



# Carer's Allowance Claim form for people getting State Pension

## We have many ways we can communicate with you.

If you would like braille, British Sign Language, email, a hearing loop, translations, large print, audio or something else please call us on **0800 169 0310** or textphone **0800 169 0314** and tell us which you need.

Calls to **0800** numbers are free from landlines and mobiles.

## Treating people fairly

We are committed to the Equality Act 2010 and treating people fairly. To find out more about this law, search 'Equality' on [www.gov.uk](http://www.gov.uk)

Carer's Allowance gives financial help to people who cannot take up full-time paid work as they provide regular care to a disabled person.

The quickest and easiest way to claim Carer's Allowance is online. Check if you can get Carer's Allowance and make a claim at [www.gov.uk/carers-allowance](http://www.gov.uk/carers-allowance)

## About this form

- **only use this form to claim Carer's Allowance if you are getting State Pension.** If you are not getting State Pension, contact us to find out how to claim
- check if you can get Carer's Allowance by using the checklist on **pages 3 and 4** of the notes
- if you cannot get Carer's Allowance, go to [www.gov.uk](http://www.gov.uk) to see what other help you might be able to get
- you, the carer, must fill in this form, not the person you provide care for
- please complete this form carefully. If you fill in this form using a pen, use black ink and CAPITAL LETTERS
- please answer all the questions and send us all the documents we ask for
- contact us if you cannot fill in this form or send us the documents we ask for, because this might delay your claim
- if you have speech or hearing difficulties, you can contact us by textphone on **0800 731 0317**. The textphone service does not receive messages from mobile phones.

**Normally, you can expect us to get back to you within 6 weeks. This may change at busy times of the year.**

## Remember

If someone else also cares for the same person as you, only one of you can claim a carer's benefit. This is either Carer's Allowance or, for those in receipt of Universal Credit, the carer's element.

If you both meet the criteria, you must decide between you who will claim.

When you claim Carer's Allowance, the person you provide care for may stop getting, or get a reduced rate of:

- a severe disability premium paid with their benefits, if they get one
- an extra amount for severe disability paid with Pension Credit, if they get one
- reduced Council Tax, if their local council offers it.

We will check the record of the person you provide care before making a decision on your claim.

There is more information about how Carer's Allowance affects other benefits in the notes and at [www.gov.uk/carers-allowance](http://www.gov.uk/carers-allowance)

You **must** tell the person you are providing care for, or their legal representative, **before** you claim Carer's Allowance.

## About your Carer's Allowance

### 01 When do you want your Carer's Allowance claim to start?

DD/MM/YYYY

Please make a note of this date. We will ask you about it again later.

## About you - the carer

### 02 Title

For example Mr, Mrs, Miss, Ms or other

### 03 Surname or family name

### 04 All other names in full

  

### 05 All other surnames or family names you have used or have been known by

  

### 06 National Insurance number

You can get this from your National Insurance number card, letters about benefits, payslips or form P60. If you do not tell us your National Insurance number, it could delay your claim.

### 07 Date of birth

DD/MM/YYYY

### 08 What is your marital or civil partnership status?

- Single
- Married or civil partner
- Living with partner
- Separated
- Divorced or civil partnership dissolved
- Widowed or surviving civil partner

### 09 Address

  
  

Postcode

**10 Phone number**

**11 Mobile number**

To help us deal with your claim or any queries you may have as quickly as possible, please give us your mobile phone number so we can contact you by text message.

- If you have speech or hearing difficulties and want us to contact you by textphone, tick this box.
- If you live in Wales and would like us to contact you in Welsh, tick this box.

**12 What is your nationality?**

For example, British. If you have a current passport, please give your nationality as shown on your passport.

**13 If you are a Swiss or European Economic Area (EEA) national, were you living in the United Kingdom (UK) before 1 January 2021?**

For a list of EEA countries, please see the notes booklet.

- No
- Yes

**14 Which country do you normally live in?**

**15 Which country are you living in now?**

**16 Have you been present in Great Britain throughout the 3 years before the date you are claiming from?**

Great Britain is England, Scotland and Wales.

