

How to use your rapid lateral flow test



Test and Trace

Remember to **always read the instructions** and **check all expiry dates** that come with the test kit.

	ACON Flowflex	Innova 7	Innova – Pack of 25 (Care Home Staff Only)	FlowScreen – Pack of 7
Swabbing process	 5 circles, each nostril	 4 times each tonsil, 10 circles, 1 nostril	 4 times each tonsil, 10 circles, 1 nostril	 5 circles, each nostril
Buffer type	Pre-filled vial	Sachet	Buffer Bottle 6 drops in extraction tube	Sachet
Swab in tube	30 secs + rotate 5 times	10 secs, press against tube + rotate	10 secs, press against tube + rotate	Pinch and rotate for 10 secs
Resting time	None	None	None	None
Drops on device	4	4	2	3
Wait time	 IMPORTANT Wait for 15 minutes to read the result. Do not read the result after 30 minutes.	 IMPORTANT Do not leave the test to develop for longer than 30 minutes.	 IMPORTANT Do not leave the test to develop for longer than 30 minutes. Keep buffer solution for next tests.	 IMPORTANT Wait for 10 minutes to read the result. Do not read the result after 20 minutes.

Now report your result:

Scan or type in gov.uk/report-covid19-result to get to the reporting page



You will need:

- the code on the test cassette

You've only completed your test once you've reported the result

Your **Organisation Number (UON)** is