

## **Children, Families and Maternity e-bulletin**

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### **Policy Update**

#### **Launch of New Children and Young People's Health Outcomes Strategy**

On 26<sup>th</sup> January the Secretary of State for Health launched the development of a Children and Young People's Health Outcomes Strategy at an event in Liverpool attended by a large number of individuals from organisations with an interest in the health and wellbeing of children and young people.

The first phase of strategy development will be led by a Children's Forum comprised of a panel of child health stakeholders selected for their personal expertise and experience. Professor Ian Lewis, Medical Director at Alder Hey Hospital and Christine Lenahan Director of the Council of Disabled Children have been engaged as co-chairs of the independent "*Children and Young People's Health Forum*".

The Forum will work together with professionals, children, young people and their families to make sure all those who have a stake in child health can influence the way that services are shaped. The Forum's work will inform the development of a specific Health Outcomes Strategy for Children and Young People. It is intended that there will be cross Whitehall sign up to the Strategy once developed and that the work is underpinned by the voices of children and young people themselves.

The Outcomes Strategy will ensure that the outcomes measured are the ones that matter most to children, young people and their families and the professionals that support them and set out how all parts of the new health system, with partners, will contribute to delivery of these outcomes. The Outcomes Strategy will cover the full spectrum of children and young people's health. We plan to publish the Strategy by the Summer.

Members of the Children and Young People's Health Outcomes Forum will engage with children, young people and their parents, carers and wider families as well as the professionals involved in their care about the health outcomes that matter most to them. The National Children's Bureau will arrange consultations with children and young people on the Forum's recommendations – including any new outcome measures that are proposed – during the development of the Strategy. Also, they will

engage with those leading the detailed design and implementation of the new health system and report back to Government.

A number of Directors of Children's Services and one local authority Chief Executive are members of the Children and Young People's Health Outcomes Forum.

The Children & Young People's Health Outcomes Forum will be speaking to people at events and on this website <http://healthandcare.dh.gov.uk/category/children/> .

The Forum will be looking at the following themes:

- Public Health/Prevention
- Acutely sick children
- Mental Health
- Long term conditions and complex disability

Please join in the conversations and let us have your views on these issues.

If you would like to offer engagement opportunities for the Forum to meet with child health stakeholders in your area please email us at [childrensoutcomesforum@dh.gsi.gov.uk](mailto:childrensoutcomesforum@dh.gsi.gov.uk)

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## General News

### Public Health Outcomes Framework Published

The new [public health outcomes framework](#), which was published on 23 January 2012, sets out the desired outcomes for public health and how these will be measured.

The framework concentrates on two high-level outcomes to be achieved across the public health system. These are:

increased healthy life expectancy

reduced differences in life expectancy and healthy life expectancy between communities

The outcomes reflect a focus not only on how long people live but on how well they live at all stages of life. The second outcome focuses attention on reducing health inequalities between people, communities and areas. Using a measure of both life expectancy and healthy life expectancy will enable the use of the most reliable information available to understand the nature of health inequalities both within areas and between areas.

A set of supporting public health indicators will help focus understanding of progress year by year nationally and locally on those things that matter most to public health. The indicators, which cover the full spectrum of public health and what can be currently realistically measured, are grouped into four 'domains':

- improving the wider determinants of health
- health improvement
- health protection
- healthcare public health and preventing premature mortality

The Department intends to improve this range of information over the coming year and the framework also sets out how it intends to do that, with the continued engagement and involvement of its partners at local and national levels.

[Read about the public health outcomes announcement](#)

## **JSNAs and Joint Health and Wellbeing Strategies Explained**

To support emerging health and wellbeing boards, the Department has published an [explanation of the Joint Strategic Needs Assessments \(JSNAs\) and joint health and wellbeing strategies](#), ahead of statutory guidance which will follow shortly. JSNAs will be the means by which local leaders work together to understand and agree the needs of all local people, with the joint health and wellbeing strategy setting the priorities for collective action. Taken together they will be the pillars of local decision-making, focusing leaders on the priorities for action and providing the evidence base for decisions about local services.

This publication is a call to action to the NHS, local government and emerging health and wellbeing boards. It makes the case for starting work now on two core responsibilities for future health and wellbeing boards: refreshing JSNAs and developing joint health and wellbeing strategies.