- No
- Yes **Go to question 18**

**17 If No, please tell us about any countries you have lived in or visited in the 3 years before the date you are claiming from. If you had more than 3 visits abroad, tell us about them in More Information.**

**Period 1**

Which country did you live in or visit?

When did you go there?

DD/MM/YYYY

When did you return to Great Britain?

DD/MM/YYYY

What was your reason for being there?

For example, you live there, for a holiday, for work.

Was the person you look after with you?

- No
- Yes

**Period 2**

Which country did you live in or visit?

When did you go there?

DD/MM/YYYY

When did you return to Great Britain?

DD/MM/YYYY

What was your reason for being there?

For example, you live there, for a holiday, for work.

  

Was the person you look after with you?

No

Yes

**Period 3**

Which country did you live in or visit?

When did you go there?

DD/MM/YYYY

When did you return to Great Britain?

DD/MM/YYYY

What was your reason for being there?

For example, you live there, for a holiday, for work.

  

Was the person you look after with you?

No

Yes

If you answer **Yes** to **questions 18, 19 or 20** we will contact you for more information.

**18** Do you, or a member of your family, get any benefits or pensions from a country other than Great Britain?

By family we mean your spouse or civil partner and dependent children and adults.

No

Yes

**19** Have you, or a member of your family, claimed any benefit or pension which has not yet been decided, from a country other than Great Britain?

No

Yes

**20** Are you, or a member of your family, working in or paying insurance to an EEA country or Switzerland?

For a list of EEA countries, please see the notes booklet.

No

Yes

## About your partner

### Tell us about your partner, if you have one.

We use partner to mean:

- a person you live with who is your husband, wife or civil partner, or a
- a person you live with as if you are a married couple.

We look at any money your partner gets from benefits when we work out if you can get Carer's Allowance.

<b>21</b>	<b>Have you lived with a partner at any time since the date you want to claim from?</b> <input type="checkbox"/> No <b>Go to question 30</b> <input type="checkbox"/> Yes
<b>22</b>	<b>Their title</b> For example, Mr, Mrs, Miss, Ms or other <input type="text"/>
<b>23</b>	<b>Their surname or family name</b> <input type="text"/>
<b>24</b>	<b>All their other names in full</b> <input type="text"/> <input type="text"/>
<b>25</b>	<b>All other surnames or family names they have used or have been known by</b> <input type="text"/> <input type="text"/>
<b>26</b>	<b>Their National Insurance number</b> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>

<b>27</b>	<b>Their date of birth</b> DD/MM/YYYY <input type="text"/>
<b>28</b>	<b>Their nationality</b> <input type="text"/>
<b>29</b>	<b>Have you separated from your partner since the date you want to claim from?</b> <input type="checkbox"/> No <input type="checkbox"/> Yes When did you separate? DD/MM/YYYY <input type="text"/>

## About the person you provide care for

### Remember

You **must** tell the person you are providing care for, or their legal representative, before you claim Carer's Allowance.

<b>30</b>	<b>Their title</b> For example, Mr, Mrs, Miss, Ms or other <input type="text"/>
<b>31</b>	<b>Their surname or family name</b> <input type="text"/>
<b>32</b>	<b>All their other names in full</b> <input type="text"/> <input type="text"/>
<b>33</b>	<b>Their National Insurance number</b> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
<b>34</b>	<b>Their date of birth</b> DD/MM/YYYY <input type="text"/> / <input type="text"/> / <input type="text"/>
<b>35</b>	<b>Their address</b> You do not have to live at the same address as the person you provide care for. <input type="text"/> <input type="text"/> <input type="text"/> Postcode <input type="text"/>
<b>36</b>	<b>What is this person's relationship to you?</b> <input type="text"/>

<b>37</b>	<b>Are they getting Armed Forces Independence Payment?</b> <input type="checkbox"/> No <input type="checkbox"/> Yes
<b>38</b>	<b>Is the person you care for receiving a disability benefit from an EEA country or Switzerland?</b> <input type="checkbox"/> No <b>Go to Question 39</b> <input type="checkbox"/> Yes If <b>Yes</b> , what is the name of the benefit? <input type="text"/> <input type="text"/> Which country is paying the benefit? <input type="text"/> <input type="text"/> Please send in a recent notification regarding this benefit award if you have one.
<b>39</b>	<b>Have you spent 35 hours or more each week providing care for this person since the date you want to claim from?</b> <input type="checkbox"/> No <input type="checkbox"/> Yes

**40 Is another person getting the carer element of Universal Credit for providing care for them?**

There is more information about what happens if there is more than one carer on **page 6** of the notes booklet.

