



Department
for Education

Senior mental health lead training courses

March 2025

Contents

Purpose	4
Training providers	5
Altruist Enterprises UK Ltd	5
Anna Freud	5
Birmingham Education Partnership	6
Blue Mental Health Education & Training	6
Bradford Local Authority	6
Brightcore Consultancy	6
Bristol City Council Education and Skills Directorate and Bristol Department of Public Health	7
Carnegie Centre of Excellence for Mental Health in Schools	7
Charlie Waller Institute, The University of Reading & Charlie Waller Trust	7
City of Wolverhampton Council: Educational Psychology Service	8
Compass UK	8
Creative Education	8
Dandelion Training and Development	9
Dragonfly: Impact Education Ltd	9
Durham Children and Young People Mental Health Partnership	9
East Sussex County Council (ISEND)	9
Edge Hill University	10
Healthy Minds, Sheffield CAMHS	10
How Mental (RevolutionEyes Me Ltd)	10
Innovating Minds	11
Leeds City Council: Health & Wellbeing Service	12
London Community Education Federation	12
Matt Messiah Impact Leadership Ltd	12
Mentally Well Schools	13
Minds Ahead, on behalf of the Carnegie School of Education	13
National Education Group	14
NottAlone	14
Nurture UK	14

Our Time	15
Place2Be	15
Progressive Minds Associate Ltd	15
Real Group Ltd	16
Redbridge Educational Wellbeing Team (REWT)	16
Restorative Thinking	16
The Root Of It	16
Sarah Henry Safeguarding Consultancy Ltd	17
Still Human	17
Safeguarding in Schools	17
The Tavistock & Portman NHS Foundation Trust	17
Teach Well Toolkit Ltd	18
Terapia	18
Thompson Team (TT)	18
Thrive Approach	18
Trauma Informed Consultancy Services	19
Trauma Informed Schools UK (TISUK)	19
West Sussex Council Educational Psychology Service	19
Wigan Council Educational Psychology Service	19
Worth-It Positive Education CIC	20
YMCA Trinity Group	20

Purpose

Below you will find a list of senior mental health lead courses that we understand will still be available as of February 2025.

Courses are listed in alphabetical order by training provider.

A diverse range of courses are available to enable senior mental health leads to develop the knowledge and skills required to implement a whole school or college approach to mental health and wellbeing.

DfE does not quality assure or fund senior mental health lead courses, and does not endorse any specific training provider. This information is provided to assist mental health leads in schools and colleges to identify CPD that suits their preferences and may meet their learning needs.

Training providers

Altruist Enterprises UK Ltd

Training course title	Level	Delivery mode	Type of setting course is intended for
West Midlands Combined Setting Senior Mental Health Lead Training	Intermediate	Online / face to face	All settings

Anna Freud

Training course title	Level	Delivery mode	Type of setting course is intended for
Senior mental health lead training – a community-wide approach to improving mental health outcomes in your school or FE college	Intermediate	Online	Primary schools; secondary schools; colleges; middle deemed primary; middle deemed secondary; alternative provision
Senior mental health lead training – a community-wide approach to improving mental health outcomes in your school or FE college (face to face delivery)	Intermediate	Face to face	Primary schools; secondary schools; colleges; middle deemed primary; middle deemed secondary; alternative provision
5 Steps to a whole-school approach – An introduction for Senior Mental Health Leads	Beginner	Online / face to face	Primary Schools; Secondary Schools; Middle Deemed Primary; Middle Deemed Secondary

Birmingham Education Partnership

Training course title	Level	Delivery mode	Type of setting course is intended for
Birmingham Education Partnership Senior Mental Health Lead Training	Beginner	Face to face	Primary schools; secondary schools; special schools; alternative provision

Blue Mental Health Education & Training

Training course title	Level	Delivery mode	Type of setting course is intended for
Leading a Whole School/College Approach for Positive Mental Health and Wellbeing (Intermediate Programme)	Intermediate	Online / face to face	All settings

Bradford Local Authority

Training course title	Level	Delivery mode	Type of setting course is intended for
Bradford Local Authority Senior Mental Health Lead Training	Beginner	Online	All settings

Brightcore Consultancy

Training course title	Level	Delivery mode	Type of setting course is intended for
Designated Senior Mental Health Lead Training and Certificate	Beginner	Online / face to face	Primary schools; secondary schools; colleges (sixth-form and further education colleges); middle deemed primary; middle deemed secondary; alternative provision

