

Looking at your baby's hearing

An easy guide to screening tests for your new baby



Contents: what is in this booklet Page Your choice 3 About these tests 4 The first type of test 6 The second type of test Test results 8

Looking at your baby's hearing
An easy guide to screening tests for your new baby

NHS



This booklet has information about the tests that your baby can have.

The tests can find out if your baby might have a hearing problem. It is important for babies to hear well so they can learn to speak.

These tests can find problems early. They may not find every problem.

If we find a problem early we can help your baby.



You can choose if you want your baby to have these tests. You can say no to any of them.

If you do not want your baby to have the tests we will give you a list of checks to do as your baby grows.



If you are worried, you can talk to your midwife or doctor.

They can help you decide if you want your baby to have these tests.

About these tests



We will keep your test results private.

We only show the results of the test to health staff who need to see them.



It is important to tell your midwife or health visitor about any health problems you and your baby's father have, as your baby may have them too.



These tests will not hurt your baby.

These tests check how well your baby is hearing. Very few babies are born with hearing problems.

If we find a problem early we can help your baby with their listening and talking as they grow up.



Your baby may have the hearing tests in hospital before you go home.

Or you may be asked to go to a clinic for the tests after you have gone home.

Or a health visitor may do the tests in your home.



The first test takes a few minutes.

A soft earpiece is put in your baby's ear. It is a bit like a headphone.

Soft clicking noises are played into it.



A machine can check if your baby hears the sounds.



Sometimes this first test does not work well. It does not always mean your baby has a hearing problem.

It may be that your baby was not very relaxed. It may be that there were some other noises going on.



It may be that your baby had some fluid blocking their ear. This is very common in new babies and gets better in time.



We might need to do another test. Only some babies need this test which takes 5 to 15 minutes.

This test has 3 steps.

- 1. We put 3 small pads on your baby's head and neck.
- 2. We put soft headphones on your baby's ears.
- 3. Soft clicking noises are played.



We will tell you the results straight away.

Most babies will not have a hearing problem.



Sometimes hearing problems are found as your baby gets older.

If you have any worries about your baby's hearing, talk to your health visitor or doctor.



If the tests show your baby might have a hearing problem we will send them to a hearing expert. It is very important to go to these appointments.

Being sent to a hearing expert does not mean your baby has bad hearing. It is just more likely.

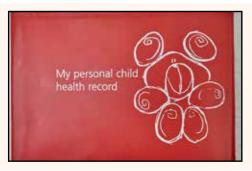


The hearing expert will see your baby within 4 weeks.



You will be given a red book to keep a record of your baby's health checks in. Keep the red book safe.

Take it with you when you see anyone about your baby's health.



There are some hearing checks in your baby's red book.

It is important to do these checks as your baby grows up.



New home

It is important to tell your midwife or health visitor if you move home.

First published: February 2017

Updated June 2020

© Crown copyright 2020

Re-use of Crown copyright material (excluding logos) is allowed under the terms of the Open Government Licence, visit www.nationalarchives.gov.uk/doc/open-government-licence/version/2/for terms and conditions.

Images courtesy of:

Otodynamics Ltd - page 6

Photosymbols - calendar (page 8), house move (page 9)

PHE publications gateway number: GW-1291



Find out how Public Health England and the NHS use and protect your screening information at **www.gov.uk/phe/screening-data**.