

**List of items allowed in Prisons, Open-type Prisons and Detention Centres
attached to prisons**

1. Clothes, personal belongings and food that can be kept in the sleeping departments

1.1. Underwear and sleepwear:

- briefs (up to 6 pairs)
- t-shirts (up to 6)
- socks (up to 6 pairs)
- pyjamas (up to 2 pairs)

1.2. Sportswear and accessories:

- training suits (up to 3)
- sports shorts and t-shirts (up to 2)
- trainers (up to 2 pairs)
- table tennis bats, balls and net
- badminton set
- ball (for football, volleyball, basketball, handball)

NB! These items can be used only in the free time for sports or at sporting events, or, exceptionally under different circumstances with the Director's permission.

1.3. Shoes

- everyday shoes (up to 2 pairs)
- winter shoes (up to 2 pairs)
- sandals (up to 2 pairs)
- flip-flops and slippers (up to 2 pairs)

1.4. Toiletries

- hand razor and electric razor (no open blades)
- shaving soap/cream/foam/gel and tooth paste (bought from the prison shop)
- shaving brush and tooth brush (bought from the prison shop)
- mechanical and electric tooth brush (one of each, bought from the prison shop)
- dry deodorant, air freshener, toilet freshener (one of each, bought from the prison shop)

- perfume and eau-de-Cologne in their fabric packaging - up to 150 ml, in non-aerosol containers (one of each, bought from the prison shop)
- clothes brush (one, bought from the prison shop)
- nail clippers (without a blade or scissors), comb, compact mirror
- cosmetic cream (bought from the prison shop)
- toilet soap, washing soap, soap-box, shampoo, liquid soap and shower gel (bought from the prison shop)
- hair conditioner (bought from the prison shop)
- detergent, fabric softener, dish soap, surface cleaner (bought from the prison shop)
- towels and handkerchiefs (no restrictions)
- toilet paper and kitchen rolls (bought from the prison shop)
- sanitary pads and cosmetic products (for female prisoners, bought from the prison shop)
- cotton buds and tooth picks (bought from the prison shop)

1.5. Miscellaneous household items

- washing bowl or bucket (plastic)
- sweeping broom and dust-pan, mop, kitchen sponge, scourer, plastic table cover
- plastic water bottle (up to 3 litres), water glass, knife and fork (plastic), tea spoon and table spoon (plastic or metal)
- mechanical or electric coffee grinder (plastic)
- linen (up to two sets) and blankets (up to two)
- pillow and duvet (bought from the prison shop)
- TV set (up to 19 inches for CRT screens and up to 24 inches for LED/plasma screens, with a telescopic antenna and no wireless connection), a TV tuner and an indoor antenna (up to 50 cm) – bought from the prison shop
- portative radio receiver and audio player (with no recording function and wireless connection), wire headphones, batteries and audio adapter – bought from the prison shop
- electronic games (size up to 30/30 cm), no VCD, DVD, AVI and other video formats and wireless connection
- tin opener, tin foil and baking paper
- a small immersion heater (standard one) and coffee maker (up to 500 ml), bought from the prison shop
- electric fan (up to 100 Watt, bought from the prison shop)
- electric hair/beard trimmer, ear and nose trimmer - bought from the prison shop
- condoms
- plastic ashtray

- electrical connector block with up to 3 nests and up to 3 metres cable - bought from the prison shop
- hair dryer (up to 2000 Watt) - bought from the prison shop
- electric epilator (for female prisoners only) - bought from the prison shop

1.6. Other personal belongings

- Trousers, hats, gloves (up to 2 pairs of each)
- sweaters or cardigans (up to 2)
- wrist watch (no smart watches or bands)
- envelopes, writing paper, post cards, stamps, pens, pencils, family photographs, private correspondence
- textbooks, educational supplies, magazines, newspapers, books, stationery (glue must be bought from the prison shop)
- medication, orthopaedic aids, blood pressure monitor, blood glucose meter, prescription hearing aid
- electric cooler box (up to 25 litres) - bought from the prison shop
- prescription glasses, sunglasses
- wedding ring
- shoe polish and shoe brush (bought from the prison shop)
- board games (chess, domino, backgammon, Ludo, checkers), playing cards
- thread, needles, buttons
- cigarettes (bought from the prison shop or brought by visitors)
- electronic cigarettes, IQOS, smoking pipe, matches, lighter, tobacco roller, rolling tobacco (bought from the prison shop)
- charger/adaptor, USB/micro USB, USB Type C charging cable (bought from the prison shop)
- a small padlock
- soft sports/travel bag

1.7. Food

- long-lasting packaged sweets, candy, bakery products (bought from the prison shop)
- coffee, tea, cocoa powder, soft drinks and bottled water (bought from the prison shop)
- sugar (up to 1 kg) or artificial sweeteners, honey (no glass containers) - bought from the prison shop
- instant foods (soups, noodles, stock cubes) - bought from the prison shop
- nuts (bought from the prison shop)
- food supplements (bought from the prison shop)

2. Food products which can be kept at designated places specified by the prison administration

- Long-lasting meat products (no semi-processed or raw products)
- Sausages and cold cut mats (bought from the prison shop)
- dairy products – cheese, yellow cheese, curd, butter, milk, yoghurt and ice-cream (bought from the prison shop)
- eggs (bought from the prison shop)
- canned food (tins only, no glass containers) - bought from the prison shop
- fruit and vegetables
- vinegar, oil, olive oil, margarine, salt, herbs and spices (bought from the prison shop)
- ketchup and mustard (bought from the prison shop)

3. Items for which a special permission from the prison governor is needed

3.1. Clothes

- suit (no tie)
- shirts (up to 3)
- jackets (up to 2)
- winter coat/jacket (1)
- belt (1)

3.2. Personal musical instruments (must be stored in special premises and can be used with a special order issued by the governor)

3.3. Portable electric burner, small oven, pot, skillet, roasting pan for shared use (must be stored in special premises and can be used with a special order issued by the governor)

4. Other items

4.1. Prisoners in open-type prisons can have additional personal items and food products which are specified by the prison governor of each prison.

4.2. There are additional lists of items for women and minors, specified by prison governor of the relevant prison.