



UK Government

# Disability Cost of Living Payment

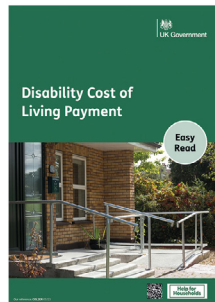
Easy  
Read



Help for  
Households

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# 1

## Introduction



From 20 June 2023, 6 million people in the UK who get certain disability benefits will automatically get a one-off £150 payment.

We call this a Disability Cost of Living Payment.



This payment is to help with the rising cost of living and higher disability-related costs, such as care and mobility needs.



This easy read leaflet gives more information about the Disability Cost of Living Payment.

For more information, go to [gov.uk/costoflivingpayments](https://www.gov.uk/costoflivingpayments)

# 2

## People on low income benefits



For disabled people on a low income, the payment of **£150** comes **on top** of other Cost of Living payments, such as:

- £301 was automatically paid in May
- £300 will be paid in the Autumn.



To get the Disability Cost of Living Payment, a person must have received one of the following qualifying benefits:

- Attendance Allowance
- Constant Attendance Allowance



- Disability Living Allowance for adults
- Disability Living Allowance for children
- Personal Independence Payment



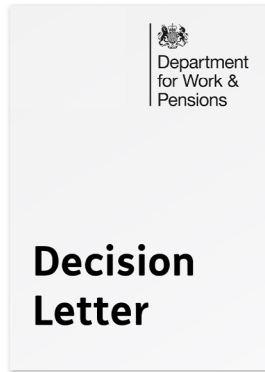
- Adult Disability Payment (in Scotland)
- Child Disability Payment (in Scotland)



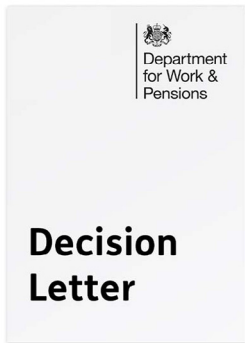
- Armed Forces Independence Payment
- War Pension Mobility Supplement.



Your qualifying benefit must have been in payment on **1 April 2023**.



You may be waiting on a decision about one of these qualifying benefits.



**1 April  
2023**



If this decision includes an award which covers **1 April 2023**, the Disability Cost of Living Payment will be paid automatically.



**20 June  
2023**



The disability payment will start on **20 June 2023** and may take a few weeks before you see it in your account.

Most payments will be made by 4 July 2023.



Those who qualify for the disability payment will get their £150 in the same way they get their regular benefit payments.



The Disability Cost of Living Payment is assessed on an individual basis.



If a household has multiple disabled occupants, each eligible person will get a Disability Cost of Living Payment.

# 3

## Other payments for all households



There are specific types of payment depending on your circumstances, such as:

- People on low-income benefits
- Pensioners
- People on disability benefits.



To check if you qualify, go to:  
[www.gov.uk/cost-of-living](http://www.gov.uk/cost-of-living)

For more information, go to [gov.uk/costoflivingpayments](http://gov.uk/costoflivingpayments)