



Department  
for Education

# **DfE assured senior mental health lead training courses**

**May 2022**

## Purpose

Below you will find a complete list of DfE quality assured courses that schools and colleges in England can pay for using a senior mental health lead training grant.

Courses are listed in alphabetical order by the training provider delivering each course. There are now 121 courses available, being delivered across 75 providers.

Further information on the quality assurance process and criteria can be found on the [contracts finder](#).

Only these courses are approved by DfE, and this list will be updated at the end of each month to reflect all the training providers and courses that are DfE assured.

DfE reserves the right to remove a course(s) from its list of quality-assured courses at any time, where it is reasonable to do so, to ensure schools and colleges receive high quality training.

## To select a course

A diverse range of courses are available to enable senior mental health leads to develop the [knowledge and skills](#) required to implement a whole school or college approach to mental health and wellbeing.

Schools and colleges seeking to identify a course that most closely meets their specific needs and preferences are encouraged to use our [online tools available](#).

<b>Training provider name</b>	<b>Training course title</b>	<b>Course Code</b>	<b>Types of Setting Course is Intended For</b>
Altruist Enterprises UK Ltd	West Midlands Secondary Schools Senior Mental Health Lead Training	SMHL013	Secondary Schools; Middle deemed secondary
	Multi-Academy Trust Senior Mental Health Lead Training	SMHL049	All settings
	West Midlands Primary School Senior Mental Health Lead Training	SMHL056	Primary Schools; Middle deemed primary
	West Midlands Combined Setting Senior Mental Health Lead Training	SMHL067	All settings
Bath & North Somerset East Council	Senior Mental Health Leadership in B&NES, Swindon and Wiltshire	SMHL001	Primary Schools; Secondary Schools; Colleges (Sixth Form and Further Education Colleges); Special schools; Alternative provision
Becton School	Senior Mental Health Lead Training - Secondary	SMHL076	Secondary schools
	Senior Mental Health Lead Training - Special	SMHL077	Special schools
Birmingham Education Partnership	Birmingham Education Partnership Senior Mental Health Lead training - Beginning	SMHL017	Primary Schools; Secondary Schools; Special schools; Alternative Provision
	Birmingham Education Partnership Senior Mental Health Lead training – Intermediate	SMHL100	Primary Schools; Secondary Schools; Special schools; Alternative Provision

Bounce Forward	Mental Health Elevated	SMHL002	All settings
Bradford Local Authority	Bradford Local Authority Senior Mental Health Lead Training	SMHL003	All settings
Brightcore Consultancy	Designated Senior Mental Health Lead Training and Certificate	SMHL018	Primary Schools; Secondary Schools; Colleges (Sixth Form and Further Education Colleges); Middle deemed primary; Middle deemed secondary; Alternative Provision
Carnegie Centre of Excellence for Mental Health in Schools	Establishing a Whole School Approach as Senior Mental Health Lead	SMHL021	All settings
	Developing an in-depth whole school approach as senior mental health lead	SMHL022	All settings
	Embedding a Strategic Approach as Senior Mental Health Lead	SMHL023	All settings
	School Mental Health Specialist PG Diploma	SMHL024	All settings
	Post Graduate Certificate in School Leadership of Mental Health	SMHL025	Primary Schools; Secondary Schools; Colleges (Sixth Form and Further Education Colleges); Middle deemed primary; Middle deemed secondary; Special schools
	Masters in School Leadership of Mental Health	SMHL026	All settings
Catalyst Psychology Community Interest Company	The Well-Being Chartermark: a whole school approach to improving mental health and well-being	SMHL109	All settings

Changing Minds UK	Designated Senior Mental Health Leads Training: Psychologically Informed and Responsive Education	SMHL120	All settings
Charlie Waller Institute, The University of Reading & Charlie Waller Trust	Mental Health Leadership in Education Settings (SMHL Training)	SMHL075	All settings
City of Wolverhampton Council: Educational Psychology Service	Leading Mental Health in Schools Award	SMHL078	Primary Schools; Secondary Schools; Colleges (Sixth Form and Further Education Colleges); Special schools; Alternative Provision
Compass - Services to Improve Health & Wellbeing	A practical introduction to implementing a whole school approach	SMHL035	All settings
	A practical introduction to implementing the whole school approach – Face to face	SMHL122	All settings

