

Annex 3 - Interview and survey materials

NE Regional Health and Environment Leads: interview questions

In this interview we will be focusing on the knowledge and experience you have of the provision of nature-based activities and green/blue social prescribing (GSP) in your region. We use the term nature-based activities to mean any structured or unstructured activities that directly or indirectly engage people with nature. GSP refers to the pathways linking people to nature-based activities to achieve well-being or address issues of mental or physical ill-health. We recognise that the NE Health and Environment Leads have been in post for different lengths of time, and that there is considerable variation across each of the NHS regions. However, in the interview we would appreciate any insights or thoughts you are able to provide with respect to your area.

As with any interviews for research I should remind you that this is completely voluntary, and you can decline to answer any questions if you would prefer not to or are unable to. We very much appreciate you taking your time to talk to us.

1. How do you feel about the current provision of GSP in your NHS Region and its capacity to meet demand?

Specific questions to be asked after free response: How would you describe the balance between current demand and available provision of nature-based activities?

2. What are the main types of nature-based activities available in your NHS region and are they linked to existing GSP pathways?

Specific questions to be asked after free response: Are there any problems in the ways people are linked with nature-based activities

3. What are the main types of organisations and funding sources that support the provision of nature-based activities in your NHS region?

Specific questions to be asked after free response: What is the remit of these providers? (e.g. conservation, sports and recreation, mental health). What is the scale at which most providers operate? (e.g., local, regional, national). What are the main sources of funding for these providers?

4. How does the provision of nature-based activities vary in your NHS region, for example in different areas or at different times?

Specific questions to be asked after free response: Are there areas where you think provision is much better or worse? Why do you think this is? Do these activities vary seasonally? If so, in what way?

5. From your perspective, what are the three most important changes that would enable GSP to benefit more people equitably in your NHS region?

National Assessment of Green Social Prescribing - GSP stakeholder survey

Thank you for showing interest in participating in this research on Green Social Prescribing (GSP). GSP is one form of social prescribing that involves referrals into nature-based interventions and activities (hereafter 'nature-based activities') that link people to natural environments, both 'green' (e.g., forests, parks, gardens) and 'blue' (e.g., rivers, lakes, sea). The national GSP programme, funded by HM Treasury, was set up to look at how to increase use and connection to the natural environment through referral to green and/or blue social prescribing services in England, to tackle and prevent mental ill health. Different partners are working together at a national and local level to implement and learn about GSP.

This survey forms part of a national assessment of GSP for the National Green Social Prescribing programme. We are assessing the potential to increase the provision of green social prescribing to improve mental health. As a GSP stakeholder, your participation is highly valued and will contribute to a better understanding of the nature and capacity of GSP across the country. The research is commissioned by the Department of Health and Social Care and is being undertaken by social scientists at Natural England. We would like to acknowledge the input of NHS and NASP partners involved in the Green Social Prescribing Programme.

The survey contains 11 questions and takes around 20 minutes to complete.

By selecting 'yes' you are agreeing that your data will be used by Natural England as part of a published report. The preservation of confidentiality is paramount and all measures will be taken to ensure the information you provide is not identifiable to yourself or your organisation. Participation in this survey is entirely voluntary and you have the right to withdraw at any time.

Please select 'Yes' to indicate your consent and continue with the survey or exit the survey if you do not want to participate.

Yes

In the following questions, we would like to know a bit about your role...

Q1/11 What is the name of the organisation that you work for?

Q2/11 What is your full job title?

Q3/11 How would you describe your role in relation to GSP?

Q4/11 What is the geographical reach of your role?

- National (Multiple sites across the country)
- Regional (Multiple sites in the same part of the country)
- Local (Based in one city/town/local authority)
- Neighbourhood (Based in and mainly serves one neighbourhood)

Q5/11 What is the name of the area(s) where you work?

The following questions are about the current provision of green social prescribing in the area(s) where you work ...

Q6/11 What types of nature-based activities are available in the area(s)?

