiene and Tropical Medicine. You can find out more about them by going to their websites (www.natcen.ac.uk or www.lshtm.ac.uk). These organisations and the researchers working for them are independent of the Government and your school.

¿Is it confidential?¿
Yes! Anything that you say will be treated in strict confidence in accordance with the Data Protection Act. You will not be identified in any research report, and what you say will not be shared with your teachers, parents or Teens and Toddlers staff (unless you told us that you or someone else is at risk of serious harm, if this happened we would discuss this with you first before anyone else was told).

If you have any questions about this study, please contact Ivonne Wollny (email ivonne.wollny@natcen.ac.uk, tel 020 75497145).
Choosing to participate in Teens & Toddlers

I, _________________________, agree to the following.

- I understand that I will be asked to complete three questionnaires about my experiences at school, my home life, attitudes to parenting, and sexual health.
- I understand that I might be in a group that does the Teens and Toddlers programme, or in a group that doesn’t, and that this will be decided randomly so that everything is fair.

If I am in the group that does the Teens and Toddlers programme I agree to the following.

- To participate in the activities, workshops and discussions.
- To honour the guidelines that we agree as a group, and in particular that I will not be violent to myself, other participants, facilitators, nursery staff and toddlers. This includes no verbal or physical violence, or violence to the environment of the nursery.
- To understand that drugs and alcohol are NOT allowed at any time on the premises.
- To attend every session on time, to participate in each one and to complete the assignments to the best of my ability. I understand that if I miss more than three sessions, I will not be awarded the full certificate for successfully completing the project (which goes onto my school record of achievement).
- To follow the guidance of my facilitators and to make this as rewarding as I can.
- To keep the children’s safety and well being as my main aim.
- To recognise that I am gaining valuable work experience. I will be treated like a member of staff at the nursery, and I must behave in a professional manner.
- To remember what I learn in Teens & Toddlers, so that I can use those skills to achieve all I hope to achieve in the future.
- To understand that I can be a positive role model to a child, and that I can make a difference to his/her life.
- To work towards successfully gaining a National Award (NCFE Level 1 in Interpersonal Skills), if I want to. To understand that the facilitators will offer support and coaching to help me achieve this.
- To participate in one-to-one sessions during the project so that I can make full benefit of the programme in my life.
- I understand that upon completion of the project, I will be given a T&T certificate which clearly states the subjects I have studied and the skills I have mastered.
Teen Consent Form

This form tells you what will happen to the personal information you give Teens and Toddlers during the programme. Please read it and tick the boxes if you understand and agree. If you have any questions, please ask the Project Manager.

- I have read and understood the 'Questions about the Research' sheet and the 'Choosing to participate' sheet provided. I have been given a full explanation of the nature, purpose, location and duration of the project, and of what I will be expected to do.

- I am aware that the Programme includes questionnaires and interviews for research purposes.

- I understand that all personal data relating to me will be held and processed in the strictest confidence, in accordance with the Data Protection Act. By signing this form I give my consent for Teens and Toddlers, NatCen and the London School of Hygiene and Tropical Medicine to hold sensitive personal data and understand that this data will be used for research purposes.

- I understand that what I say during T&T is confidential. However, I understand that this confidentiality may need to be broken if I disclose that I (or someone else) is at risk of serious harm (child protection issues). If this happens, it will be discussed with me first before anyone else is told.

- I understand that I am free to leave the programme at any time without needing to justify my decision.

Name: _______________________________________

Signature: ____________________________________

Date: _______________________________________
PARENTAL CONSENT FORM

Teens & Toddlers Programme and Evaluation

Teens and Toddlers is a programme that involves classroom education plus work experience in local nurseries. The classroom education covers child development, nutrition, safety, parenting and sexual health. The work experience involves learning to help take care of a toddler alongside the toddler's regular teachers. One-to-one mentoring is also available to those teenagers on the programme who could benefit from this. Those taking part can earn an Accredited National Award in Interpersonal Skills, level 1 (NCFE). It is being delivered in your borough starting on 22nd or 23rd September.

We are evaluating the programme to find out how well it works. This important evaluation is being funded by the Government (the Department for Children, Schools and Families) and done by the National Centre for Social Research and the London School of Hygiene and Tropical Medicine. For more information, see their websites (www.natcen.ac.uk or www.lshtm.ac.uk). The evaluation involves some teenagers taking part in the programme and other teenagers not taking part in the programme, so that we can compare the two groups. Teenagers will be randomly selected for either one group or the other. This random selection is like tossing a coin to decide who participates in the programme. If you agree that your teenager can be involved, your teenager may then be randomly selected to take part in the programme or to be part of the comparison group (and therefore will not receive the programme).

Your teenager’s teacher thought they might benefit from being able to take part in the Teens and Toddlers programme so we would like to give them the chance to participate. If you agree that your teenager can take part in the evaluation, they will be interviewed three times over the course of the next year and a half. These interviews are totally confidential and done by experienced researchers who will ask questions about various topics such as experiences at school, home life, attitudes to parenthood, and sexual health.

If your teenager is randomly selected to take part in the Teens and Toddlers programme, your teenager will be met at their school at 12.30pm and escorted to the nursery by a Teens and Toddlers worker and make their own way home from the nursery. We will work from 1pm to 3:45pm (1pm - 2:45pm with the toddlers, 2:45pm – 3:45pm in classrooms) on Tuesday or Wednesday afternoons for 20 weeks, breaking for normal school holidays. Researchers will also visit the nursery to interview some teenagers on their own or in small groups to find out what they think of the programme, and observe how it is working.

Anything that your teenager says to the researchers will be treated in strict confidence as required by the Data Protection Act. If you would like more information about the evaluation, contact Dr Peter Keogh at NatCen (p.keogh@natcen.ac.uk, 020 7549 8528)

In order for your teenager to take part in the evaluation, the random selection and, if selected, the Teens and Toddlers programme, we need you to sign the attached consent form. Thank you for reading this information and taking the time to consider allowing your teenager to participate in such a unique programme!

Peter Hein
Director

Miranda Taggart
Project Manager
PARENTAL CONSENT FORM - Please read the following very carefully:

I understand and give permission that:

- My teenager will take part in the evaluation described in the accompanying letter.
- My teenager will be allocated randomly to participate in the Teens and Toddlers programme or to be part of the comparison group in the evaluation.
- If selected my teenager will take part in the programme as described in the accompanying letter.
- All personal information will be held and processed in the strictest security and confidence in accordance with the Data Protection Act.
- Anonymised quotes from my teenager may be used in the evaluation and reports produced from this.
- My teenager is free to withdraw from the study at any point without giving a reason.

☐ Yes, I have understood the above information and give permission for my teenager to take part
☐ No, I don’t give permission to have my teenager participate in any of the above.

Your name: (please print) __________________________________________________________________
Address: __________________________________________________________________________________
Post Code: _____________
Emergency contact no: ______________________________________________________________________
Student Name: ____________________________________________________________________________
Your relationship to Student: _________________________________________________________________
Age of student: _____________
Is there any medical condition that we need to be aware of? (Yes / No) ____________________________
If yes, what is that condition? _______________________________________________________________
Your Signature: ________________________________________________________________ Date: ____________

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This questionnaire is part of some research that will be used to find out how well the Teens and Toddler programme works. We will treat all your answers as strictly confidential, and what you say will not be shared with your teachers, parents or Teens and Toddlers staff.

We really want to find out what you think and so it is important that you fill in the questionnaire quietly by yourself and don't share your answers with anyone else. There are no right or wrong answers, this is just about you.

There are some instructions for completing the questionnaire below.

Instructions for completing the questionnaire

- Each question can be answered either by ticking the box next to your answer or by writing in a number.
- The arrows will tell you which question to answer next.
- If there are no arrows, just carry on to the next question.
- For most questions you should choose one answer only.
- The questions where it is OK to choose more than one answer will say “Tick as many as are true”.

EXAMPLE QUESTIONS

Q1 Did you have breakfast this morning?

Yes ✅ 1

No ☐ 2 → Q3

Q2 How many people did you eat breakfast with?

Write in

If you have any questions now or while you are completing the questionnaire, please raise your hand and ask the interviewer for their help.
ABOUT YOURSELF

We need to know your name, address, phone number and date of birth so that we can contact you the next time we’d like to speak to you. Please fill these in below.

