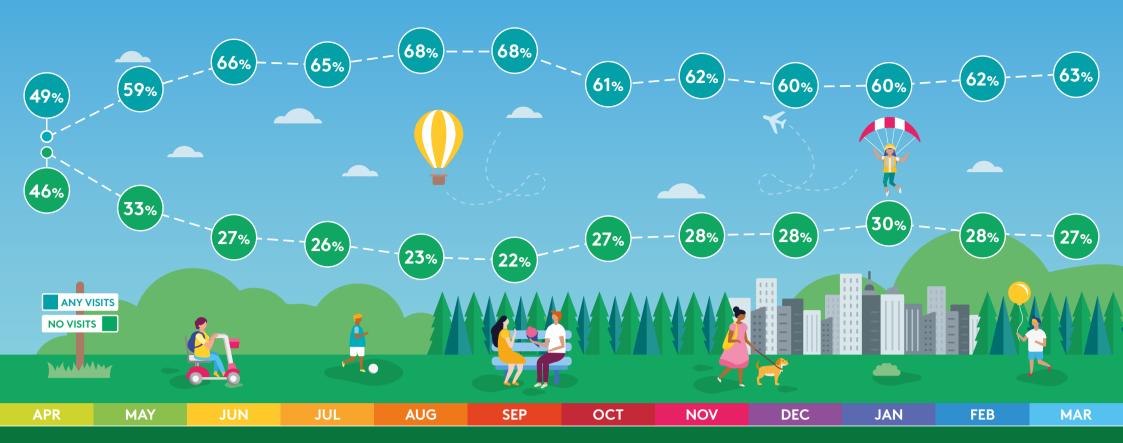
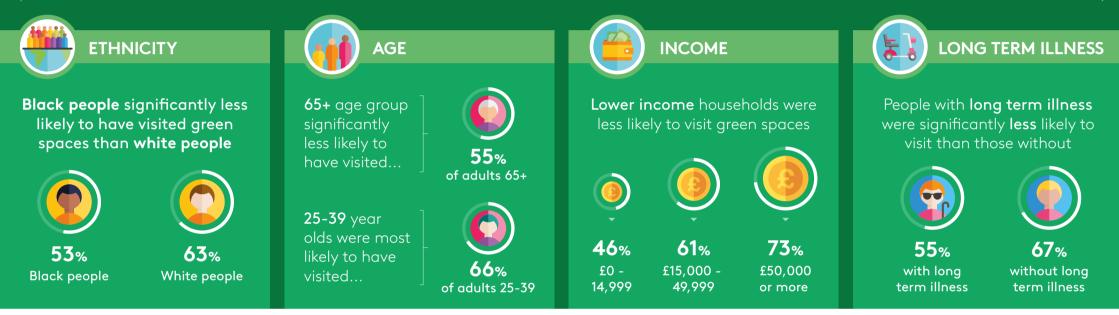
THE PEOPLE AND NATURE SURVEY FOR ENGLAND

APRIL 2020 - MARCH 2021



VISITS TO GREEN AND NATURAL SPACES IN THE LAST 14 DAYS



NATURE AND WELLBEING | SHARE OF RESPONDENTS THAT AGREE WITH THE FOLLOWING...



I am taking more time to notice and engage with everyday nature



I felt spending time outdoors was good for my physical health



I felt spending time outdoors was good for my mental health



QUALITY | IMPROVEMENT IN LOCAL GREEN SPACES

Higher income groups are more likely to say the quality of green spaces had improved in the last 5 years. £0-14,999



Lower income groups (£0-14,999) > £50,000 F



NATURAI ENGLAND

> 16-24s and 25-39s were more likely than other age groups to cite poor mental health



65+ were more likely to stay at home to cite poor physical health as a barrier.

SINCE CORONAVIRUS RESTRICTIONS STARTED



34% wish...

that their child could spend more time outside in nature to support their mental health



36% wish...

that their child could spend more time outside to support their physical health



18% are worried...

BARRIERS | WHAT STOPS PEOPLE FROM SPENDING FREE TIME OUTDOORS

about their child spending time outside due to the threat of catching or spreading coronavirus