<http://healthandcare.dh.gov.uk/jsnas-jhws-explained/>

## Consultation on Forced Marriage Launched

This consultation is seeking views on whether a specific *criminal* offence would help to combat forced marriage and better protect victims. It will close on 30 March 2012. Current legislation, the Forced Marriage (Civil Protection) Act 2007, provides a specific *civil* remedy to prevent Forced Marriage and assist victims where a marriage has already taken place - the Forced Marriage Protection Order. There is no specific *criminal* offence of 'Forced Marriage' however. The Forced Marriage consultation can be found here <http://www.homeoffice.gov.uk/publications/about-us/consultations/forced-marriage>

The *Forced Marriage and Learning Disabilities: Multi-Agency Practice Guidelines* are aimed at frontline workers and have been produced to help raise awareness of the issue, and support practitioners to identify the warning signs of this complex and often hidden practice. The guidelines also advise the steps that practitioners should take when dealing with cases: <http://www.fco.gov.uk/resources/en/pdf/travel-living-abroad/when-things-go-wrong/fm-disability-guidelines>

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[Debra.sohan@dh.gsi.gov.uk](mailto:Debra.sohan@dh.gsi.gov.uk)

## Maternity

### Perinatal Projects - Family Action

Family Action is currently delivering four perinatal projects based in Oxford, West Mansfield, Swaffham and Hackney with funding from the Big Lottery and the Monument Trust.

The projects were created following a randomised controlled trial of the original Southwark pilot which showed that a volunteer befriender can impact positively on reducing antenatal depression in an at-risk mother-to-be.

In each project a professional co-ordinator recruits, trains and supervises volunteers to befriend mothers at risk of perinatal depression in the run-up to, and a year after, the birth; and makes sure the service networks into health and children's professionals who refer families who need the service.

Warwick Medical School is helping Family Action to build on its learning by carrying out an evaluation of the four current projects. The charity will also be holding a perinatal conference this summer in London for interested health professionals and policy makers. For more information about the conference and to sign up for Family Action's perinatal newsletter e-mail [Rhian.beynon@family-action.org.uk](mailto:Rhian.beynon@family-action.org.uk).

Published evaluation material to date can be found at [www.family-action.org.uk](http://www.family-action.org.uk)

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## Child Health

### Right Care Right Place First Time

Four Medical/Royal Colleges have produced [a clear joint statement](#) to assist service planners and providers consider the design of Urgent and Emergency care for Children and Young people. The Royal Colleges of GPs Nursing, Paediatrics and Child Health and the College of Emergency Medicine have made recommendations for services to patients 0-16 years, in a local pathway model. This supplements existing [all-age practice guidance](#) but focuses specifically on the needs for the care of children and young people.

Contact [Health.Policy@rcpch.ac.uk](mailto:Health.Policy@rcpch.ac.uk)

### ERIC Petition on Healthier School Lavatories

A quarter of pupils in England's schools avoid using toilets, according to a new survey by a charity which today launches a campaign to get the Government to introduce new regulations to make school toilets healthier and easier to use. Regulations to ensure toilet and water facilities used by school staff meet proper standards do not extend to toilets used by pupils

ERIC, the UK charity helping children with continence problems, points out that the limited regulations that do exist doesn't include vital things like supply of toilet paper or soap. Netmums is backing ERIC's campaign and people can support by signing an online petition for a new 'Bog Standard'. Lobbying letters will be sent to Government Ministers, and the charity is seeking a meeting with the Schools Minister to press its case.

For further information on the results of the survey, and to sign ERIC's petition please visit the website: <http://www.petitionbuzz.com/petitions/bogstandard>

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## Vulnerable Children

### Latest Teenage Pregnancy Midwifery News

The latest newsletter from the National Teenage Pregnancy Midwifery Network is available here:

<http://www.bestbeginnings.org.uk/ntpmn>

## All Babies Count

Babies are particularly vulnerable to neglect and abuse, and eight times more likely to be killed than older children. In November the NSPCC launched a new campaign, **All Babies Count**, calling on everyone to do more to prevent the neglect and abuse of babies. The launch of the campaign was accompanied by the publication of a new report, which includes new data on the numbers of babies at risk and the latest information about what can be done to reduce this risk. It also showcases promising interventions from around the world.

The report can be found here: [http://www.nspcc.org.uk/Inform/all-babies-count-report\\_wdf85664.pdf](http://www.nspcc.org.uk/Inform/all-babies-count-report_wdf85664.pdf)

NSPCC's All Babies Count Campaign website can be found here:  
<http://allbabiescount.nspcc.org.uk/>

## Families with Multiple Problems

On 12 October 2011, the Prime Minister appointed Louise Casey CB as the Head of a New Troubled Families Team to turn around the lives of 120,000 most troubled families. Visit the press release at:

<http://www.number10.gov.uk/news/new-troubled-families-team/>

Local Authorities will be responsible for ensuring the needs of these families are met. Given the families' underlying health issues, this work will be relevant to local health professionals.

