

What you need to know about leaving hospital





This **Easy Read leaflet** tells you:



- why it is important to start planning for you to leave hospital



- what you can expect before and after you leave hospital.



You will leave hospital when:



- you do not need hospital care



- you can get the right care outside hospital.



Your health team will decide when you leave.

When you leave hospital, it is very important that you:



- stay safe



- get the right care.



In most cases, you will go **home**.



That might be a **care home**, if that is where you live.

When you go home you may need care and support:



- to get dressed



- to wash



- to do shopping.



If you need more help, **you may need to go to another place of care to get better** before you go home.

What can I expect?



Soon after you arrive in hospital, someone will talk to you about:



- how you will be able to leave hospital



- what day you might leave hospital



- what matters most to you.



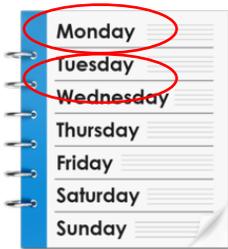
A family member, friend or carer can join you for this talk.



Questions to ask during your hospital stay:



1. Why am I in hospital?



2. What is going to happen to me today and tomorrow?



3. What help might I need when I leave hospital?



4. When will I be able to leave hospital?