



PART A: ABOUT YOU

Please complete this form in **BLOCK CAPITAL** letters using **BLACK INK**

Title _____ Full name _____

Full address _____

Postcode _____ Date of birth _____

NHS number _____ Driver number _____
(If known)

Mobile number _____ Home number _____
(Optional) *(Optional)*

Email _____
(Optional)

PART B: HEALTHCARE PROFESSIONAL DETAILS

Please provide the details of the GP and Consultant you have seen for this condition

IMPORTANT: You must provide their full name and address, or the form will be returned to you, delaying your application

GP DETAILS

Full name _____

Surgery _____

Full address _____

Postcode _____ Phone number _____

Email _____
(If known)

Date last seen by GP for this condition _____

CONSULTANT DETAILS

Title _____ Full name _____

Department _____

Full hospital address _____

Postcode _____ Phone number _____

Email _____
(If known)

Date last seen by consultant for this condition _____



Medical questionnaire – sleep disorders

If you are unsure of the answers, we advise you to discuss this form with your doctor.

1. Has your condition **ever** been linked with excessive sleepiness that has, or is likely to have, an adverse effect on driving?

Yes

No

If no, DO NOT complete the rest of the form

Narcolepsy and/or Cataplexy

Please only complete this section if you have been diagnosed with Narcolepsy and/or Cataplexy.

2. Have you been diagnosed with narcolepsy or cataplexy?

Yes

No

If no, go to Q3

- a) If yes, how long has it been controlled?

Less than 3mths

3mths-12mths

12mths-7yrs

More than 7yrs

Please go to Q7

Mild Obstructive Sleep Apnoea or other sleep condition(s)

Please only complete this section if you have been diagnosed with mild OSAS or another sleep condition.

3. Have you been diagnosed with Mild Obstructive Sleep Apnoea Syndrome (OSAS)?
Mild OSAS is a diagnosis with an AHI < 15

Yes

No

Not known

4. When did your symptoms start?

Less than 3mths

More than 3mths

SL1

5. Are your symptoms controlled?

Yes

No

6. Do you agree to attend regular reviews and to follow medical advice regarding any necessary treatment?

Regular reviews should occur at least once every 3 years with a healthcare professional such as your GP, consultant or specialist. A review can be in the form of a telephone call, video call or in-person consultations.

Yes

No

7. Have you had any contact (any phone, video or face to face consultation) with your healthcare professional about your condition in the last 12 months?

Yes

No

Who should we contact if we need to investigate your condition further?

8.

GP

Consultant



Applicant’s authorisation

You **must** fill in this section and must **not** alter it in any way. Please read the following information carefully and sign to confirm the statements below.

Important information about fitness to drive

As part of the investigation into your fitness to drive, we (DVLA) may require you to have a medical examination and/or some form of practical assessment. If we do, the individuals involved in these will need your background medical details to carry out an appropriate assessment.

These individuals may include doctors, orthoptists at eye clinics or paramedical staff at a driving assessment centre. We will only share information relevant to the medical assessment of your fitness to drive.

Also, where the circumstances of your case appear to suggest the need for this, the relevant medical information may need to be considered by one or more of the members of the Secretary of State’s Honorary Medical Advisory Panels. The membership of these Panels conforms strictly to the principle of confidentiality.

For information about how we process your data, your rights and who to contact, see our privacy notice at www.gov.uk/dvla/privacy-policy

This section must NOT be altered in any way.

Declaration

I authorise my doctor, specialist or appropriate healthcare professional to disclose medical information or reports about my health condition to the DVLA, on behalf of the Secretary of State for Transport, that is relevant to my fitness to drive.

I understand that the doctor that I authorise, may pass this authorisation to another registered healthcare professional, who will be able to provide information about my medical condition that is relevant to my fitness to drive.

I understand that the Secretary of State may disclose such relevant medical information as is necessary to the investigation of my fitness to drive to doctors and other healthcare professionals such as orthoptists, paramedical staff and the Secretary of State for Transport’s Honorary Medical Advisory panel members.

I declare that I have checked the details I have given on the enclosed questionnaire and that, to the best of my knowledge and belief they are correct.

“I understand that it is a criminal offence if I make a false declaration to obtain a driving licence and can lead to prosecution.”

Name: _____

Signature: _____ Date: _____

I authorise the Secretary of State to correspond with medical professionals by email Yes No

If you would like to be contacted about your application by email or text message (SMS), please tick the appropriate boxes (below). If not, DVLA will continue to contact you by post.

I authorise a representative of the Secretary of State to contact me via Email or SMS text in relation to this application (please tick): Email Yes No SMS (Text) Yes No



Driver & Vehicle
Licensing
Agency

Note: please complete and return all pages of this medical questionnaire and authorisation form. If you do not give us all the information we need including the full name, address, and telephone number of your GP/Consultant then there will be a delay with your case.

Please use the contact details below to return your completed medical questionnaire to the **Drivers Medical Group**

By Post:

Drivers Medical Group,
DVLA,
Swansea.
SA99 1DF

Email: eftd@dvla.gov.uk

Please keep this page for future reference



Find out about **DVLA's online services**

Go to: www.gov.uk/browse/driving