There are a number of ways in which the health service currently supports families with multiple problems, both through universal and targeted services. These families experience a range of health issues, including poor mental health, alcohol and substance misuse and are also at high risk of experiencing violence in the household. Other issues affecting the families include unemployment and parenting problems and children experiencing neglect, behavioural problems and being in trouble with the Police.

For more information please email: [Russ.Aziz@communities.gsi.gov.uk](mailto:Russ.Aziz@communities.gsi.gov.uk)

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<b>Ill and Disabled Children</b>
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## **British Isles Network of Congenital Abnormality Registers (BINOCAR) Annual Surveillance Report**

On 14 December 2011 the first BINOCAR annual surveillance report on congenital anomalies in England and Wales was published. The report contains information on the number and prevalence of congenital anomalies, trends over time, timing of diagnosis and outcome, perinatal mortality survival to one year of age, rates of terminations of pregnancy and regional variations.

A copy of the report can be found at <http://www.binocar.org/newreport2009>

### **Managing My Way**

The Managing My Way project aims to help disabled children and young people take greater responsibility for managing their own health conditions. The report investigated the experiences and views of young people and health care professionals obtained through a number of focus groups.

This research highlights two major overarching themes:

- The importance of getting interactions and relationships between professionals and young people right
- The importance of developing young people's ability and confidence around managing their own care.

The report makes recommendations for policy makers and practitioners, and is accompanied by a participation poster designed to encourage children and young people to participate in consultations.

For more information visit:

<http://www.councilfordisabledchildren.org.uk/resources/cdcs-resources/managing-my-way>

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## **Children and Young People's Mental Health and Emotional Wellbeing**

### **Improving Access to Psychological Therapies (IAPT) Children and Young People's (CYP) Project**

The Children and Young People's IAPT project will shortly be announcing the details of the offer for Year Two. To give colleagues maximum time to consider if they wish to join the CYP IAPT project a note has been placed on the IAPT website which provides further details of the offer that will follow.

Please visit: <http://www.iapt.nhs.uk/cyp-iapt/>

Contact: Kathryn Pugh – [Kathryn.pugh@dh.gsi.gov.uk](mailto:Kathryn.pugh@dh.gsi.gov.uk)

## **Information - Professional letter (*PL/CMO/2011/02, PL/CNO/2011/02, PL/CPHO/2011/02: Children and Young People's Mental Health - recent developments*)**

This letter was published on 16 December 2011 to bring together information on a number of recent developments to support delivery of improved mental health outcomes for children and young people.

For further information please visit:

[http://www.dh.gov.uk/en/Publicationsandstatistics/Lettersandcirculars/Professionalletters/Chiefmedicalofficerletters/DH\\_131977](http://www.dh.gov.uk/en/Publicationsandstatistics/Lettersandcirculars/Professionalletters/Chiefmedicalofficerletters/DH_131977)

Contact: Colin Startup – [colin.startup@dh.gsi.gov.uk](mailto:colin.startup@dh.gsi.gov.uk)  
(Gateway Reference 16911)

## **BOND - Better Outcome New Delivery**

The Department for Education is organising a series of good practice exchange workshops in March 2012. These are designed to:

- Update participants on what is happening to emotional and mental health support services for children and young people across the country
- Promote and share case studies
- Identify practical, cost effective ways for developing and delivering future support.
- Demonstrate ways in which the Voluntary and Community Sectors can build capacity and improve health and learning outcomes for children and young people
- Facilitate learning and partnership working.
- Elicit feedback.

For further information please visit:

[http://www.fpmonline.co.uk/FPMOnline/media/FPM/Documents/BPE-info-sheet\\_4.pdf](http://www.fpmonline.co.uk/FPMOnline/media/FPM/Documents/BPE-info-sheet_4.pdf)

Contact: Riyaz Patel - [riyaz.patel@education.gsi.gov.uk](mailto:riyaz.patel@education.gsi.gov.uk)

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## **Sources of Information**

**Unless otherwise stated, guidance referred to in the bulletin has not been commissioned or endorsed by the Department of Health - it is evidence that organisations and professionals may find helpful in improving practice. The National Institute for Health and Clinical Excellence is the Department's provider**



of accredited evidence and guidance, which can be found on the Institute's website at [www.nice.org.uk](http://www.nice.org.uk)

## **ChiMat Service Snapshots for Obesity, Teenage Pregnancy, Disability and Infant Mortality Now Available**

These short reports look at prevalence, factors influencing obesity, teenage pregnancy, infant mortality and disability and implications for services. These new service snapshot reports complement those already available for maternity, CAMHS and obesity for PCTs. Each report gives both the data for your local area and places them within a wider context of local and national comparison and relevant evidence. They look at both risk factors and outcomes, helping you to see the implications for your services and to identify opportunities for improvement.