Creative Education	New to the Role of the Senior Mental Health Lead: Delivering a Whole School Approach (online)	SMHL055	All settings
	New to the Role of the Senior Mental Health Lead: Delivering a Whole School Approach (Face to face)	SMHL072	All settings
	Developing the Role of the Senior Mental Health Lead: Extending the Whole School Approach	SMHL073	All settings
Dragonfly: Impact Education Ltd	Dragonfly Connect: Senior Mental Health Lead Training & Membership	SMHL085	All settings
Durham Children and Young People Mental Health Partnership	Senior Mental Health Lead Training	SMHL074	All settings
East Sussex County Council (ISEND)	MH Leads Training	SMHL061	All settings
EdPsychEd Ltd	RISE +	SMHL011	Primary Schools; Middle deemed primary; Special schools; Alternative Provision
Educate to Flourish CIC	Staff Development: Supporting your own, your colleagues' and your pupils'/students' wellbeing	SMHL014	Primary Schools; Secondary Schools; Middle deemed primary; Middle deemed secondary

Ethical School Solutions	The Building Belonging Approach (BBA) To Mental Health (Beginner)	SMHL086	All settings
	The Building Belonging Approach (BBA) To Mental Health (Beginner) – Virtual	SMHL095	All settings
	The Building Belonging Approach (BBA) To Mental Health (Intermediate)	SMHL087	All settings
Family Wellness Practice	Senior Mental health lead training (Beginner)	SMHL118	All settings
Headsight Services Ltd	School mental health leadership programme (intermediate)	SMHL015	All settings
Healthy Minds, Sheffield CAMHS	Healthy Minds Senior Mental Health Leads Training - National	SMHL040	All settings
Herefordshire Educational Psychology Service	Training for Senior Mental Health Leads (SMHLs) in Herefordshire Schools and Colleges: intermediate level	SMHL115	Primary Schools; Secondary Schools; Colleges; Special Schools; Alternative Provision
Iheart Principles Ltd	iheart Resilience Training Course for School Mental Health Leads (IRTC)	SMHL088	Primary Schools; Secondary Schools; Middle deemed primary; Middle deemed secondary, Alternative Provision

Innovating Minds	Implementing a whole school approach to mental health - Beginners course	SMHL019	Primary Schools; Secondary Schools; Middle deemed primary; Middle deemed secondary; Special schools; Alternative Provision
	Implementing a whole school approach to mental health - Intermediate course	SMHL054	Primary Schools; Secondary Schools; Middle deemed primary; Middle deemed secondary; Special schools; Alternative Provision
	Advanced course: Implementing a sustainable whole school approach to mental health	SMHL080	Primary Schools; Secondary Schools; Middle deemed primary; Middle deemed secondary; Special schools; Alternative Provision
	Senior Mental Health Leads Training: Implementing a Whole School Approach to Mental Health- Beginners Course	SMHL107	Primary Schools; Secondary Schools; Middle Deemed Primary; Middle Deemed Secondary; Special Schools; Alternate Provision
	Senior Mental Health Leads Training: Implementing a Whole School Approach to Mental Health- Intermediate Course	SMHL108	Primary Schools; Secondary Schools; Middle Deemed Primary; Middle Deemed Secondary; Special Schools; Alternate Provision
Islington Mental Health and Wellbeing in Schools Consortium	Islington senior mental health leads training	SMHL101	Primary Schools; Secondary Schools; Special Schools
Lancaster University	Senior mental health lead training for Lancashire schools and colleges: relational and attachment-aware approaches to whole school mental health	SMHL020	All settings
Leeds Beckett University – Minds Ahead	Masters in School Mental Health Specialist	SMHL126	All settings
Leeds City Council: Health & Wellbeing Service	Developing a Whole School Approach to Leading Mental Health in your School.	SMHL089	Primary Schools; Secondary Schools; Colleges (Sixth Form and Further Education Colleges); Middle deemed primary; Middle deemed secondary; Special Schools



Leeds Trinity University	Senior Mental Health Lead Training	SMHL116	Primary Schools; Secondary Schools; Middle Deemed Primary; Middle Deemed Secondary; Alternate Provision
Matt Messias Impact Leadership Ltd	How to plan, implement, and monitor a 'whole-school community' approach to embedding a positive culture of mental health & wellbeing	SMHL036	Primary Schools; Secondary Schools; Middle deemed primary; Middle deemed secondary
Mentally Well Schools	Mentally Well Schools: Staff Development; Creatingan Ethos and Environment; Working with Parents, Families and Carers-Senior Mental Health Lead Training (Online)	SMHL090	Primary Schools, Middle Deemed Primary
	Mentally Well Schools: Senior Mental Health Lead Training – All 8 Principles for Whole-School Mental Wellbeing (Online)	SMHL114	Primary; Middle deemed Primary; Special Schools