Nature-based activities include those that focus on engaging the senses and involve interactions with nature, both 'green' (e.g., forests, parks, gardens) and 'blue' (e.g., rivers, lakes, sea), either intentionally, indirectly or incidentally.

Please tick all that apply

- Alternative therapies (e.g. mindfulness activities, spiritual retreats)
- Care farming (e.g. caring for animals)
- Conservation (e.g. tree planting or scrub clearance)
- Craft-focused (e.g. arts and crafts activities using natural resources)
- Heritage (e.g., heritage walks, conservation of historic environments)
- Horticulture type activities (e.g. growing and caring for plants)
- Nature appreciation/connection activities (e.g. engaging with nature, citizen science)
- Nature-based talking therapies (e.g. mainstream talking therapies delivered in a natural setting)

- Sport or exercise based (e.g. green gyms, health walks)
- Wilderness focused (e.g. visits to more remote places or bushcraft)
- Other (specify below)
- There are no nature-based activities available

If 'Other' nature-based activities are available in your area, please provide details below

Q7/11 What is the availability of each type of activity in the area(s) where you work?

	Is the activity widespread and continually available, or only available in certain places/times? Are activities seasonal?	Are you aware of any particular gaps in the provision of this activity?
	Availability	Gaps
Alternative therapies		
Care farming		
Conservation		
Craft-focused		
Heritage		
Horticulture type activities		
Nature appreciation / connection activities		
Nature-based talking therapies		
Sport or exercise based		
Wilderness focused		
Other		

Q8/11 In your experience, what is the typical demographic make-up of the people who access GSP in the area where you work? Please think about gender, age, race, mobility, physical health, socio-economic status

Do you feel there are any key groups who currently don't access the system?

Q9/11 What do you think are the main factors influencing the provision of and demand for GSP in the area(s) where you work? Please provide any details to explain your response

Q10/11 In your experience, what are the main sources of funding for nature-based activities in the area(s) where you work? Please provide any details on sources and duration of funding

Q11/11 Finally, from your perspective, what are the three most important changes that would enable GSP to benefit more people equitably in the area where you work? Please provide any details explaining your responses

Thank you for taking the time to complete this survey. If you would like to leave any further comments, please do so in the box below.

If you would like us to let you know when the results of this research are available in a published report, please provide an email address below.

Please press the button below to submit your response.

National Assessment of Green Social Prescribing - Activity provider survey

Thank you for showing interest in participating in this research on Green Social Prescribing (GSP). GSP is one form of social prescribing that involves referrals into nature-based interventions and activities (hereafter 'nature-based activities') that link people to natural environments, both 'green' (e.g., forests, parks, gardens) and 'blue' (e.g., rivers, lakes, sea). The national GSP programme, funded by HM Treasury, was set up to look at how to increase use of and connection to the natural environment through referral to green and/or blue social prescribing services in England, to tackle and prevent mental ill health. Different partners are working together at a national and local level to implement and learn about GSP.

This survey forms part of a national assessment of GSP, for the national green social prescribing programme. We are assessing the potential to equitably increase the provision of green social prescribing to improve mental health. The research is commissioned by the Department of Health and Social Care and is being undertaken by social scientists at Natural England.

The survey has been adapted from a design developed by Dr Alexis Foster, University of Sheffield, as part of the National Green Social Prescribing Evaluation, which also includes Sheffield Hallam, the University of Exeter, and the University of Plymouth. We would also like to acknowledge the input of NHS partners involved in the Green Social Prescribing Programme. In particular, the contribution made by Sam Alford.

Before we get started, we would like to check you are eligible to participate in this survey.

First, this research focuses on the delivery of GSP in areas outside the NHS test and learn sites, which include:

- Humber Coast and Vale Health and Care Partnership
- South Yorkshire and Bassetlaw Integrated Care System
- Joined up Care Derbyshire Integrated Care System
- Greater Manchester Health and Social Care Partnership
- Surrey Heartlands Health and Care Partnership
- Healthier Together, Bristol, North Somerset and South Gloucestershire Integrated Care System

If you work in an NHS test and learn site, please exit the survey now.