Bristol City Council Education and Skills Directorate and Bristol Department of Public Health

Training course title	Level	Delivery mode	Type of setting course is intended for
Bristol Senior Mental Health Leads in Schools: Initial Training Course	Beginner	Online / face to face	Primary schools; secondary schools; colleges; special schools; alternative provision

Carnegie Centre of Excellence for Mental Health in Schools

Training course title	Level	Delivery mode	Type of setting course is intended for
Establishing a Whole School Approach as Senior Mental Health Lead	Beginner	Online / face to face	All settings
Developing an in-depth Whole School Approach as Senior Mental Health Lead	Intermediate	Online / face to face	All settings
Embedding a Strategic Approach as Senior Mental Health Lead	Advanced	Online / face to face	All settings
Developing an in-depth whole school approach as Senior Mental Health Lead in a Specialist Setting	Intermediate	Online / face to face	Special schools; alternative provision

Charlie Waller Institute, The University of Reading & Charlie Waller Trust

Training course title	Level	Delivery mode	Type of setting course is intended for
Mental Health Leadership in Education Settings (SMHL Training)	Intermediate	Online	All settings

City of Wolverhampton Council: Educational Psychology Service

Training course title	Level	Delivery mode	Type of setting course is intended for
Leading Mental Health in Schools Award	Intermediate	Online / face to face	Primary schools; secondary schools; colleges (sixth-form and further education colleges); special schools; alternative provision

Compass UK

Training course title	Level	Delivery mode	Type of setting course is intended for
A practical introduction to implementing a whole school approach – Online	Beginner	Online	All settings

Creative Education

Training course title	Level	Delivery mode	Type of setting course is intended for
New to the Role of the Senior Mental Health Lead: Delivering a Whole School Approach	Beginner	Online	All settings
New to the Role of the Senior Mental Health Lead: Delivering a Whole School Approach (Face to face)	Beginner	Face to face	All settings
Improving Staff Wellbeing Across Your School	Intermediate	Online	Primary Schools; Secondary Schools; Middle Deemed Primary; Middle Deemed Secondary; Special Schools

Dandelion Training and Development

Training course title	Level	Delivery mode	Type of setting course is intended for
Diploma for Senior Mental Health Leads	Beginner	Online	Primary schools; secondary schools

Dragonfly: Impact Education Ltd

Training course title	Level	Delivery mode	Type of setting course is intended for
Dragonfly Connect: Senior Mental Health Lead Training & Membership	Intermediate	Online	All settings

Durham Children and Young People Mental Health Partnership

Training course title	Level	Delivery mode	Type of setting course is intended for
Senior Mental Health Lead Training	Intermediate	Online / face to face	All settings

East Sussex County Council (ISEND)

Training course title	Level	Delivery mode	Type of setting course is intended for
MH Leads Training	Beginner	Online / face to face	All settings

Edge Hill University

Training course title	Level	Delivery mode	Type of setting course is intended for
MSc Child and Adolescent Mental Health and Wellbeing	Expert	Online / face to face	All settings

Healthy Minds, Sheffield CAMHS

Training course title	Level	Delivery mode	Type of setting course is intended for
Healthy Minds Senior Mental Health Leads Training - National	Beginner	Online / face to face	All settings

How Mental (RevolutionEyes Me Ltd)

Training course title	Level	Delivery mode	Type of setting course is intended for
Senior Mental Health Leads Training: How to Create Lasting Change for Mental Health in Education	Beginner	Online	All settings

Innovating Minds

Training course title	Level	Delivery mode	Type of setting course is intended for
Implementing a whole school approach to mental health - Beginners course	Beginner	Online	Primary schools; secondary schools; middle deemed primary; middle deemed secondary; special schools; alternative provision
Implementing a whole school approach to mental health - Intermediate course	Intermediate	Online	Primary schools; secondary schools; middle deemed primary; middle deemed secondary; special schools; alternative provision
Advanced Course: Implementing a sustainable Whole School Approach to Mental Health	Advanced	Online	Primary schools; secondary schools; middle deemed primary; middle deemed secondary; special schools; alternative provision
Senior Mental Health Leads Training: Implementing a Whole School Approach to Mental Health - Beginners Course	Beginner	Online	Primary schools; secondary schools; middle deemed primary; middle deemed secondary; special schools; alternative provision
Senior Mental Health Leads Training: Implementing a Whole School Approach to Mental Health - Intermediate Course	Intermediate	Online	Primary schools; secondary schools; middle deemed primary; middle deemed secondary; special schools; alternative provision