First Name

Surname

Address

Postcode

Phone Number

Date of Birth

Now please tear the page off and give it to the interviewer

The interviewer will put this page in a sealed envelope so that your name is kept separate from your answers to the questionnaire.
SOME INFORMATION ABOUT YOU AND THE PEOPLE YOU LIVE WITH

Q1 Firstly, what kind of house or flat do you live in?

- One rented from the council or a housing association 1
- One rented from a landlord 2
- One owned by your family (including one with a mortgage) 3
- Children’s home 4
- Other 5
- Don’t know 8

Q2 Which of the following people do you live with?

- Natural mother 1 ➔ Q3
- Adoptive mother 2 ➔ Q3
- Step mother (your parent’s partner, even if they are not married) 3 ➔ Q3
- Foster mother 4 ➔ Q3
- None of these 6 ➔ Q5

Q3 And does your mother/step mother/foster mother do any paid work, either part time or full time?

- Yes 1
- No 2

Q4 How do you find talking to your mother/step mother/foster mother about personal things?

- Very easy 1
- Quite easy 2
- Quite difficult 3
- Very difficult 4
Q5 Which of the following people do you live with?

- Natural father 1 ➔ Q6
- Adoptive father 2 ➔ Q6
- Step father (your parent’s partner, even if they are not married) 3 ➔ Q6
- Foster father 4 ➔ Q6
- None of these 5 ➔ Q8

Q6 And does your father/step father/foster father do any paid work, either part time or full time?

- Yes 1
- No 2

Q7 How do you find talking to your father/step father/foster father about personal things?

- Very easy 1
- Quite easy 2
- Quite difficult 3
- Very difficult 4
Q8  Which of the following people do you live with?

*Tick as many as are true...*

1. Grandparent
2. Brother or sister (including half-/foster-/step brothers or sisters)
3. Son or daughter
4. Niece or nephew
5. Aunt or uncle
6. Cousin
7. Other person in your family
8. Other person not in your family
9. None of these

Q9  Do any of the adults that you live with do any paid work, either part-time or full-time?

1. Yes, working full time or part time
2. No, not working
And what ethnic group do you belong to?

### White
- White British
- White Irish
- Other White background

### Mixed
- Mixed – White and Caribbean
- Mixed – White and Black African
- Mixed – White and Asian
- Other mixed background

### Asian or Asian British
- Asian/Asian British – Indian
- Asian/Asian British – Pakistani
- Asian/Asian British – Bangladeshi
- Other Asian background

### Black or Black British
- Black/Black British - Caribbean
- Black/Black British - African
- Other Black background

### Chinese or other ethnic group
- Chinese
- Other background
Q11 What is your family's main language at home?

- English 1
- Other 2

Q12 And which of these religious groups do you belong to, if any?

- Christian 1
- Muslim 2
- Hindu 3
- Sikh 4
- Jewish 5
- Buddhist 6
- Other 7
- None of these 8

Q13 Do you get free school meals at lunchtime?

- Yes 1
- No 2
WHAT YOU THINK ABOUT SCHOOL

Q14 How much do you like school?

- Very much [ ]
- Quite a lot [ ]
- Not much [ ]
- Not at all [ ]

Q15 When are you planning to leave school or sixth form?

- As soon as possible [ ]
- Straight after your GCSEs, [ ]
- When you’re 18 [ ]
- After you’re 18 [ ]

Q16 And then what are you planning to do?

*Tick as many as are true...*

- Continue in full-time education (university, college) [ ]
- Find a job [ ]
- Training (e.g. skill-seekers, apprenticeship, youth training) [ ]
- Go abroad for at least 6 months [ ]
- Take some time off [ ]
- Something else [ ]

Q17 How important is it to you to get good marks in your schoolwork, tests or exams?

- Very important [ ]
- Fairly important [ ]
- Not very important [ ]
- Not at all important [ ]
**Q18** How often do you usually miss school **without** permission?

Include times when you missed the whole day, and when you just missed some of the lessons.

By this we mean *truanting* or playing truant, *bunking off*, or *skipping* school. We don’t mean time off with your school’s permission or going on holiday in term time.

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>A few times a week</td>
<td>1</td>
</tr>
<tr>
<td>Once a week</td>
<td>2</td>
</tr>
<tr>
<td>Once every two weeks</td>
<td>3</td>
</tr>
<tr>
<td>Once a month</td>
<td>4</td>
</tr>
<tr>
<td>Less often than once a month</td>
<td>5</td>
</tr>
<tr>
<td>Never</td>
<td>6</td>
</tr>
</tbody>
</table>

**Q19** In the last 6 months have you been suspended or temporarily excluded from school?

<table>
<thead>
<tr>
<th>Response</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>1</td>
</tr>
<tr>
<td>No</td>
<td>2</td>
</tr>
</tbody>
</table>

**Q20** And have you ever been expelled or permanently excluded from school?

<table>
<thead>
<tr>
<th>Response</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>1</td>
</tr>
<tr>
<td>No</td>
<td>2</td>
</tr>
</tbody>
</table>
ABOUT YOUR RELATIONSHIPS AND SEXUAL EXPERIENCES

Q21 Are you currently seeing anyone?

Yes – I’m seeing a boy (or a man) 1 ➔ Q22
Yes – I’m seeing a girl (or a woman) 2 ➔ Q22
No 3 ➔ Q24

Q22 How do you find talking to this person about personal things?

(If you are seeing more than one person, please answer this question about the person you are seeing more of)

Very easy 1
Quite easy 2
Quite difficult 3
Very difficult 4

Q23 How often does this person push you to do things that you do not want to do?

(If you are seeing more than one person, please answer this question about the person you are seeing more of)

Very much 1
Quite a bit 2
Not much 3
Not at all 4

Q24 And have you ever kissed or cuddled a boy (or a man)?

Yes 1
No 2

Q25 And have you ever touched a boy’s (or a man’s) private parts, or has he touched yours?

Yes 1
No 2
Q26 And have you ever had sex with a boy (or a man)?

Yes 1  \( \Rightarrow \) Q27

No 2  \( \Rightarrow \) Q41

Q27 About how many different boys (or men) have you ever had sex with?

Write in

Q28 How regularly have you had sex in the last 3 months with a boy (or a man)?

At least once a week 1
At least once a month 2
Less than once a month 3
Not regularly 4
Not at all 5

Q29 Now thinking about the first time that you had sex with a boy (or a man), how old were you then?

Write in

Q30 Which of these best describes the first time you had sex with a boy (or a man)?

I did not plan it to happen beforehand 1
I planned it to happen beforehand (but not together) 2
We planned it together beforehand 3
Don’t know 8
### Q31
And which of these best describes the **first** time you had sex with a boy (or a man)?

<table>
<thead>
<tr>
<th>Option</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>I was about the right age</td>
<td>1</td>
</tr>
<tr>
<td>I was too old</td>
<td>2</td>
</tr>
<tr>
<td>I was too young</td>
<td>3</td>
</tr>
<tr>
<td>Don’t know</td>
<td>8</td>
</tr>
</tbody>
</table>

### Q32
And which of these best describes the **first** time you had sex with a boy (or a man)?

<table>
<thead>
<tr>
<th>Option</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>I was happy about it</td>
<td>1</td>
</tr>
<tr>
<td>I regretted it</td>
<td>2</td>
</tr>
<tr>
<td>I wasn’t happy about it but didn’t regret it</td>
<td>3</td>
</tr>
<tr>
<td>Don’t know</td>
<td>8</td>
</tr>
</tbody>
</table>

### Q33
And when you **first** had sex with a boy (or a man), which of these was most true?

<table>
<thead>
<tr>
<th>Option</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>I put <strong>a lot</strong> of pressure on my boyfriend/ partner</td>
<td>1</td>
</tr>
<tr>
<td>I put <strong>some</strong> pressure on my boyfriend/ partner</td>
<td>2</td>
</tr>
<tr>
<td>There was no pressure either way</td>
<td>3</td>
</tr>
<tr>
<td>My boyfriend/ partner put <strong>some</strong> pressure on me</td>
<td>4</td>
</tr>
<tr>
<td>My boyfriend/ partner put <strong>a lot</strong> of pressure on me</td>
<td>5</td>
</tr>
<tr>
<td>Don’t know</td>
<td>8</td>
</tr>
</tbody>
</table>
Q34  Still thinking about the **first** time you had sex with a boy (or a man), did you use …

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Don’t Know</th>
</tr>
</thead>
<tbody>
<tr>
<td>… a condom?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>… the pill?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>… the morning after pill (emergency contraception pill)?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>… any other contraception or protection?</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

And what **other** contraception or protection was that? *(Please write…)*

Q35  Now thinking about the **last** time you had sex with a boy (or a man), did you use …

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Don’t Know</th>
</tr>
</thead>
<tbody>
<tr>
<td>… a condom?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>… the pill?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>… the morning after pill (emergency contraception pill)?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>… any other contraception or protection?</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

And what **other** contraception or protection was that? *(Please write…)*

Q36  And in the last 3 months, how many times would you say that you have had sex with a boy (or a man) without using a **condom**?

