



How to work safely

Putting on personal protective equipment (PPE)

PPE required when providing direct personal care, caring for an infectious, symptomatic or COVID positive person or where there is a risk of exposure to body fluids.

- **Make sure you drink some fluids before putting on your PPE**

- **Tie hair back**
- **Remove jewellery**

- **Check PPE in the correct size is available**

1 Clean your hands and wrists using alcohol hand rub/gel or use soap and water.



2 Put on apron and tie at waist.



3 Put on facemask – position upper straps on the crown of your head, lower strap at nape of neck.



4 With both hands, mould the metal strap over the bridge of the nose to ensure a close fit.



5 Don or put on your eye protection, due to the risk of splashing.



6 Put on gloves.

