Best Practice: management of blood and body fluid spillages

Blood and/or body fluid spillage

Wear appropriate personal protective equipment (PPE) eg non-sterile disposable gloves/aprons

Is the spillage on soft furnishings eg carpets?

NO

Is it a spill of blood or body fluid as specified in Box 1?

YES

Spill contains ONLY urine/faeces/vomit/sputum:
- do not use a chlorine releasing agent directly on a urine spill
- soak up spillage/gross contamination using disposable paper towels
- if a urine spillage a gelling agent can be used

- apply chlorine releasing granules directly to the spill.¹
- if granules not available place disposable paper towels over spillage to absorb and contain it apply a solution of 10,000 parts per million available chlorine (ppm av cl) solution to the towels
- follow manufacturers’ instructions on contact time or leave for 3 minutes
- discard the gross contamination into a healthcare waste bag

¹ all NHS Scotland settings must use granules, or equivalent product eg spill kits

- wash area with disposable paper towels and a solution of general purpose detergent and warm water
- dry area or allow to air dry
- discard paper towels and disposable PPE into a healthcare waste bag
- perform hand hygiene

Discuss with IPCT and consider:
- if furnishing is heavily contaminated you may have to discard it
- if the furnishing can withstand a chlorine releasing solution then follow appropriate procedure for the type of spill
- if it is safe to clean with detergent alone then follow appropriate procedure
- if it is not safe to clean with detergent then the item should be discarded

Infection prevention and control team/Health protection team
Name: ..............................
Designation: ..........................
Contact number: ..........................

Box 1
- cerebrospinal fluid
- peritoneal fluid
- pleural fluid
- synovial fluid
- amniotic fluid
- semen
- vaginal secretions
- breast milk
- any other body fluid with visible blood (excluding urine)