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>1</td>
</tr>
<tr>
<td>Once</td>
<td>2</td>
</tr>
<tr>
<td>Twice</td>
<td>3</td>
</tr>
<tr>
<td>Three to five times</td>
<td>4</td>
</tr>
<tr>
<td>Six to ten times</td>
<td>5</td>
</tr>
<tr>
<td>More than ten times</td>
<td>6</td>
</tr>
</tbody>
</table>
Q37 Have you ever been pregnant (including any miscarriages or abortions (terminations))?

Yes 1  ➔ Q38
No 2  ➔ Q41

Q38 Thinking about your most recent pregnancy.

Did you want to become pregnant?

Yes 1  
No 2  
Not sure 8

Q39 Were you pregnant in the past or are you pregnant now?

Past 1  ➔ Q40
Now 2  ➔ Q41

Q40 And did you have the baby, have an abortion (termination), or have a miscarriage?

Had the baby, 1  
Had an abortion (termination) 2  
Had a miscarriage? 3
YOUR ATTITUDES TOWARDS RELATIONSHIPS AND SEX

Q41 What do you think is a good age to have sex for the first time?

- Age 12 or younger
- Age 13
- Age 14
- Age 15
- Age 16
- Age 17
- Age 18
- Age 19
- Age 20
- Age 21
- Age 22 or older
- Don’t know

Q42 And which of these situations would be a good time to have sex for the first time?

- When you fancy someone
- When you have a boyfriend
- When you’ve been going out with your boyfriend for long enough
- When you’re married
- Don’t know
Please tell us how much you agree or disagree with the following sentences.

<table>
<thead>
<tr>
<th>Agree Strongly</th>
<th>Agree</th>
<th>Neither agree nor disagree</th>
<th>Disagree</th>
<th>Disagree strongly</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

Sex is about excitement and feeling good, so it’s ok that people don’t always think about using protection

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
</table>

I would always use a condom with a new partner

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
</table>

It’s ok for women to smoke when they are pregnant

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
</table>

And how much alcohol do you think it’s okay for women to drink when they are pregnant?

As much as they want 1

Quit a lot 2

Not very much 3

None 4

How easy or difficult would it be for you to …

Very easy Easy Difficult Very difficult Don’t know

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>8</th>
</tr>
</thead>
</table>

… use a condom properly?

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>8</th>
</tr>
</thead>
</table>

… talk openly about sex with a boyfriend?

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>8</th>
</tr>
</thead>
</table>

… discuss going on the pill in a clinic or with a doctor?

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>8</th>
</tr>
</thead>
</table>

As far as you know, are the following true or false …

True False Not sure

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>8</th>
</tr>
</thead>
</table>

… people are less likely to catch infections passed on by sex if they use condoms?

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>8</th>
</tr>
</thead>
</table>

… people are less likely to catch infections passed on by sex if they use the pill?

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>8</th>
</tr>
</thead>
</table>

… people might have a sexually transmitted infection without realising it?
Q47 How many days after having sex do you think you can take the morning after pill (emergency contraceptive pill) to stop you getting pregnant?

- Only within one day of having sex  
- Up to three days after having sex  
- Up to one week after having sex  
- Not sure

DRINKING

Q48 Do you ever get drunk?

- Yes  
- No

Q49 How often would you say you get drunk?

- Less than once a month  
- Once or twice a month  
- Once a week  
- More than once a week
WHAT YOU THINK OF YOURSELF AND OTHER PEOPLE

Please say how much you think the following sentences are like you. You can give each sentence a score from 1 to 8, where 1 is "false - not like you", and 8 is "true - like you".

Q50: "Overall most things I do turn out well"

False – not like you True – like you
1 2 3 4 5 6 7 8

Q51: "I know I have the ability to do anything I want to do"

False – not like you True – like you
1 2 3 4 5 6 7 8

Q52: "My own efforts and actions are what will shape my future"

False – not like you True – like you
1 2 3 4 5 6 7 8

Q53: "I work hard at solving my problems"

False – not like you True – like you
1 2 3 4 5 6 7 8

Q54: "Personal goals are important to me"

False – not like you True – like you
1 2 3 4 5 6 7 8

Q55: "I respect other people"

False – not like you True – like you
1 2 3 4 5 6 7 8

Q56: "I sort out my conflicts with other people peacefully"

False – not like you True – like you
1 2 3 4 5 6 7 8

Q57: "People understand me when I am talking"

False – not like you True – like you
1 2 3 4 5 6 7 8
Q58 Thinking over the last six months, how true is this …

<table>
<thead>
<tr>
<th></th>
<th>Not true</th>
<th>Partly true</th>
<th>Certainly true</th>
</tr>
</thead>
<tbody>
<tr>
<td>... I worry a lot?</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>... I am often unhappy, down-hearted or tearful?</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>

Q59 Thinking over the last six months, how much do you agree or disagree with these sentences …

<table>
<thead>
<tr>
<th></th>
<th>Agree Strongly</th>
<th>Agree</th>
<th>Neither agree nor disagree</th>
<th>Disagree</th>
<th>Disagree strongly</th>
</tr>
</thead>
<tbody>
<tr>
<td>I can usually find the right words to say how I am feeling</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I am usually in touch with my own feelings</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I can usually share my feelings with others when I want to</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I can usually express my feelings better than other people my age</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I am usually really good at noticing how other people are feeling</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I like myself</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

Q60 Are there any other adults such as teachers, youth workers, or other relatives you could talk to about personal things?

Yes 1
No 2

Q61 How often are the following true?

<table>
<thead>
<tr>
<th></th>
<th>Always</th>
<th>Usually</th>
<th>Sometimes</th>
<th>Never</th>
</tr>
</thead>
<tbody>
<tr>
<td>When you go out, your parents/guardians know where you are going</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>When you go out, your parents/guardians know who you are with</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>When you go out, your parents/guardians say what time you should be home</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>
Q62 And how often do you talk to your parents/guardians about what you do at school?

- Often  
- Sometimes  
- Not very often

Q63 How often do your parents/guardians tell you that you have done something **well**?

- All of the time  
- Most of the time  
- Sometimes  
- Rarely  
- Never

Q64 Could you tell me if any of these things are true for you at the moment?

**Tick as many as are true...**

- I have a friend to talk to if I am worried or upset about something  
- I’m proud of my friends  
- My friends stick by me if I get into trouble  
- My friends work hard at school  
- None of these

Q65 Do your parents/guardians know who your friends are, do they know ...

- … none of them  
- … some of them  
- … most or them  
- … or all of them?
YOUR ATTITUDES TO BECOMING A PARENT OR BEING A PARENT

**Q66** What do you think would be the ideal age for you to become a mum?

- 16 or under 1
- 17-18 2
- 19-20 3
- 21-22 4
- 23-24 5
- 25-26 6
- 27-28 7
- 29-30 8
- 31 or over 9
- Never 10

**Q67** How likely do you think it is that you will have a baby before you are 20, is it …

- … very likely 1
- … fairly likely 2
- … fairly unlikely 3
- … or very unlikely? 4

**Q68** Has anyone in your family had a baby before they were 20?

- Yes 1
- No 2
And how much do you agree or disagree with the sentences below...

<table>
<thead>
<tr>
<th>Agree Strongly</th>
<th>Agree</th>
<th>Neither agree nor disagree</th>
<th>Disagree</th>
<th>Disagree strongly</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

... having a baby before the age of 20 would make me feel more grown up?  
... having a baby before the age of 20 would give me someone to love?

