















## Remember

COVID-19 is spread through droplets breathed out from the nose or mouth, particularly when speaking or coughing. It can also be picked up by touching your eyes, nose and mouth after contact with contaminated objects and surfaces.



### **I have had my flu vaccine, do I need the COVID-19 vaccine as well?**

The flu vaccine does not protect you from COVID-19. As you are eligible for both vaccines you should have them both, normally separated by at least a week.

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Vaccination, helping to protect those most vulnerable.

If you need more information on the COVID-19 vaccination please visit: [www.nhs.uk/covidvaccination](http://www.nhs.uk/covidvaccination)

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