Merseyside Youth Association	ROAR Mental Health Lead Whole School Approach Training	SMHL005	All settings
	ROAR Response to Mental Health in Primary Schools	SMHL046	Primary Schools; Middle deemed primary; Special schools
	ROAR Response to Mental Health in Secondary Schools	SMHL047	Secondary Schools; Colleges (Sixth Form and Further Education Colleges); Middle deemed secondary; Special schools; Alternative Provision
	ROAR ACEs and Trauma Informed Practice Education Settings	SMHL048	All settings
	ROAR Staff Wellbeing and Supervision in Education	SMHL063	All settings
	ROAR response to mental health in the early years	SMHL064	Primary Schools; Alternative Provision
	ROAR response to mental health for children and young people with additional needs	SMHL065	All settings
	ROAR Mental Health Lead Whole School Approach Training	SMHL084	All settings
National Education Group	Certificate in the Role of the Senior Mental Health Lead	SMHL079	All settings
	Intermediate Certificate in the Role of the Senior Mental Health Lead	SMHL111	All settings

National Network of Mental Health Leads	Advanced designated mental health lead	SMHL008	All settings
	Mental Health Lead Intermediate Course	SMHL110	All settings
NESSie IN ED CIC	NESSie Foundation in Mental health	SMHL027	All settings
Northorpe Hall Child & Family Trust	Getting the Right Support for Children and Young People: Identifying Need, Monitoring Interventions, Targeting Support and Making Appropriate Referrals	SMHL028	All settings
	Strategic Leadership for Change: Mental Health and Wellbeing in Schools and Colleges	SMHL029	All settings
	A Partnership Approach: Listening to the Voice of Children/Young people, Staff, Families/Carers and Challenging Stigma	SMHL081	All settings
	Creating a Cohesive Environment: Promoting Resilience, Respect, Social and Emotional Learning and Reducing Stigma	SMHL082	All settings
Northumbria University	The role of Senior Lead for Mental Health in an Alternative Provision setting	SMHL016	Alternative Provision
NottAlone	Supporting young people's positive mental health across Nottinghamshire and Nottingham City	SMHL070	All settings

Nurture UK	The National Nurturing Schools Programme	SMHL128	Primary Schools; Secondary Schools, Middle deemed primary, Middle deemed secondary, Special Schools, Alternative Provision
	The Theory and Practice of the Boxall Profile®	SMHL129	Primary Schools; Secondary Schools; Colleges; Middle Deemed Primary; Middle Deemed Secondary; Alternate Provision
Optimus Education	Wellbeing Award for Schools / Wellbeing Award for Schools (Special)	SMHL125	All settings
Our Time	Supporting Children with Parental Mental Illness in Education	SMHL098	All settings
Place2Be	Place2Be Senior Mental Health Leads programme	SMHL043	Primary Schools; Secondary Schools; Colleges (Sixth Form and Further Education Colleges); Middle deemed primary; Middle deemed secondary; Alternative Provision
Progressive Minds Associate Ltd	Senior Mental Health Lead Training	SMHL083	All settings
	Senior Mental Health Lead Training (Advanced) - Strategic Leadership	SMHL099	All settings
	Senior Mental Health Lead Training (Intermediate) - Developing a whole school approach	SMHL102	All settings

Real Training	Senior Mental Health Leadership Certificate (In person)	SMHL037	All settings
	Senior Mental Health Leadership Certificate (Online)	SMHL038	All settings
	Senior Mental Health Leadership - Advanced Award	SMHL039	All settings
Redbridge Educational Wellbeing Team (REWT)	Senior Mental Health Lead Training – Intermediate	SMHL112	All settings
Restorative Thinking	Fostering Restorative Practice in Schools	SMHL097	All Settings
Safe4Schools Ltd	The School Mental Health Lead Role – A course for staff new to the role	SMHL091	All settings
	School Mental Health Leads – Intermediate Course for Staff	SMHL104	All settings
Sarah Henry Safeguarding Consultancy Ltd	Introduction to the role of Senior Mental Health Lead	SMHL092	All settings
SCCU Group	Designated Mental Health Lead Training (Intermediate)	SMHL124	All settings