How much easier or harder would having a baby make a teenager's life...

<table>
<thead>
<tr>
<th>A lot easier</th>
<th>A little easier</th>
<th>Makes no difference</th>
<th>A little harder</th>
<th>A lot harder</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

... in terms of housing and accommodation?  
... in terms of social life and time with friends?  
... in terms of money?  
... in terms of working?

How easy or difficult do you think it is to be a good parent?

<table>
<thead>
<tr>
<th>Very easy</th>
<th>Fairly easy</th>
<th>Neither easy nor difficult</th>
<th>Fairly difficult</th>
<th>Very difficult</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

When you do exams in the future, would it be okay with you if your school let us look at your results? We would keep this information confidential and would not tell anyone else.

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
</tr>
</tbody>
</table>

**THIS IS THE END OF THE QUESTIONNAIRE** - Please seal it in the brown envelope and hand it back to the interviewer

**THANK YOU VERY MUCH!!!**
This questionnaire is part of some research that will be used to find out how well the Teens and Toddler programme works. We will treat all your answers as strictly confidential, and what you say will not be shared with your teachers, parents or Teens and Toddlers staff.

We really want to find out what you think and so it is important that you fill in the questionnaire quietly by yourself and don’t share your answers with anyone else. There are no right or wrong answers, this is just about you.

There are some instructions for completing the questionnaire below.

Instructions for completing the questionnaire

- Each question can be answered either by ticking the box next to your answer or by writing in a number
- The arrows will tell you which question to answer next.
- If there are no arrows, just carry on to the next question.
- For most questions you should choose one answer only
- The questions where it is OK to choose more than one answer will say “Tick as many as are true”

**EXAMPLE QUESTIONS**

Q1 Did you have breakfast this morning?

- Yes □ □
- No □ □

Q2 How many people did you eat breakfast with?

Write in □ □

If you have any questions now or while you are completing the questionnaire, please raise your hand and ask the interviewer for their help.
ABOUT YOURSELF

We need to know your name, address, phone number and date of birth so that we can contact you the next time we'd like to speak to you. Please fill these in below.

First Name

Surname

Address

Postcode

Phone Number

Date of Birth

Now please tear the page off and give it to the interviewer

The interviewer will put this page in a sealed envelope so that your name is kept separate from your answers to the questionnaire.
**SOME INFORMATION ABOUT YOU AND THE PEOPLE YOU LIVE WITH**

**Q1** Firstly, what kind of house or flat do you live in?

- One rented from the council or a housing association  
- One rented from a landlord  
- One owned by your family (including one with a mortgage)  
- Children’s home  
- Other  
- Don’t know

**Q2** Which of the following people do you live with?

- Natural mother  
- Adoptive mother  
- Step mother (your parent’s partner, even if they are not married)  
- Foster mother  
- None of these

**Q3** And does your mother/step mother/foster mother do any paid work, either part time or full time?

- Yes  
- No

**Q4** How do you find talking to your mother/step mother/foster mother about personal things?

- Very easy  
- Quite easy  
- Quite difficult  
- Very difficult
Q5 Which of the following people do you live with?

- Natural father
- Adoptive father
- Step father (your parent’s partner, even if they are not married)
- Foster father
- None of these

Q6 And does your father/step father/foster father do any paid work, either part time or full time?

- Yes
- No

Q7 How do you find talking to your father/step father/foster father about personal things?

- Very easy
- Quite easy
- Quite difficult
- Very difficult
Q8 Which of the following people do you live with? 

*Tick as many as are true...*

- [ ] Grandparent 1 ➔ Q9
- [ ] Brother or sister (including half-/foster-/step brothers or sisters) 2 ➔ Q9
- [ ] Son or daughter 3 ➔ Q9
- [ ] Niece or nephew 4 ➔ Q9
- [ ] Aunt or uncle 5 ➔ Q9
- [ ] Cousin 6 ➔ Q9
- [ ] Other person in your family 7 ➔ Q9
- [ ] Other person not in your family 8 ➔ Q9
- [ ] None of these 9 ➔ Q10

Q9 Do any of the adults that you live with do any paid work, either part-time or full-time?

- [ ] Yes, working full time or part time 1
- [ ] No, not working 2
Q10 And what ethnic group do you belong to?

White
- White British
- White Irish
- Other White background

Mixed
- Mixed – White and Caribbean
- Mixed – White and Black African
- Mixed – White and Asian
- Other mixed background

Asian or Asian British
- Asian/Asian British – Indian
- Asian/Asian British – Pakistani
- Asian/Asian British – Bangladeshi
- Other Asian background

Black or Black British
- Black/Black British - Caribbean
- Black/Black British - African
- Other Black background

Chinese or other ethnic group
- Chinese
- Other background
Q11 What is your family's main language at home?

- English 1
- Other 2

Q12 And which of these religious groups do you belong to, if any?

- Christian 1
- Muslim 2
- Hindu 3
- Sikh 4
- Jewish 5
- Buddhist 6
- Other 7
- None of these 8

Q13 Do you get free school meals at lunchtime?

- Yes 1
- No 2
**WHAT YOU THINK ABOUT SCHOOL**

**Q14** How much do you like school?

- Very much
- Quite a lot
- Not much
- Not at all

**Q15** When are you planning to leave school or sixth form?

- As soon as possible
- Straight after your GCSEs,
- When you’re 18
- After you’re 18

**Q16** And then what are you planning to do?

*Tick as many as are true...*

- Continue in full-time education (university, college)
- Find a job
- Training (e.g. skill-seekers, apprenticeship, youth training)
- Go abroad for at least 6 months
- Take some time off
- Something else

**Q17** How important is it to you to get good marks in your schoolwork, tests or exams?

- Very important
- Fairly important
- Not very important
- Not at all important
Q18 How often do you usually miss school without permission?

Include times when you missed the whole day, and when you just missed some of the lessons.

By this we mean truanting or playing truant, bunking off, or skipping school. We don’t mean time off with your school’s permission or going on holiday in term time.

- A few times a week
- Once a week
- Once every two weeks
- Once a month
- Less often than once a month
- Never

Q19 In the last 6 months have you been suspended or temporarily excluded from school?

- Yes
- No

Q20 And have you ever been expelled or permanently excluded from school?

- Yes
- No

Q21 Since we last spoke to you, did you attend any personal development or education programmes for young people other than Teens and Toddlers that were not part of normal school?

- Yes
- No

Q22 Can you tell me what kind of programme this was?
ABOUT YOUR RELATIONSHIPS AND SEXUAL EXPERIENCES

Q23 Are you currently seeing anyone?

Yes – I’m seeing a boy (or a man) 1 ➔ Q24
Yes – I’m seeing a girl (or a woman) 2 ➔ Q24
No 3 ➔ Q26

Q24 How do you find talking to this person about personal things?
(If you are seeing more than one person, please answer this question about the person you are seeing more of)

Very easy 1
Quite easy 2
Quite difficult 3
Very difficult 4

Q25 How often does this person push you to do things that you do not want to do?
(If you are seeing more than one person, please answer this question about the person you are seeing more of)

Very much 1
Quite a bit 2
Not much 3
Not at all 4

Q26 And have you ever kissed or cuddled a boy (or a man)?

Yes 1
No 2

Q27 And have you ever touched a boy’s (or a man’s) private parts, or has he touched yours?

Yes 1
No 2
Q28 And have you ever had sex with a boy (or a man)?

Yes 1 → Q29

No 2 → Q43

Q29 About how many different boys (or men) have you ever had sex with?

Write in

Q30 How regularly have you had sex in the last 3 months with a boy (or a man)?

At least once a week 1

At least once a month 2

Less than once a month 3

Not regularly 4

Not at all 5

Q31 Now thinking about the first time that you had sex with a boy (or a man), how old were you then?

Write in

Q32 Which of these best describes the first time you had sex with a boy (or a man)?

I did not plan it to happen beforehand 1

I planned it to happen beforehand (but not together) 2

We planned it together beforehand 3

Don’t know 8
Q33 And which of these best describes the first time you had sex with a boy (or a man)?

1. I was about the right age
2. I was too old
3. I was too young
4. Don't know

Q34 And which of these best describes the first time you had sex with a boy (or a man)?