No **Go to question 41**

Yes

Tell us about the person who is getting the carer element of Universal Credit. If you can, tell us their name, address, date of birth and National Insurance number.

Their name

Their address

  
  

Postcode

Their date of birth

DD/MM/YYYY

Their National Insurance number

**41 Has the person you provide care for been in hospital, a care home or respite care for at least a week in the 6 months before the date you want to claim from?**

No **Go to question 54**

Yes

Tell us about this. If they had more than 3 periods in hospital, a care home or respite care, tell us about them in **More Information** on **page 12**.

**Period 1**

**42 Were they in hospital or a care home or respite care?**

Hospital

A care home or respite care

**43 When were they in hospital, a care home or respite care?**

DD/MM/YYYY

From

To

**44 While they were in hospital, a care home or respite care, did you still provide care for 35 hours a week?**

No

Yes

**45 If they were in a care home or respite care, were they getting care from a medical professional during this time?**

No

Yes

**Period 2**

**46 Were they in hospital or a care home or respite care?**

Hospital

A care home or respite care

**47 When were they in hospital, a care home or respite care?**

DD/MM/YYYY

From

To

**48** While they were in hospital, a care home or respite care, did you still provide care for 35 hours a week?

- No  
 Yes

**49** If they were in a care home or respite care, were they getting care from a medical professional during this time?

- No  
 Yes

**Period 3**

**50** Were they in hospital or a care home or respite care?

- Hospital  
 A care home or respite care

**51** When were they in hospital, a care home or respite care?

DD/MM/YYYY

From

To

**52** While they were in hospital, a care home or respite care, did you still provide care for 35 hours a week?

- No  
 Yes

**53** If they were in a care home or respite care, were they getting care from a medical professional during this time?

- No  
 Yes

**54** Have you been in hospital or a care home or respite care for at least a week in the 6 months before the date you want to claim from?

- No **Go to question 64**  
 Yes Tell us about this. If you had more than 3 periods in hospital, a care home or respite care, tell us about them in **More Information** on **page 12**.

**Period 1**

**55** Were you in hospital or a care home or respite care?

- Hospital  
 A care home or respite care

**56** When were you in hospital, a care home or respite care?

DD/MM/YYYY

From

To

**57** If you were in a care home or respite care, were you getting care from a medical professional during this time?

- No  
 Yes

**Period 2**

**58** Were you in a hospital or a care home or respite care?

- Hospital  
 A care home or respite care



**59** When were you in hospital, a care home or respite care?

DD/MM/YYYY

From

To

**60** If you were in a care home or respite care, were you getting care from a medical professional during this time?

No

Yes

**Period 3**

**61** Were you in a hospital or a care home or respite care?

Hospital

A care home or respite care

**62** When were you in hospital, a care home or respite care?

From

DD/MM/YYYY

To

DD/MM/YYYY

**63** If you were in a care home or respite care, were you getting care from a medical professional during this time?

No

Yes

**64** Have there been any other times you have not provided care for the person named on page 6 of this form for 35 hours a week in the 6 months before the date you want to claim from?

This includes holidays.

No **Go to question 74**

Yes Tell us about this

**Period 1**

**65** When did you not provide care for 35 hours a week?

From what time? am/pm

From what date?

DD/MM/YYYY

To what time? am/pm

To what date?

DD/MM/YYYY

**66** Where was the person you provide care for?

On holiday

At home

Somewhere else

**67** Where were you?

On holiday

At home

Somewhere else

**Period 2**

**68** When did you not provide care for 35 hours a week?

From what time? am/pm

From what date?