Leeds City Council: Health & Wellbeing Service

Training course title	Level	Delivery mode	Type of setting course is intended for
Developing a Whole School Approach to Leading Mental Health in your School	Intermediate	Online / face to face	Primary schools; secondary schools; colleges (sixth-form and further education colleges); middle deemed primary; middle deemed secondary; special schools

London Community Education Federation

Training course title	Level	Delivery mode	Type of setting course is intended for
Introduction to the Mental Health Designated Lead in Schools	Beginner	Online / face to face	All settings

Matt Messias Impact Leadership Ltd

Training course title	Level	Delivery mode	Type of setting course is intended for
How to plan, implement, and monitor a 'whole-school community' approach to embedding a positive culture of mental health & wellbeing	Beginner	Online	Primary schools; secondary schools; middle deemed primary; middle deemed secondary

Mentally Well Schools

Training course title	Level	Delivery mode	Type of setting course is intended for
Mentally Well Schools: Staff Development; Creating an Ethos and Environment; Working with Parents, Families and Carers - Senior Mental Health Lead Training	Intermediate	Online	Primary schools; middle deemed primary
Mentally Well Schools: Senior Mental Health Lead Training – All 8 Principles for Whole - School Mental Wellbeing	Intermediate	Online	Primary schools; middle deemed primary; special schools

Minds Ahead, on behalf of the Carnegie School of Education

Training course title	Level	Delivery mode	Type of setting course is intended for
Masters in School Mental Health Specialist	Expert	Online	All settings
School Mental Health Specialist PG Certificate	Expert	Online / face to face	All settings
School Mental Health Specialist PG Diploma	Expert	Online / face to face	All settings
Masters in School Leadership of Mental Health	Expert	Online	All settings

National Education Group

Training course title	Level	Delivery mode	Type of setting course is intended for
Certificate in the Role of the Senior Mental Health Lead	Beginner	Online	All settings
Intermediate Certificate in the Role of the Senior Mental Health Lead	Intermediate	Online	All settings

NottAlone

Training course title	Level	Delivery mode	Type of setting course is intended for
Supporting young people's positive mental health across Nottinghamshire and Nottingham City	Advanced	Online / face to face	All settings

Nurture UK

Training course title	Level	Delivery mode	Type of setting course is intended for
The National Nurturing Schools Programme	Beginner	Online	Primary schools; secondary schools; middle deemed primary; middle deemed secondary; special schools; alternative provision
The Theory and Practice of the Boxall Profile®	Beginner	Online	Primary schools; secondary schools; colleges; middle deemed primary; middle deemed secondary; alternative provision

Our Time

Training course title	Level	Delivery mode	Type of setting course is intended for
Supporting Children with Parental Mental Illness in Education	Intermediate	Online / face to face	All settings

Place2Be

Training course title	Level	Delivery mode	Type of setting course is intended for
Place2Be Senior Mental Health Leads programme	Intermediate	Online	Primary schools; secondary schools; colleges (sixth-form and further education colleges); middle deemed primary; middle deemed secondary; alternative provision

Progressive Minds Associate Ltd

Training course title	Level	Delivery mode	Type of setting course is intended for
Senior Mental Health Lead Training	Beginner	Online / face to face	All settings
Senior Mental Health Lead Training (Advanced) - Strategic Leadership	Advanced	Online / face to face	All settings
Senior Mental Health Lead Training (Intermediate) - Developing a whole school approach	Intermediate	Online / face to face	All settings

Real Group Ltd

Training course title	Level	Delivery mode	Type of setting course is intended for
Senior Mental Health Leadership Certificate (Online)	Beginner	Online	All settings
Senior Mental Health Leadership - Advanced Award	Intermediate	Online	All settings

Redbridge Educational Wellbeing Team (REWT)

Training course title	Level	Delivery mode	Type of setting course is intended for
Senior Mental Health Lead Training	Intermediate	Face to face	All settings

Restorative Thinking

Training course title	Level	Delivery mode	Type of setting course is intended for
Fostering Restorative Practice in Schools	Beginner	Online	All settings