1. I was happy about it
2. I regretted it
3. I wasn't happy about it but didn't regret it
4. Don't know

Q35 And when you first had sex with a boy (or a man), which of these was most true?

1. I put a lot of pressure on my boyfriend/ partner
2. I put some pressure on my boyfriend/ partner
3. There was no pressure either way
4. My boyfriend/ partner put some pressure on me
5. My boyfriend/ partner put a lot of pressure on me
6. Don't know
Q36  Still thinking about the first time you had sex with a boy (or a man), did you use …

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Don’t Know</th>
</tr>
</thead>
<tbody>
<tr>
<td>… a condom?</td>
<td>1087</td>
<td>1088</td>
<td>1091</td>
</tr>
<tr>
<td>… the pill?</td>
<td>1087</td>
<td>1089</td>
<td>1091</td>
</tr>
<tr>
<td>… the morning after pill (emergency contraception pill)?</td>
<td>1087</td>
<td>1090</td>
<td>1091</td>
</tr>
<tr>
<td>… any other contraception or protection?</td>
<td>1087</td>
<td>1091</td>
<td>1091</td>
</tr>
</tbody>
</table>

And what other contraception or protection was that? (Please write…)

Q37  Now thinking about the last time you had sex with a boy (or a man), did you use …

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Don’t Know</th>
</tr>
</thead>
<tbody>
<tr>
<td>… a condom?</td>
<td>1098</td>
<td>1099</td>
<td>1102</td>
</tr>
<tr>
<td>… the pill?</td>
<td>1098</td>
<td>1100</td>
<td>1102</td>
</tr>
<tr>
<td>… the morning after pill (emergency contraception pill)?</td>
<td>1098</td>
<td>1101</td>
<td>1102</td>
</tr>
<tr>
<td>… any other contraception or protection?</td>
<td>1098</td>
<td>1101</td>
<td>1102</td>
</tr>
</tbody>
</table>

And what other contraception or protection was that? (Please write…)

Q38  And in the last 3 months, how many times would you say that you have had sex with a boy (or a man) without using a condom?

None  1
Once  2
Twice 3
Three to five times 4
Six to ten times 5
More than ten times 6
Q39 Have you ever been pregnant (including any miscarriages or abortions (terminations))? 

Yes 1 ➔ Q40
No 2 ➔ Q43

Q40 Thinking about your most recent pregnancy.

Did you want to become pregnant?

Yes 1
No 2
Not sure 8

Q41 Were you pregnant in the past or are you pregnant now?

Past 1 ➔ Q42
Now 2 ➔ Q43

Q42 And did you have the baby, have an abortion (termination), or have a miscarriage?

Had the baby, 1
Had an abortion (termination) 2
Had a miscarriage? 3
YOUR ATTITUDES TOWARDS RELATIONSHIPS AND SEX

Q43 What do you think is a good age to have sex for the first time?

Age 12 or younger [ ]
Age 13 [ ]
Age 14 [ ]
Age 15 [ ]
Age 16 [ ]
Age 17 [ ]
Age 18 [ ]
Age 19 [ ]
Age 20 [ ]
Age 21 [ ]
Age 22 or older [ ]
Don't know [ ]

Q44 And which of these situations would be a good time to have sex for the first time?

When you fancy someone [ ]
When you have a boyfriend [ ]
When you've been going out with your boyfriend for long enough [ ]
When you're married [ ]
Don't know [ ]
Q45 Please tell us how much you agree or disagree with the following sentences.

<table>
<thead>
<tr>
<th>Agree Strongly</th>
<th>Agree</th>
<th>Neither agree nor disagree</th>
<th>Disagree</th>
<th>Disagree strongly</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

Sex is about excitement and feeling good, so it's ok that people don't always think about using protection

I would always use a condom with a new partner

It's ok for women to smoke when they are pregnant

Q46 And how much alcohol do you think it's okay for women to drink when they are pregnant?

As much as they want

Quite a lot

Not very much

None

Q47 How easy or difficult would it be for you to …

Very easy

Easy

Difficult

Very difficult

Don't know

… use a condom properly?

… talk openly about sex with a boyfriend?

… discuss going on the pill in a clinic or with a doctor?

Q48 As far as you know, are the following true or false …

True

False

Not sure

… people are less likely to catch infections passed on by sex if they use condoms?

… people are less likely to catch infections passed on by sex if they use the pill?

… people might have a sexually transmitted infection without realising it?
Q49 How many days after having sex do you think you can take the morning after pill (emergency contraceptive pill) to stop you getting pregnant?

- Only within one day of having sex
- Up to three days after having sex
- Up to one week after having sex
- Not sure

DRINKING
Q50 Do you ever get drunk?

- Yes ➔ Q51
- No ➔ Q52

Q51 How often would you say you get drunk?

- Less than once a month
- Once or twice a month
- Once a week
- More than once a week
**WHAT YOU THINK OF YOURSELF AND OTHER PEOPLE**

Please say how much you think the following sentences are like you. You can give each sentence a score from 1 to 8, where 1 is “false - not like you”, and 8 is “true - like you”.

- **Q52** “Overall most things I do turn out well”
  - False – not like you
  - True – like you

- **Q53** “I know I have the ability to do anything I want to do”
  - False – not like you
  - True – like you

- **Q54** “My own efforts and actions are what will shape my future”
  - False – not like you
  - True – like you

- **Q55** “I work hard at solving my problems”
  - False – not like you
  - True – like you

- **Q56** “Personal goals are important to me”
  - False – not like you
  - True – like you

- **Q57** “I respect other people”
  - False – not like you
  - True – like you

- **Q58** “I sort out my conflicts with other people peacefully”
  - False – not like you
  - True – like you

- **Q59** “People understand me when I am talking”
  - False – not like you
  - True – like you
Q60 Thinking over the last six months, how true is this …

Not true  Partly true  Certainly true

1  2  3

... I worry a lot?

1  2  3

... I am often unhappy, down-hearted or tearful?

Q61 Thinking over the last six months, how much do you agree or disagree with these sentences …

Agree  Agree  Neither  Disagree  Disagree strongly

Strongly  nor disagree

1  2  3  4  5

I can usually find the right words to say how I am feeling

1  2  3  4  5

I am usually in touch with my own feelings

1  2  3  4  5

I can usually share my feelings with others when I want to

1  2  3  4  5

I can usually express my feelings better than other people my age

1  2  3  4  5

I am usually really good at noticing how other people are feeling

1  2  3  4  5

I like myself

Q62 Are there any other adults such as teachers, youth workers, or other relatives you could talk to about personal things?

Yes  1

No  2

Q63 How often are the following true?

Always  Usually  Sometimes  Never

1  2  3  4

When you go out, your parents/guardians know where you are going

When you go out, your parents/guardians know who you are with

When you go out, your parents/guardians say what time you should be home
Q64 And how often do you talk to your parents/guardians about what you do at school?

- Often □
- Sometimes □
- Not very often □

Q65 How often do your parents/guardians tell you that you have done something well?

- All of the time □
- Most of the time □
- Sometimes □
- Rarely □
- Never □

Q66 Could you tell me if any of these things are true for you at the moment?

*Tick as many as are true...*

- I have a friend to talk to if I am worried or upset about something □
- I'm proud of my friends □
- My friends stick by me if I get into trouble □
- My friends work hard at school □
- None of these □

Q67 Do your parents/guardians know who your friends are, do they know ...

- … none of them □
- … some of them □
- … most or them □
- … or all of them? □
YOUR ATTITUDES TO BECOMING A PARENT OR BEING A PARENT

Q68
What do you think would be the ideal age for you to become a mum?

16 or under
17-18
19-20
21-22
23-24
25-26
27-28
29-30
31 or over
Never

Q69
How likely do you think it is that you will have a baby before you are 20, is it …

… very likely
… fairly likely
… fairly unlikely
… or very unlikely?

Q70
Has anyone in your family had a baby before they were 20?

Yes
No
**Q71** And how much do you agree or disagree with the sentences below...

<table>
<thead>
<tr>
<th>Agree</th>
<th>Agree Strongly</th>
<th>Neither agree nor disagree</th>
<th>Disagree</th>
<th>Disagree strongly</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

... having a baby before the age of 20 would **make me feel more grown up**?  

... having a baby before the age of 20 would **give me someone to love**?

