### Trips [NTS0101]
Average trips per person per year

<table>
<thead>
<tr>
<th>Year</th>
<th>2002</th>
<th>2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average trips per person per year</td>
<td>1,074</td>
<td>953</td>
</tr>
</tbody>
</table>

- Down 11% from 2002 to 2019
- Down 22% from 2019 to 2020

### Distance [NTS0101]
Average distance (miles) per year

<table>
<thead>
<tr>
<th>Year</th>
<th>2002</th>
<th>2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average distance (miles) per year</td>
<td>7,194</td>
<td>6,500</td>
</tr>
</tbody>
</table>

- Down 10% from 2002 to 2019
- Down 33% from 2019 to 2020

### Time [NTS0101]
Average time (minutes) per year

<table>
<thead>
<tr>
<th>Year</th>
<th>2002</th>
<th>2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average time (minutes) per year</td>
<td>390</td>
<td>370</td>
</tr>
</tbody>
</table>

- Down 5% from 2002 to 2019
- Down 27% from 2019 to 2020

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### How we travelled [NTS0303]

<table>
<thead>
<tr>
<th>Mode</th>
<th>Trips</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Car</td>
<td>58%</td>
<td>81%</td>
</tr>
<tr>
<td>Walking</td>
<td>32%</td>
<td>5%</td>
</tr>
<tr>
<td>Public Transport</td>
<td>3%</td>
<td>2%</td>
</tr>
<tr>
<td>Bicycle</td>
<td>1%</td>
<td>6%</td>
</tr>
<tr>
<td>Other</td>
<td>3%</td>
<td>4%</td>
</tr>
</tbody>
</table>

People made 739 trips on average in 2020, or 14 trips a week. This was a 22% decrease on the level in 2019 prior to the coronavirus pandemic, where people made an average of 953 trips per year.

People travelled an average of 4,334 miles in 2020, a 33% decrease from the 6,500 miles in 2019.

On average, people spent around 269 hours travelling in 2020 (around 44 minutes per day), down 27% from the 370 hours of travelling in 2019.

Cars remained the most popular mode of travel, making up 58% of all trips in 2020 (a decrease of 3 percentage points from 2019), and 81% of all miles travelled (an increase of 4 percentage points from 2019). Many more trips were walked in 2020 than 2019, with a 6 percentage point increase to 32% of all trips in 2020.

The most common trip purpose in 2020 was for leisure, with 23% of journeys being made for this purpose. Shopping trips took up 19% of the average persons trip number in this year. These two were also the most popular purposes in 2019.

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### Why we travelled [NTS0409]

The most common trip purposes were:

- **Leisure**: 23%
- **Shopping**: 19%
In 2020, men made 4% fewer trips than women, but travelled 22% further. This is reflected in the number of commuting trips, where men made an average of 105 commuting trips per year (a decrease of 45% on 2019), compared to women who made an average of 77 commuting trips per year (a decrease of 57%).

In 2020, 80% of English residents aged 17 and over held a driving licence. Around 83% of men and 77% of women in this group hold a license. While the share of men with a license has been broadly unchanged since the 1990’s, the share of women with a license has grown by around 16 percentage points since 2002. Between 2002 and 2020 the number of licence holders increased by 30% to 36 million individuals.

Looking at households in England, 80% own at least one car, an increase of 6 percentage points since 2002. In households which own at least one car or van, 65% of adult men are the main driver of a personal vehicle in their household, a figure which has remained unchanged since the 1990’s. In comparison, 58% of adult women are the main driver of a personal vehicle in their household, an increase of 13 percentage points since 2002, and an increase of 45 percentage points since 1975.