Second, this survey is aimed at people who work for groups or organisations that provide nature-based activities, which may or may not already be included in GSP programmes. Nature-based activities focus on engaging the senses and involve interactions with nature either intentionally, indirectly or incidentally. Types of nature-based activities include care farming, conservation, horticulture-type activities, nature appreciation/connection activities, wilderness activities, as well as other activities such as craft/exercise/heritage/talking therapies that take place in or engage with nature.

If you do not currently work for an organisation that provides nature-based activities, please exit the survey now.

Otherwise, please press the button below to continue.

As a provider of nature-based interventions or activities, your participation in this survey is highly valued and will contribute to a better understanding of the nature and capacity of GSP across the country.

The survey contains 27 questions and takes around 20-30 minutes to complete.

By selecting 'yes' you are agreeing that your data will be used by Natural England as part of a published report. The preservation of confidentiality is paramount and all measures will be taken to ensure the information you provide is not identifiable to yourself or your

organisation. Participation in this survey is entirely voluntary and you have the right to withdraw at any time.

Please select 'Yes' to indicate your consent and continue with the survey or exit the survey if you do not want to participate.

Yes

First we would like to know a bit about the organisation that you work for ...

Q1/27 What is the name of the organisation that you work for? If you work for a large organisation with regional branches please include the name of the specific branch or office that you work for (this information is for analysis purposes only and will not be shared)

Q2/27 What type of organisation is [your organisation]?

- Voluntary/Community/Social Enterprise/Third sector organisation
- Public sector organisation
- Profit making company
- Other (please specify below)

If other, please describe the type of organisation

Q3/27 If you work for a voluntary sector organisation/charity, what is the annual income of the organisation?

- Annual income of less than £10,000
- Annual income of £10,000-£100,000
- Annual Income of £100,000 to £1 million
- Annual income of £1-£10 million
- Annual income of £10-£100 million
- Annual income of more than £100 million
- Don't know

- N/A (public or private sector organisation)

Q4/27 What size of organisation is [your organisation]?

- Micro-enterprise (1-9 staff)
- Small enterprise (10-49 staff)
- Medium (50-249 staff)
- Large (250+ staff)
- Don't know

Q5/27 In a couple of sentences, how would you describe the main purpose/focus of [your organisation]?

Q6/27 What is the geographical reach of [your organisation]?

- National (Multiple sites across the country)
- Regional (Multiple sites in the same part of the country)
- Local (Based in one city/town/local authority)
- Neighbourhood (Based in and mainly serves one neighbourhood)

Please give the name of the region/area/town where [your organisation] provides activities or services? If more than one, please list all.

The next questions are about the nature-based activities provided by [your organisation]. Nature-based activities include those that focus on engaging the senses and involve interactions with nature, both 'green' (e.g., forests, parks, gardens) and 'blue' (e.g., rivers, lakes, sea), either intentionally, indirectly or incidentally.

Q7/27 Does [your organisation] purely provide nature-based activities or does it also provide other types of activities?

- All our activities are nature-based
- The majority of our activities are nature-based but we provide some other types of activity

- About half of our activities are nature-based and about half are other types of activity
- The majority of our activities are not nature-based

Q8/27 What types of nature-based activity (or activities) does [your organisation] provide? We recognise that some activities are multifaceted and that you may also run different types of activities, including both green and blue activities. Please select all that are relevant

- Alternative therapies (e.g. mindfulness activities, spiritual retreats)
- Care farming (e.g. caring for animals)
- Conservation (e.g. tree planting or scrub clearance)
- Craft-focused (e.g. arts and crafts activities using natural resources)
- Heritage (e.g., heritage walks, conservation of historic environments)
- Horticulture type activities (e.g. growing and caring for plants)
- Nature appreciation/connection activities (e.g. engaging with nature, citizen science)
- Nature-based talking therapies (e.g. mainstream talking therapies such as CBT delivered in a natural setting)
- Sport or exercise based (e.g. green gyms, health walks)
- Wilderness focused (e.g. visits to more remote places or bushcraft)