**Q72** How much easier or harder would having a baby make a teenager's life...

<table>
<thead>
<tr>
<th>A lot easier</th>
<th>A little easier</th>
<th>Makes no difference</th>
<th>A little harder</th>
<th>A lot harder</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

... in terms of **housing and accommodation**?

... in terms of **social life and time with friends**?

... in terms of **money**?

... in terms of **working**?

**Q73** How easy or difficult do you think it is to be a good parent?

<table>
<thead>
<tr>
<th>Very easy</th>
<th>Fairly easy</th>
<th>Neither easy nor difficult</th>
<th>Fairly difficult</th>
<th>Very difficult</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

**Q74** When you do exams in the future, would it be okay with you if your school let us look at your results? We would keep this information confidential and would not tell anyone else.

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
</tr>
</tbody>
</table>

**THIS IS THE END OF THE QUESTIONNAIRE** - Please seal it in the brown envelope and hand it back to the interviewer

**THANK YOU VERY MUCH!!!**
### Q75
Please tell us how much you enjoyed the different parts of Teens and Toddlers.

<table>
<thead>
<tr>
<th></th>
<th>A lot</th>
<th>A little</th>
<th>Not much</th>
<th>Not at all</th>
<th>(I didn’t do this bit)</th>
</tr>
</thead>
<tbody>
<tr>
<td>How much did you enjoy the toddler time in the nursery?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>How much did you enjoy the group work after the toddler time?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>How much did you enjoy writing the journals for the National Award?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>How much did you enjoy the counselling sessions?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>And how much did you enjoy doing Teens &amp; Toddlers overall?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Q76
Please tell us how often you found the different parts of Teens and Toddlers difficult or challenging.

<table>
<thead>
<tr>
<th></th>
<th>Never</th>
<th>Not very often</th>
<th>Fairly often</th>
<th>Very often</th>
<th>(I didn’t do this bit)</th>
</tr>
</thead>
<tbody>
<tr>
<td>How often did you find the toddler time in the nursery difficult or challenging?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>How often did you find the group work in the classroom difficult or challenging?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>How often did you find writing the journals for the National Award difficult or challenging?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>How often did you find the counselling difficult or challenging?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>And how often did you find Teens and Toddlers difficult or challenging overall?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
What would you say were the best things about Teens and Toddlers?

Tick as many as are true…

- Spending time with the other girls
- The nursery staff
- The T&T facilitator
- My toddler in the nursery
- The role playing
- The counselling
- Writing the journals for the National Award
- Check-in time
- The time spent in the nursery
- The group work in the classroom
- The things I learnt through doing Teens and Toddlers
- Getting the National Award
- It made me feel good about myself
- Other

… and what other best thing was that? (Please write…)

(If you select Other, please write in the following space.)
What would you say were the most difficult or challenging things about Teens and Toddlers?

**Tick as many as are true...**

- Spending time with the other girls
- The nursery staff
- The T&T facilitator
- My toddler in the nursery
- The role playing
- The counselling
- Writing the journals for the National Award
- Check-in time
- The time spent in the nursery
- The group work in the classroom
- I didn't get enough help and support
- There was too much work
- The work was too hard
- It made me feel anxious, angry, sad or bored
- Other

... and what other difficult or challenging thing was that? *(Please write...)*

---

How do you think the Teens and Toddlers programme could be improved?
Q80  How many times would you say you talked to the counsellor?

None 1
Once 2
2-3 times 3
4-5 times 4
More than 5 times 5

THE NEXT QUESTIONS ARE ABOUT HOW TEENS AND TODDLERS MADE YOU FEEL.

Q81  And did the Teens and Toddlers sessions ever make you feel like any of those ways listed below?

Tick as many as are true…

Happy 1
Positive about things 2
Interested 3
Excited 4
Responsible 5
None of these 6

Q82  Did the Teens and Toddlers sessions ever make you feel like any of those ways listed below?

Tick as many as are true…

Angry 1
Irritated or annoyed 2
Frustrated 3
Sad or down 4
Anxious 5
Bored 6
None of these 7
Q83 How much do you agree or disagree with the following sentences?

<table>
<thead>
<tr>
<th>Agree strongly</th>
<th>Agree</th>
<th>Neither agree nor disagree</th>
<th>Disagree</th>
<th>Disagree strongly</th>
</tr>
</thead>
<tbody>
<tr>
<td>'I felt proud of doing the Teens and Toddlers programme.'</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>'I felt embarrassed about doing the Teens and Toddlers programme.'</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>'Other young people said nice things about me doing the Teens and Toddlers programme.'</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>'Other young people teased me about doing the Teens and Toddlers programme.'</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>'Other young people were jealous of me doing the Teens and Toddlers programme.'</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>

Q84 How did your parents/guardians feel about you doing the Teens and Toddlers programme?

- Very positive 1
- Quite positive 2
- Neither positive nor negative 3
- Quite negative 4
- Very negative 5

Q85 Did you get the level 1 qualification in Interpersonal Skills?

- Yes 1
- No 2
Now that you've done Teens and Toddlers, can you tell us how much more you think you know about these topics than you did before?

<table>
<thead>
<tr>
<th>Topic</th>
<th>A lot</th>
<th>A little</th>
<th>Nothing</th>
<th>Not sure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contraception</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sexually transmitted infections</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sex and relationships</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Communication</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Managing anger</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Giving and receiving negative feedback</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Child development</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Parenting and being a parent</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

... and what other topic do you know more about? *(Please write...)*

How often did you talk to other young people who didn't do Teens and Toddlers about what you did or learnt on the programme?

- Always
- Usually
- Sometimes
- Never
Q88 Which of the following parts of the Teens and Toddlers programme did you talk to other young people about?

Tick as many as are true…

- Contraception
- Sexually transmitted infections
- Sex and relationships
- Communication
- Managing Anger
- Giving and receiving negative feedback
- Child development
- Parenting and being a parent
- Other

… and what other part of the programme did you talk about? (Please write…)

Spare

Q89 For each sentence below, please say whether it is not true, partly true, or certainly true.

<table>
<thead>
<tr>
<th>Statement</th>
<th>Not true</th>
<th>Partly true</th>
<th>Certainly true</th>
</tr>
</thead>
<tbody>
<tr>
<td>Teens and Toddlers taught me how to get advice about my health</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Teens and Toddlers made me want to delay becoming a parent until I’m older</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Now that I’ve done Teens and Toddlers I get on with people better</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>I have become friends with the other girls on the programme who I was not previously friends with</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Teens and Toddlers helped me communicate better with people</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Teens and Toddlers changed what I thought about parenting and being a parent</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Teens and Toddlers changed what I want to do when I finish school</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Since doing Teens and Toddlers I feel better about myself</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Q90 Which of the following school lessons did you miss because you were attending Teens and Toddlers instead?

Tick as many as are true...

- Art
- Design Technology
- Drama
- English (including English literature and English language)
- Food Technology
- Geography
- History
- ICT (Information and Communication Technology)
- Languages (including French, German and Spanish)
- Mathematics
- PE (Physical Education)
- PSHE (Personal, Social and Health Education)
- RE (Religious Education)
- Science (including Physics, Biology and Chemistry)
- Other

... and what other lesson did you miss? (Please write...)

Q91 How much do you agree or disagree with the following sentences?

<table>
<thead>
<tr>
<th>Agree strongly</th>
<th>Agree</th>
<th>Neither agree nor disagree</th>
<th>Disagree</th>
<th>Disagree strongly</th>
</tr>
</thead>
<tbody>
<tr>
<td>'I try harder at school as a result of attending Teens and Toddlers.'</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>'I fell behind with my school work as a result of attending Teens and Toddlers.'</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
This questionnaire is part of some research that will be used to find out how well the Teens and Toddler programme works. We will treat all your answers as strictly confidential, and what you say will not be shared with your teachers, parents or Teens and Toddlers staff.

We really want to find out what you think and so it is important that you fill in the questionnaire quietly by yourself and don't share your answers with anyone else. There are no right or wrong answers, this is just about you.

There are some instructions for completing the questionnaire below.