Somerset Educational Psychology Service	Somerset Senior Mental Health Lead Training Course: 2 Day Beginner Course	SMHL034	All settings
	Somerset Senior Mental Health Lead Training Course: 2 Day Intermediate Course	SMHL041	All settings
Success in Schools	Understanding and implementing the role of senior mental health lead	SMHL105	Primary Schools; Secondary Schools; Middle deemed primary; Middle deemed secondary; Special schools; Alternative Provision
Take Your Marks Ltd	Senior Mental Health Lead Training	SMHI117	Primary Schools; Secondary Schools; Middle Deemed Primary; Middle Deemed Secondary; Special Schools
Teaching & Training Courses Ltd	Senior Mental Health Leadership (advanced)	SMHL044	Colleges (Sixth Form and Further Education Colleges)
	Senior Mental Health Leadership (expert)	SMHL066	Colleges
Teach Well Toolkit Ltd	Senior Mental Health Lead in Schools	SMHL093	All settings
Terapia	Developing, Implementing and Sustaining a Positive Mental Health Whole School/College Culture	SMHL012	All settings

The Anna Freud National Centre for Children & Families	Senior mental health lead training – a community-wide approach to improving mental health outcomes in your school or FE college (online)	SMHL004	Primary Schools; Secondary Schools; Colleges; Middle deemed primary; Middle deemed secondary; Alternative Provision
	Senior mental health lead training – a community-wide approach to improving mental health outcomes in your school or FE college (face to face)	SMHL130	Primary Schools; Secondary Schools; Colleges; Middle Deemed Primary; Middle Deemed Secondary; Alternate Provision
The Child Psychology Service CIC	Senior Mental Health Lead Training for Beginners: A Practical Approach to Implementing the Whole School Approach	SMHL094	All settings
The Safeguarding Alliance	Designated Mental Health and Wellbeing Lead – Beginner	SMHL062	All settings
The Shaw Trust Limited	Training for Building Resilient Whole School and College Communities	SMHL119	Secondary Schools, Colleges
The Tavistock & Portman NHS Foundation Trust	Senior Mental Health Lead Training: Developing and Embedding a Whole School Approach	SMHL113	All settings
Thompson Team (TT)	Senior Mental Health Lead Training - Face to Face	SMHL059	Primary Schools; Secondary Schools; Middle deemed primary; Middle deemed secondary; Alternative Provision
	Senior Mental Health Lead Training - Online	SMHL060	Primary Schools; Secondary Schools; Middle deemed primary; Middle deemed secondary; Alternative Provision

Three Eggs Training Ltd	Supporting the mental health of adults working in educational settings to establish a wholeschool or college positive mental health culture (face-to-face)	SMHL050	Primary and Secondary Schools
	Supporting the mental health of adults working in educational settings to establish a wholeschool or college positive mental health culture (virtual)	SMHL051	Primary and Secondary Schools
	Supporting the mental health of adults working in educational settings to establish a wholeschool or college positive mental health culture (face-to-face)	SMHL052	Primary and Secondary Schools
	Supporting the mental health of adults working in educational settings to establish a wholeschool or college positive mental health culture (virtual)	SMHL053	Primary and Secondary Schools
Thrive Approach	A Strategic Approach to Whole-School Emotional Health and Wellbeing (Certificate for Designated Senior Mental Health Leads in Schools and Colleges)	SMHL068	All settings
TPC Therapy Ltd	The Therapeutic School Award	SMHL007	Primary Schools; Alternative Provision
Trauma Informed Schools UK (TISUK)	Certificate in Child and Adolescent mental Health for Designated Senior Mental Health Leads (policy, practice and leadership)	SMHL010	All settings



TT Education	An introduction to senior mental health leadership in schools	SMHL096	Primary Schools; Middle deemed primary
	Developing strong senior mental health leadership in schools	SMHL103	Primary Schools; Middle deemed primary
Warwickshire Educational Psychology Service	Creating an ethos, teaching and learning environment that promotes wellbeing and mental health in your setting	SMHL009	All settings
Wellbeing Through Sport	Senior Mental Health Lead (SMHL) Online Training and Wellbeing Through Sport's Whole School Programme for Primary Schools	SMHL071	Primary Schools; Middle deemed primary
Wigan Council Educational Psychology Service	Leadership Course 1: Leading on Mental Health in your school	SMHL006	All settings
Worth-It Positive Education CIC	Wellbeing Club: training, resources, and ongoing support for Senior Mental Health Leads	SMHL033	All settings
YMCA Trinity Group	Designated Senior Mental Health Lead Training – Beginners Programme	SMHL123	All settings
	Designated Senior Mental Health Lead Training – Intermediate Programme	SMHL127	All settings
Young Minds	Participation and Pupil Voice	SMHL058	Primary Schools; Secondary Schools; Colleges (Sixth Form and Further Education Colleges); Middle deemed primary; Middle deemed secondary; Alternative Provision