Q9/27 What times of the year does [your organisation] provide nature-based activities? Please select all that apply

- Year-round
- Spring
- Summer
- Autumn
- Winter

- Other (specify below)

Please give any other details of the times of the year when nature-based activities are provided

Q10/27 How long are the courses of nature-based activities provided by [your organisation]?

For each of the main types of activities provided, please give estimates of typical:

Course duration (e.g. one-off, 8 weeks), course regularity (e.g. daily, weekly), length of activity sessions (e.g., hourly, half-day, full-day)

Q11/27 What is the role of volunteers in the delivery of nature-based activities at [your organisation]?

Please tick all that apply.

- Volunteers help carry out activities
- Volunteers support administrative tasks
- Volunteers support participants
- I do not have any volunteers supporting my service
- Other (please specify)

If volunteers play another role please describe here

Q12/27 How important are volunteers for the delivery of nature-based activities at [your organisation]?

Which of these statements best applies:

- Without volunteers
- We would be unable to provide nature-based activities
- We would have to run a reduced range of activities
- We would be able to continue providing activities at the current level
- Don't know

If you have any other comments on the role of volunteers in delivery of nature-based activities, please use the box below

The following questions are about participants/service users of nature-based activities provided by [your organisation]

Q13/27 Approximately how many people per year attend nature-based activities provided by [your organisation]? It is appreciated that this is difficult to estimate and that the amount of support each person receives will vary.

- Less than 20
- 20-50
- 51-100
- 101-200
- 200-500
- 501-1000
- Over 1000

If you have any other comments or details on the numbers of people attending, please include these here

Q14/27 Are the nature-based activities provided by [your organisation] available to the general population or targeted to specific groups?

- General population
- Targeted

If activities are targeted to specific groups, please specify which. Select all that apply:

- People under 18 years old
- People with mental health needs e.g. referrals through Community Mental Health Teams
- People living in areas of socio-economic deprivation
- People living in rural areas

- People with learning disabilities
- People with a physical health condition
- People who were considered clinically vulnerable during the pandemic e.g. people shielding
- Older adults (over 50s)
- People experiencing loneliness/social isolation
- People classed as Asylum Seekers/Refugees
- People who are unemployed/job seekers
- People who are carers
- Other (please specify)

If you selected 'Other', please provide details of the specific groups targeted for the nature-based activities

Q15/27 What levels of mental health needs does [your organisation] currently have the capacity to support? Please tick all that apply

- Mild to moderate
- Moderate to severe
- None
- Don't know

Q16/27 Is [your organisation] provided with information on whether participants have an identified mental health need?

- Yes
- No
- Don't know
- Not applicable

If yes, approximately what proportion of participants have mild to moderate mental health needs?

- All
- Most (More than 75%)
- Over half (50-75%)
- Some (25-50%)
- Few (Less than 25%)
- None
- Don't know

What proportion have significant or severe and enduring mental health needs?

- All
- Most (More than 75%)
- Over half (50-75%)
- Some (25-50%)
- Few (Less than 25%)
- None
- Don't know

Q17/27 What are the challenges to supporting people with mental health needs experienced by [your organisation]?

Q18/27 What types of support and training for working with people with mental health needs are offered to staff involved in the delivery of nature-based activities at [your organisation]? Please select all that apply

- Induction training
- Specialist training for the role

- Team meetings
- Regular supervision within the organisation
- External or clinical supervision
- Other (please provide details below)

If other, please provide details here:

Q19/27 Please give any further details of specific training given for working with people with mental health needs

Q20/27 What is the typical demographic make-up of people who currently participate in nature-based activities provided by [your organisation]? Please think about gender, age, race, mobility, physical health, socio-economic status

Q21/27 Does [your organisation] have capacity to increase the number of people attending nature-based activities?