DD/MM/YYYY

To what time? am/pm

To what date?

DD/MM/YYYY

**69** Where was the person you provide care for?

- On holiday
- At home
- Somewhere else

**70** Where were you?

- On holiday
- At home
- Somewhere else

**Period 3**

**71** When did you not provide care for 35 hours a week?

From what time? am/pm

From what date?

DD/MM/YYYY

To what time? am/pm

To what date?

DD/MM/YYYY

**72** Where was the person you provide care for?

- On holiday
- At home
- Somewhere else

**73** Where were you?

- On holiday
- At home
- Somewhere else

## About education and employment

**74** Have you been on a course of education since the date you want to claim from?

- No  
 Yes

Please give details in **More Information** on **page 12**. We will contact you about this.

If you are on holiday or temporary leave from your course, still tick **Yes**.

**75** Have you been employed at any time in the 6-month period before the date you want to claim from?

- No  
 Yes

Please give details in **More Information** on **page 12**. We will contact you about this.

Still tick **Yes** if you are off work because you are sick, on paid or unpaid leave. If you are a company director, you should tick **Yes**.

**76** Are you or have you been self-employed at any time since the week before the date you want to claim from?

- By self-employment we mean:
- working for yourself
  - being a partner or sleeping partner in a business
  - receiving income from property or land you own, or
  - renting out any part of the home you live in for example, to a lodger.

- No  
 Yes

Please give details in **More Information** on **page 12**. We will contact you about this.

**77** Have you received any payments for the person you provide care for or anybody else since the date you want to claim from?

For example, payments for fostering, adult placements, direct payments or any payments from your local council.

- No **Go to question 82**  
 Yes

**78** What is this payment called?

**79** Who pays you?

**80** What is their address?

  
  

Postcode

**81** How much do they pay you and how often?

How much?

How often?



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## Declaration

**Even if someone else has filled in this form for you, you must sign the declaration yourself.**

**By submitting this claim you agree that the information you have given is complete and correct.**

While you are getting Carer's Allowance, you will report changes to your circumstances straight away by calling **0800 731 0297**, or by textphone on **0800 731 0317**. Or you can report changes to your circumstances at [\*\*www.gov.uk/carers-allowance\*\*](http://www.gov.uk/carers-allowance)

If you give wrong or incomplete information, or you do not report changes straight away, you may:

- be prosecuted
- need to pay a financial penalty
- have your Carer's Allowance reduced or stopped
- be paid too much Carer's Allowance and have to pay the money back.

**If we pay you less than we should, we may pay you the money that we owe you.**

<p><b>Signature</b></p> <div style="border: 1px solid black; height: 60px; width: 100%;"></div>
<p><b>Date</b> DD/MM/YYYY</p> <div style="border: 1px solid black; padding: 5px; text-align: center;">/ /</div>

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## What to do now

- check that you have answered all the questions
- get in touch with us if you cannot fill in the form. Your Carer's Allowance may be delayed. If you have speech or hearing difficulties, you can contact us by textphone on **0800 731 0317**. The textphone service does not receive messages from mobile phones
- check that you have signed the form
- send the form to us in the envelope that came with this claim pack. The envelope does not need a stamp.

### **Our address is:**

Carer's Allowance Unit  
Mail Handling Site A  
Wolverhampton  
WV98 2AB

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## How the Department for Work and Pensions collects and uses information

When we collect information about you we may use it for any of our purposes. These include:

- social security benefits and allowances
- child maintenance
- employment and training
- investigating and prosecuting tax credits offences
- private pensions policy and
- retirement planning.

We may get information about you from other parties for any of our purposes as the law allows to check the information you provide and improve our services. We may give information about you to other organisations as the law allows, for example to protect against crime.

To find out more about our purposes, how we use personal information for those purposes and your information rights, including how to request a copy of your information, please visit [\*\*www.gov.uk/dwp/personal-information-charter\*\*](https://www.gov.uk/dwp/personal-information-charter)