View the reports on the ChiMat website - [www.chimat.org.uk/serviceplanning](http://www.chimat.org.uk/serviceplanning)

## **ChiMat Launches New Tool to Compare Outcomes for Children in Your Area With Expenditure On Services**

The *Outcomes versus Expenditure Tool – Child Health* allows you to pinpoint opportunities to improve outcomes and productivity for children's services in your local area. Use the tool to:

- compare expenditure with service performance in terms of health and wellbeing outcomes;
- identify where either your expenditure or performance is significantly different to that of other organisations;
- see where you are an outlier; and
- find better performing organisations you might be able to learn from about what works well and how you can replicate it.

To use the tool, visit the ChiMat website – [www.chimat.org.uk/outcomesvexpenditure](http://www.chimat.org.uk/outcomesvexpenditure)

## **Parent's Guide to Money – an Update**

The Money Advice Service has revamped the Parent's guide to money and it's now a handy pocket-sized booklet. There's also an enhanced website with a new Baby cost calculator to help parents prepare for their new arrival.

The new booklet sets out three easy ways for expectant parents to make the most of their money before their baby arrives. It signposts them to the updated [Parents](http://www.moneyadvice.org.uk/parents/) section (<http://www.moneyadvice.org.uk/parents/>) of the Money Advice Service website, where they will find a comprehensive range of information, interactive tools and advice.

The booklet will help health professionals and family support staff too. It's designed to make it easy for you to talk through the ways parents can make the most of their

money and point them in the right direction for free, unbiased advice, whatever their circumstances. In these tough economic times, it is more important than ever to make sure families can get free, unbiased money advice they can trust. We really appreciate your help in getting this information out to expectant parents.

The updated website is now more interactive to help parents get the most out of it. There is a new [Baby cost calculator](http://www.moneyadvice.org.uk/parents/interactive_planners/baby_costs_calculator.aspx) ([http://www.moneyadvice.org.uk/parents/interactive\\_planners/baby\\_costs\\_calculator.aspx](http://www.moneyadvice.org.uk/parents/interactive_planners/baby_costs_calculator.aspx))

which will help parents work out what they will need to spend before and after the baby arrives. It offers handy tips and advice on how to make the most of their money at this important time so they can be savvy and start planning and prioritising. Other calculators help with budgeting and planning for childcare costs, and there's an online money [health check](https://healthcheck.moneyadvice.org.uk/?utm_source=DeptHeOtherExt&utm_medium=Intranet&utm_campaign=NP-JF) to help parents with wider money issues. [https://healthcheck.moneyadvice.org.uk/?utm\\_source=DeptHeOtherExt&utm\\_medium=Intranet&utm\\_campaign=NP-JF](https://healthcheck.moneyadvice.org.uk/?utm_source=DeptHeOtherExt&utm_medium=Intranet&utm_campaign=NP-JF)

Midwives and children's centres who currently distribute the Parent's guide to money are now receiving the new, pocket-sized Parent's guide to money booklets to give out to expectant parents. For more information see [moneyadvice.org.uk/parents](http://moneyadvice.org.uk/parents) or contact the Money Advice Service at [enquiries@moneyadvice.org.uk](mailto:enquiries@moneyadvice.org.uk)

<https://mail.moneyadvice.org.uk/CookieAuth.dll?GetLogon?reason=0&formdir=1&curl=Z2FowaZ2Fredir.aspxZ3FCZ3D5840b6ed82684325954721cb49583949Z26URLZ3DmailtoZ253aenquiriesZ2540moneyadvice.org.uk>

## Department of Health Publications

As part of our commitment to reducing costs, the email address used to order Department of Health publications ([dh@prolog.uk.com](mailto:dh@prolog.uk.com)) is now closed.

Orders for publications can still be placed through the online shop - [www.orderline.dh.gov.uk](http://www.orderline.dh.gov.uk) - which is available 24 hours a day, 7 days a week, or the Publications order line (0300 123 1002) Minicom 0300 123 1003, which is open from 8am to 6pm, Monday to Friday. You can also check the availability of Department of Health publications, or the status of existing orders, through the online shop. If you do not have access to the Internet, then please call the publications order line.

### Feedback

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