- We currently are not able to accept any more people joining our activities and have had to close waiting lists
- We are currently at full capacity and operating waiting lists
- We are currently at about 75% capacity and can accept people to join our activities
- We are currently at about 50% capacity and can accept people to join our activities
- We are currently at about 25% capacity and can accept people to join our activities
- Other (Please specify)

If other, please detail the capacity of the organisation to increase the number of people attending nature-based activities

In the next questions we are interested in funding...

Q22/27 What is the average cost per individual (£) of running nature-based activities at [your organisation]? Please state the timeframe of average costs given e.g., per day/hour

Q23/27 What percentage of referrals typically come with funding?

- All

- More than 75%
- 51-75%
- 25-50%
- Less than 25%
- None
- Don't know

Q24/27 In addition to funding associated with referrals, does [your organisation]__receive funding from any other sources? Select all that apply

- Grant/Charity funding
- Fundraising activities
- Donations
- Other (please specify by below)

If 'Other' was selected, please describe other sources of funding below

Which is the main source of additional funding for [your organisation]?

- Grant/Charity funding
- Fundraising activities
- Donations
- Other

Q25/27 What is the percentage breakdown between grant funded income and traded income (including public sector commissioning) for [your organisation]?

- 100% grant funded income
- 70% grant funded income, 30% traded income
- 50% grant funded income, 50% traded income

- 30% grant funded income, 70% traded income
- 100% traded income
- Don't know

Finally, we would like to know about the challenges and future ambitions of [your organisation]...

Q26/27 Please describe any barriers that [your organisation] faces in being able to scale up nature-based activities and take on more participants?

Q27/27 Where does [your organisation] see themselves in 5-years time in terms of the types of nature-based activities they would like to be providing, the number of spaces available, and the groups of people targeted?

Thank you for taking the time to complete this survey. If you would like to leave any further comments, please do so in the box below.

If you would like us to let you know when the results of this research are available in a published report, please provide an email address below.

Please press the button below to submit your response.

National Assessment of Green Social Prescribing – Link worker survey

Thank you for showing interest in participating in this research on Green Social Prescribing (GSP). GSP is one form of social prescribing that involves referrals into nature-based interventions and activities (hereafter 'nature-based activities') that link people to natural environments, both 'green' (e.g., forests, parks, gardens) and 'blue' (e.g., rivers, lakes, sea). The national GSP programme, funded by HM Treasury, was set up to look at how to increase use and connection to the natural environment through referral to green and/or blue social prescribing services in England, to tackle and prevent mental ill health. Different partners are working together at a national and local level to implement and learn about GSP.

This survey forms part of a national assessment of GSP for the national green social prescribing programme. We are assessing the potential to equitably increase the provision of green social prescribing to improve mental health. The research is commissioned by the Department of Health and Social Care and is being undertaken by social scientists at Natural England.

The survey has been adapted from a design developed by Dr Alexis Foster, University of Sheffield, as part of the National Green Social Prescribing Evaluation, which also includes

Sheffield Hallam, the University of Exeter and the University of Plymouth. We would also like to acknowledge the input of NHS partners involved in the Green Social Prescribing Programme. In particular, the contribution made by Sam Alford.

Before we get started, we would like to check you are eligible to participate in this survey.

First, this research focuses on the delivery of GSP in areas outside the NHS test and learn sites, which include:

- Humber Coast and Vale Health and Care Partnership
- South Yorkshire and Bassetlaw Integrated Care System
- Joined up Care Derbyshire Integrated Care System
- Greater Manchester Health and Social Care Partnership
- Surrey Heartlands Health and Care Partnership
- Healthier Together, Bristol, North Somerset and South Gloucestershire Integrated Care System

If you work in an NHS test and learn site, please exit the survey now.