**Instructions for completing the questionnaire**

- Each question can be answered either by ticking the box next to your answer or by writing in a number
- The arrows will tell you which question to answer next.
- If there are no arrows, just carry on to the next question.
- For most questions you should choose one answer only
- The questions where it is OK to choose more than one answer will say “Tick as many as are true”

**EXAMPLE QUESTIONS**

**Q1** Did you have breakfast this morning?

- Yes ☑
- No ☐  ➔ Q3

**Q2** How many people did you eat breakfast with?

Write in

If you have any questions now or while you are completing the questionnaire, please raise your hand and ask the interviewer for their help.
SOME INFORMATION ABOUT YOU AND THE PEOPLE YOU LIVE WITH

Q1 Firstly, what kind of house or flat do you live in?

- One rented from the council or a housing association [ ]
- One rented from a landlord [ ]
- One owned by your family (including one with a mortgage) [ ]
- Children’s home [ ]
- Other [ ]
- Don’t know [ ]

Q2 Which of the following people do you live with?

- Natural mother [ ] \(\rightarrow\) Q3
- Adoptive mother [ ] \(\rightarrow\) Q3
- Step mother (your parent’s partner, even if they are not married) [ ] \(\rightarrow\) Q3
- Foster mother [ ] \(\rightarrow\) Q3
- None of these [ ] \(\rightarrow\) Q5

Q3 And does your mother/ adoptive mother/ step mother / foster mother do any paid work, either part time or full time?

- Yes [ ]
- No [ ]

Q4 How do you find talking to your mother/ adoptive mother/ step mother/ foster mother about personal things?

- Very easy [ ]
- Quite easy [ ]
- Quite difficult [ ]
- Very difficult [ ]
Q5 Which of the following people do you live with?

- Natural father
- Adoptive father
- Step father (your parent’s partner, even if they are not married)
- Foster father
- None of these

Q6 And does your father/ adoptive father/ step father / foster father do any paid work, either part time or full time?

- Yes
- No

Q7 How do you find talking to your father/ adoptive father/ step father/ foster father about personal things?

- Very easy
- Quite easy
- Quite difficult
- Very difficult
Q8 Which of the following people do you live with?  
*Tick as many as are true...*

1. Grandparent
2. Brother or sister (including half-/foster-/step brothers or sisters)
3. Son or daughter
4. Niece or nephew
5. Aunt or uncle
6. Cousin
7. Other person in your family
8. Other person not in your family
9. None of these

Q9 Do any of the adults that you live with do any paid work, either part-time or full-time?  

1. Yes, working full time or part time
2. No, not working

Q10 Do you get free school meals at lunchtime?  

1. Yes
2. No
WHAT YOU THINK ABOUT SCHOOL

Q11 How much do you like school?

- Very much  1
- Quite a lot   2
- Not much   3
- Not at all  4

Q12 When are you planning to leave school or sixth form?

- As soon as possible  1
- Straight after your GCSEs,  2
- When you’re 18  3
- After you’re 18  4

Q13 And then what are you planning to do?

Tick as many as are true...

- Continue in full-time education (university, college)  1
- Find a job  2
- Training (e.g. skill-seekers, apprenticeship, youth training)  3
- Go abroad for at least 6 months  4
- Take some time off  5
- Something else  6

Q14 How important is it to you to get good marks in your schoolwork, tests or exams?

- Very important  1
- Fairly important  2
- Not very important  3
- Not at all important  4
Q15 How often do you usually miss school **without** permission?

Include times when you missed the whole day, and when you just missed some of the lessons.

By this we mean *truanting* or playing truant, *bunking off*, or *skipping* school. We don’t mean time off with your school’s permission or going on holiday in term time.

- A few times a week
- Once a week
- Once every two weeks
- Once a month
- Less often than once a month
- Never

Q16 In the last 6 months have you been suspended or temporarily excluded from school?

- Yes
- No

Q17 And have you ever been expelled or permanently excluded from school?

- Yes
- No

Q18 Since we last spoke to you, did you attend any personal development or education programmes for young people other than Teens and Toddlers that were not part of normal school?

- Yes
- No

Q19 Can you tell me what kind of programme this was?

---

Spare 1064-71
ABOUT YOUR RELATIONSHIPS AND SEXUAL EXPERIENCES

Q20 Are you currently seeing anyone?

Yes – I’m seeing a boy (or a man)  
Yes – I’m seeing a girl (or a woman)  
No

Q21 How do you find talking to this person about personal things?
(If you are seeing more than one person, please answer this question about the person you are seeing more of)

Very easy  
Quite easy  
Quite difficult  
Very difficult

Q22 How often does this person push you to do things that you do not want to do?
(If you are seeing more than one person, please answer this question about the person you are seeing more of)

Very much  
Quite a bit  
Not much  
Not at all

Q23 And have you ever kissed or cuddled a boy (or a man)?

Yes  
No

Q24 And have you ever touched a boy’s (or a man’s) private parts, or has he touched yours?

Yes  
No
And have you ever had sex with a boy (or a man)?

Yes 1 \rightarrow Q26
No 2 \rightarrow Q41

About how many different boys (or men) have you ever had sex with?

Write in

How regularly have you had sex in the last 3 months with a boy (or a man)?

At least once a week 1
At least once a month 2
Less than once a month 3
Not regularly 4
Not at all 5

Now thinking about the first time that you had sex with a boy (or a man), how old were you then?

Write in

Which of these best describes the first time you had sex with a boy (or a man)?

I did not plan it to happen beforehand 1
I planned it to happen beforehand (but not together) 2
We planned it together beforehand 3
Don’t know 8
<table>
<thead>
<tr>
<th>Q30</th>
<th>And which of these best describes the first time you had sex with a boy (or a man)?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>I was about the right age 1</td>
</tr>
<tr>
<td></td>
<td>I was too old 2</td>
</tr>
<tr>
<td></td>
<td>I was too young 3</td>
</tr>
<tr>
<td></td>
<td>Don’t know 8</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Q31</th>
<th>And which of these best describes the first time you had sex with a boy (or a man)?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>I was happy about it 1</td>
</tr>
<tr>
<td></td>
<td>I regretted it 2</td>
</tr>
<tr>
<td></td>
<td>I wasn’t happy about it but didn’t regret it 3</td>
</tr>
<tr>
<td></td>
<td>Don’t know 8</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Q32</th>
<th>And when you first had sex with a boy (or a man), which of these was most true?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>I put a lot of pressure on my boyfriend/ partner 1</td>
</tr>
<tr>
<td></td>
<td>I put some pressure on my boyfriend/ partner 2</td>
</tr>
<tr>
<td></td>
<td>There was no pressure either way 3</td>
</tr>
<tr>
<td></td>
<td>My boyfriend/ partner put some pressure on me 4</td>
</tr>
<tr>
<td></td>
<td>My boyfriend/ partner put a lot of pressure on me 5</td>
</tr>
<tr>
<td></td>
<td>Don’t know 8</td>
</tr>
</tbody>
</table>
Q33 Still thinking about the first time you had sex with a boy (or a man), did you use …

Tick one box on each line …

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Don’t Know</th>
</tr>
</thead>
<tbody>
<tr>
<td>a condom?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>the pill?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>the morning after pill (emergency contraception pill)?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>any other contraception or protection?</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

And what other contraception or protection was that? (Please write…)

Spare 1092-97

Q34 Now thinking about the last time you had sex with a boy (or a man), did you use …

Tick one box on each line …

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Don’t Know</th>
</tr>
</thead>
<tbody>
<tr>
<td>a condom?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>the pill?</td>
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</tr>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>any other contraception or protection?</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

And what other contraception or protection was that? (Please write…)

Spare 1103-07

Q35 And in the last 3 months, how many times would you say that you have had sex (with a boy (or a man)) without using contraception (e.g. a condom, the pill, the morning after pill, injections, or an implant)?

None | Once | Twice | Three to five times | Six to ten times | More than ten times
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
</tr>
</tbody>
</table>

1108
Q36 And in the last 3 months, how many times would you say that you have had sex with a boy (or a man) without using a condom?

- None 1
- Once 2
- Twice 3
- Three to five times 4
- Six to ten times 5
- More than ten times 6

Q37 Have you ever been pregnant (including any miscarriages or abortions (terminations))?

- Yes 1
- No 2

Q38 Thinking about your most recent pregnancy.

Did you want to become pregnant?

- Yes 1
- No 2
- Not sure 8

Q39 Were you pregnant in the past or are you pregnant now?