The Root Of It

Training course title	Level	Delivery mode	Type of setting course is intended for
Advanced Designated Mental Health Lead	Advanced	Online / face to face	All settings
Mental Health Lead Introduction Course	Beginner	Online / face to face	All settings
Mental Health Lead Intermediate Course	Intermediate	Online / face to face	All settings

Sarah Henry Safeguarding Consultancy Ltd

Training course title	Level	Delivery mode	Type of setting course is intended for
Introduction to the role of Senior Mental Health Lead	Beginner	Face to face	All settings

Still Human

Training course title	Level	Delivery mode	Type of setting course is intended for
Wellbeing Champion Training: Embedding staff wellbeing to support a positive whole school culture of mental health and wellbeing.	Beginner	Face to face	Primary Schools; Secondary Schools; Colleges (Sixth Form and Further Education); Middle deemed Primary; Middle deemed Secondary; Special School; Alternative Provision

Safeguarding in Schools

Training course title	Level	Delivery mode	Type of setting course is intended for
Understanding and implementing the role of senior mental health lead	Beginner	Online / face to face	Primary schools; secondary schools; middle deemed primary; middle deemed secondary; special schools; alternative provision

The Tavistock & Portman NHS Foundation Trust

Training course title	Level	Delivery mode	Type of setting course is intended for
Senior Mental Health Lead Training: A Whole School Approach	Beginner	Online	All settings

Teach Well Toolkit Ltd

Training course title	Level	Delivery mode	Type of setting course is intended for
Senior Mental Health Lead in Schools	Beginner	Online / face to face	All settings

Terapia

Training course title	Level	Delivery mode	Type of setting course is intended for
Developing, Implementing and Sustaining a Positive Mental Health Whole School/College Culture	Beginner	Intermediate	All settings

Thompson Team (TT)

Training course title	Level	Delivery mode	Type of setting course is intended for
Senior Mental Health Lead Training - Face to Face	Intermediate	Face to face	Primary schools; secondary schools; middle deemed primary; middle deemed secondary; alternative provision
Senior Mental Health Lead Training - Online	Intermediate	Online	Primary schools; secondary schools; middle deemed primary; middle deemed secondary; alternative provision

Thrive Approach

Training course title	Level	Delivery mode	Type of setting course is intended for
Mental Health Lead Training	Beginner	Online	All settings

Trauma Informed Consultancy Services

Training course title	Level	Delivery mode	Type of setting course is intended for
Practising as a Trauma Informed Senior Mental Health Lead	Beginner	Online	All settings

Trauma Informed Schools UK (TISUK)

Training course title	Level	Delivery mode	Type of setting course is intended for
Certificate in Child and Adolescent Mental Health for Designated Senior Mental Health Leads (policy, practice and leadership)	Intermediate	Online	All settings

West Sussex Council Educational Psychology Service

Training course title	Level	Delivery mode	Type of setting course is intended for
Thriving in Schools. Senior Mental Health Lead Training. A West Sussex Approach	Intermediate	Online	All settings

Wigan Council Educational Psychology Service

Training course title	Level	Delivery mode	Type of setting course is intended for
Leadership Course 1: Leading on Mental Health in your school	Beginner	Online	All settings

Worth-It Positive Education CIC

Training course title	Level	Delivery mode	Type of setting course is intended for
Wellbeing Club: training, resources, and ongoing support for Senior Mental Health Leads	Beginner	Online	All settings

YMCA Trinity Group

Training course title	Level	Delivery mode	Type of setting course is intended for
Designated Senior Mental Health Lead Training – Beginners Programme	Beginner	Online / face to face	All settings
Designated Senior Mental Health Lead Training – Intermediate Programme	Intermediate	Online / face to face	All settings
Designated Senior Mental Health Lead Training – Advanced Programme	Advanced	Online / face to face	All settings



Department
for Education

© Crown copyright 2025

This publication (not including logos) is licensed under the terms of the Open Government Licence v3.0 except where otherwise stated. Where we have identified any third party copyright information you will need to obtain permission from the copyright holders concerned.

To view this licence:

visit www.nationalarchives.gov.uk/doc/open-government-licence/version/3

email psi@nationalarchives.gov.uk

write to Information Policy Team, The National Archives, Kew, London, TW9 4DU

About this publication:

enquiries www.gov.uk/contact-dfe

download www.gov.uk/government/publications

Follow us on X: [@educationgovuk](https://twitter.com/educationgovuk)

Connect with us on Facebook: facebook.com/educationgovuk