Second, this survey is aimed at people who currently work in a professional role that involves facilitating GSP by connecting people to nature-based activities and liaising between GPs, voluntary and community services. Here, we refer to this role as a link worker but it is also sometimes called a community connector, care coordinator, care navigator, or social prescriber. We use the term inclusively of roles funded by the NHS as well as other sectors and organisations.

If you do not currently work in a link worker role, please exit the survey now. Otherwise, please press the button below to continue.

As a link worker/community connector, your participation in this survey is highly valued and will contribute to a better understanding of the nature and capacity of GSP across the country.

This survey contains 25 questions and takes around 20-25 minutes to complete.

By selecting 'yes' you are agreeing that your data will be used by Natural England as part of a published report. The preservation of confidentiality is paramount and all measures will be taken to ensure the information you provide is not identifiable to yourself or your organisation. Participation in this survey is entirely voluntary and you have the right to withdraw at any time.

Please select 'Yes' to indicate your consent and continue with the survey or exit the survey if you do not want to participate.

Yes

In the first section of the survey, we would like to know a bit about your role ...

Q1/25 What is your job title?

Q2/25 What is the name of the organisation that you work for? (this information is for analysis purposes only and will not be shared)

What type of organisation is your employer?

- Primary Care Provider
- Voluntary/community/third sector organisation
- Mental Health NHS trust
- Acute NHS trust
- Local Authority
- Other (please specify)

If other, please give details of the type of organisation you are employed by

Q3/25 Please specify the geographical area e.g. the town you work in. If you work in several areas, please specify all of the areas.

What is the name of the Primary Care Network you work in?

Q4/25 How many hours a week are you employed in your role?

- Less than 7.5 hours
- More than 7.5 hours but less than 15 hours
- More than 15 hours but less than 22.5 hours
- More than 22.5 hours but less than 30 hours
- 30 hours or more

Q5/22 Some link workers have described having to work additional unpaid hours to meet service demand.

- Please select the option that best applies to your situation:
- Service demand exceeds what I am able to deliver within my paid working hours
- Service demand is about right for what I am able to deliver within my paid working hours
- Service demand is less than what I am able to deliver within my paid working hours
- Prefer not to say

Q6/25 How long is your current employment contract?

- Less than 6 months
- 6 months - 1 year
- 1 - 2 years
- 2 - 5 years
- Permanent

Q7/25 Is your role or service supported by volunteers? Please tick all that apply.

- I have volunteers who support users to attend social prescribing activities
- I have volunteers supporting me with administrative tasks
- I do not have any volunteers supporting my service

In the second section of the survey, we would like to know about the people you support to access social prescribing...

Q8/25 Do you provide a general service in your locality or targeted support for specific groups? Select all that apply:

- General service (i.e., support anyone in the locality)
- People under 18 years old
- People with mental health needs e.g. referrals through Community Mental Health Teams

- People living in areas of socio-economic deprivation
- People living in rural areas
- People with learning disabilities
- People with a physical health condition
- People who were considered clinically vulnerable during the pandemic e.g. people shielding
- Older adults (over 50s)
- People experiencing loneliness/social isolation
- People classed as Asylum Seekers/Refugees
- People who are unemployed/job seekers
- People who are carers
- Other (please specify)

If you provide targeted support to other groups, please specify here

Q9/25 What is the typical demographic make-up of the people you support? Please think about gender, age, race, mobility, physical health, socio-economic status

Q10/25 In a typical month, approximately how many people do you support? Please specify the number of individual service users.

- Less than 5
- 5-10
- 11-20
- 21-30
- 31-40
- Over 50
- Don't know

Q11/25 In a typical month, approximately how many new referrals do you receive?

Approximately what proportion of monthly referrals are from GPs or other primary care staff?

- All
- Most (More than three quarters of referrals)
- Over half (Half to three quarters of referrals)
- Some (A quarter to half of referrals)
- Few (Less than a quarter)
- None
- Don't know

Q12/25 Please describe any issues you currently have with receiving referrals?