- Past 1
- Now 2

Q40 And did you have the baby, have an abortion (termination), or have a miscarriage?

- Had the baby, 1
- Had an abortion (termination) 2
- Had a miscarriage? 3
YOUR ATTITUDES TOWARDS RELATIONSHIPS AND SEX

Q41 What do you think is a good age to have sex for the first time?

Age 12 or younger
Age 13
Age 14
Age 15
Age 16
Age 17
Age 18
Age 19
Age 20
Age 21
Age 22 or older
Don't know

Q42 And which of these situations would be a good time to have sex for the first time?

When you fancy someone
When you have a boyfriend
When you’ve been going out with your boyfriend for long enough
When you’re married
Don't know
Q43 Please tell us how much you agree or disagree with the following sentences.  
*Tick one box on each line...*  

<table>
<thead>
<tr>
<th>Agree</th>
<th>Agree Strongly</th>
<th>Neither agree nor disagree</th>
<th>Disagree</th>
<th>Disagree strongly</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

1. Sex is about excitement and feeling good, so it’s ok that people don’t always think about using protection
2. I would always use a condom with a new partner
3. It’s ok for women to smoke when they are pregnant

Q44 And how much alcohol do you think it’s okay for women to drink when they are pregnant?

- As much as they want
- Quite a lot
- Not very much
- None

Q45 How easy or difficult would it be for you to ...

*Tick one box on each line...*  

<table>
<thead>
<tr>
<th>Very easy</th>
<th>Easy</th>
<th>Difficult</th>
<th>Very difficult</th>
<th>Don’t know</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>8</td>
</tr>
</tbody>
</table>

1. … use a condom properly?
2. … talk openly about sex with a boyfriend?
3. … discuss going on the pill in a clinic or with a doctor?

Q46 As far as you know, are the following true or false ...

*Tick one box on each line...*  

<table>
<thead>
<tr>
<th>True</th>
<th>False</th>
<th>Not sure</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>8</td>
</tr>
</tbody>
</table>

1. … people are less likely to catch infections passed on by sex if they use condoms?
2. … people are less likely to catch infections passed on by sex if they use the pill?
3. … people might have a sexually transmitted infection without realising it?
**Q47** How many days after having sex do you think you can take the morning after pill (emergency contraceptive pill) to stop you getting pregnant?

- Only within one day of having sex
- Up to three days after having sex
- Up to one week after having sex
- Not sure

**DRINKING**

**Q48** Do you ever get drunk?

- Yes
- No

**Q49** How often would you say you get drunk?

- Less than once a month
- Once or twice a month
- Once a week
- More than once a week
WHAT YOU THINK OF YOURSELF AND OTHER PEOPLE
Please say how much you think the following sentences are like you. You can give each sentence a score from 1 to 8, where 1 is “false - not like you”, and 8 is “true - like you”.

Q50 “Overall most things I do turn out well”

<table>
<thead>
<tr>
<th>False – not like you</th>
<th>True – like you</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 2 3 4 5 6 7 8</td>
<td></td>
</tr>
</tbody>
</table>

Q51 “I know I have the ability to do anything I want to do”

<table>
<thead>
<tr>
<th>False – not like you</th>
<th>True – like you</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 2 3 4 5 6 7 8</td>
<td></td>
</tr>
</tbody>
</table>

Q52 “My own efforts and actions are what will shape my future”

<table>
<thead>
<tr>
<th>False – not like you</th>
<th>True – like you</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 2 3 4 5 6 7 8</td>
<td></td>
</tr>
</tbody>
</table>

Q53 “I work hard at solving my problems”

<table>
<thead>
<tr>
<th>False – not like you</th>
<th>True – like you</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 2 3 4 5 6 7 8</td>
<td></td>
</tr>
</tbody>
</table>

Q54 “Personal goals are important to me”

<table>
<thead>
<tr>
<th>False – not like you</th>
<th>True – like you</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 2 3 4 5 6 7 8</td>
<td></td>
</tr>
</tbody>
</table>

Q55 “I respect other people”

<table>
<thead>
<tr>
<th>False – not like you</th>
<th>True – like you</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 2 3 4 5 6 7 8</td>
<td></td>
</tr>
</tbody>
</table>

Q56 “I sort out my conflicts with other people peacefully”

<table>
<thead>
<tr>
<th>False – not like you</th>
<th>True – like you</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 2 3 4 5 6 7 8</td>
<td></td>
</tr>
</tbody>
</table>

Q57 “People understand me when I am talking”

<table>
<thead>
<tr>
<th>False – not like you</th>
<th>True – like you</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 2 3 4 5 6 7 8</td>
<td></td>
</tr>
</tbody>
</table>
Q58 Thinking over the last six months, how true is this …

**Tick one box on each line …**

<table>
<thead>
<tr>
<th>Not true</th>
<th>Partly true</th>
<th>Certainly true</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>

... I worry a lot?

... I am often unhappy, down-hearted or tearful?

Q59 Thinking over the last six months, how much do you agree or disagree with these sentences …

**Tick one box on each line …**

<table>
<thead>
<tr>
<th>Agree</th>
<th>Agree strongly</th>
<th>Neither agree nor disagree</th>
<th>Disagree</th>
<th>Disagree strongly</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

I can usually find the right words to say how I am feeling

I am usually in touch with my own feelings

I can usually share my feelings with others when I want to

I can usually express my feelings better than other people my age

I am usually really good at noticing how other people are feeling

I like myself

Q60 Are there any other adults such as teachers, youth workers, or other relatives you could talk to about personal things?

Yes

No

Q61 How often are the following true?

**Tick one box on each line …**

<table>
<thead>
<tr>
<th>Always</th>
<th>Usually</th>
<th>Sometimes</th>
<th>Never</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>

When you go out, your parents/guardians know where you are going

When you go out, your parents/guardians know who you are with

When you go out, your parents/guardians say what time you should be home
Q62 And how often do you talk to your parents/guardians about what you do at school?

- Often 1
- Sometimes 2
- Not very often 3

Q63 How often do your parents/guardians tell you that you have done something well?

- All of the time 1
- Most of the time 2
- Sometimes 3
- Rarely 4
- Never 5

Q64 Could you tell me if any of these things are true for you at the moment?

Tick as many as are true...

- I have a friend to talk to if I am worried or upset about something 1
- I’m proud of my friends 2
- My friends stick by me if I get into trouble 3
- My friends work hard at school 4
- None of these 5

Q65 Do your parents/guardians know who your friends are, do they know ...

- … none of them 1
- … some of them 2
- … most or them 3
- … or all of them? 4
YOUR ATTITUDES TO BECOMING A PARENT OR BEING A PARENT

Q66 What do you think would be the ideal age for you to become a mum?

16 or under  □ 1
17-18  □ 2
19-20  □ 3
21-22  □ 4
23-24  □ 5
25-26  □ 6
27-28  □ 7
29-30  □ 8
31 or over □ 9
Never □ 10

Q67 How likely do you think it is that you will have a baby before you are 20, is it …

… very likely □ 1
… fairly likely □ 2
… fairly unlikely □ 3
… or very unlikely? □ 4

Q68 Has anyone in your family had a baby before they were 20?

Yes □ 1
No □ 2
Q69  And how much do you agree or disagree with the sentences below…

Tick one box on each line …

<table>
<thead>
<tr>
<th>Agree</th>
<th>Agree Strongly</th>
<th>Neither agree nor disagree</th>
<th>Disagree</th>
<th>Disagree strongly</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

… having a baby before the age of 20 would make me feel more grown up?

... having a baby before the age of 20 would give me someone to love?

Q70  How much easier or harder would having a baby make a teenager’s life…

Tick one box on each line …

<table>
<thead>
<tr>
<th>A lot easier</th>
<th>A little easier</th>
<th>Makes no difference</th>
<th>A little harder</th>
<th>A lot harder</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

… in terms of housing and accommodation?

… in terms of social life and time with friends?

… in terms of money?

… in terms of working?

Q71  How easy or difficult do you think it is to be a good parent?

Very easy [ ]

Fairly easy [ ]

Neither easy nor difficult [ ]

Fairly difficult [ ]

Very difficult [ ]

THIS IS THE END OF THE QUESTIONNAIRE

Please seal it in the brown envelope and hand it back to the interviewer

THANK YOU VERY MUCH!!!