Q13/25 In your opinion, what proportion of people that you support have mental health needs?

- All
- Most (More than three quarters of referrals)
- Over half (Half to three quarters of referrals)
- Some (A quarter to half of referrals)
- Few (Less than a quarter)
- None
- Don't know

Q14/25 Do you face any specific challenges supporting people with mental health needs?

Q15/25 In your opinion, how important is engaging with nature and nature-based activities for supporting and improving people's mental health and wellbeing?

In the third section, we want to know about the activities you refer people to ...

Q16/25 What are the three main activities/services that you refer or signpost people to? These may or may not be nature-based activities.

Please describe the type of activity, give names of the main organisations who provide the activity and a brief description of what those organisations do e.g. Craft sessions provided by a local mental health charity called Kaleidoscope.

Q17/25 What are the three most common types of nature-based activities you refer people to? Nature-based activities include those that focus on engaging the senses and involve interactions with nature, both 'green' (e.g., forests, parks, gardens) and 'blue' (e.g., rivers, lakes, sea), either intentionally, indirectly or incidentally.

Tick all that apply:

- Alternative therapies (e.g. mindfulness activities, spiritual retreats)
- Care farming (e.g. caring for animals)
- Conservation (e.g. tree planting or scrub clearance)
- Craft-focused (e.g. arts and crafts activities using natural resources)
- Horticulture type activities (e.g. growing and caring for plants)
- Nature appreciation/connection activities (e.g. engaging with nature, citizen science)
- Nature-based talking therapies (e.g. mainstream talking therapies such as CBT delivered in a natural setting)
- Sport or exercise based (e.g. green gyms, health walks)
- Wilderness focused (e.g. visits to more remote places or bushcraft)
- Heritage (e.g., heritage walks, conservation of historic environments)
- Other (specify below)

If other, please describe other nature-based activities you refer people to

Q18/25 Who are the main providers of nature-based activities that you refer people to?

Please provide a list of the names the organisations and a brief description of what they do

Q19/25 Are there any other providers of nature-based activities that you know about but that you don't refer people to?

- Yes
- No

If yes, please give the names of the activity providers and a brief explanation of why you don't make referrals to them?

Q20/25 In a typical month, approximately what proportion of people do you refer/signpost to nature-based activities?

- All
- Most (More than three quarters of referrals)
- Over half (Half to three quarters of referrals)
- Some (A quarter to half of referrals)
- Few (Less than a quarter)
- None
- Don't know

Q21/25 Please specify any barriers you face in referring people with identified mental health needs to nature-based activities. Please write 'none' if you do not experience any barriers.

In the fourth section of the survey, we would like to know about monitoring ...

Q22/25 How do you record information about your cases (i.e., the people you refer)? Please select all that apply.

- On a GP practice related system e.g. SystemOne or EMIS
- On social prescribing software e.g. Elemental, Joy
- On an organisation's database/data management system
- On an Excel/word document

- On paper files
- I don't keep formal records

Q23/25 How easy is it to identify referrals to specific organisations or activities from your records?

- It would not be possible to identify which specific organisations/activities I have referred someone to
- It would be difficult but possible to identify which specific organisations/activities I have referred someone to
- It would be straightforward to identify which organisations/activities I have referred someone to

Q24/25 After referring a service-user to an organisation/activity what follow-up work do you usually do? Please tick all that apply.

After making a referral

- I close the case
- I stay in contact with the service-user to provide further support
- I contact the service-user to collect follow-up outcome measures
- I contact the organisation to understand what support was provided to the service-user

Q25/25 Please provide any examples of good practice you or a referring organisation have developed to understand a service-user's journey, including details of any outcome measures you use.

Thank you for taking the time to complete this survey. If you would like to leave any further comments, please do so in the box below.

If you would like us to let you know when the results of this research are available in a published report, please provide an email address below.

Please press the button below to submit your response