

For safe food and healthy eating

# Food Standards Scotland: Strategy & Approach to Science

23<sup>rd</sup> June 2021 Geoff Ogle (Chief Executive)







- **1.Background about FSS**
- 2.The Context we're now operating in
- 3.Our Approach to the use of Science and Evidence



### **About Us**

We're the public sector food body for Scotland. Our remit covers all aspects of the food chain in Scotland that can impact public health. We're here to protect consumers in Scotland from food safety risks and promote healthy eating.



We continue to adapt and keep pace in a changing food environment. Prioritising public health protection and promoting sustainability.





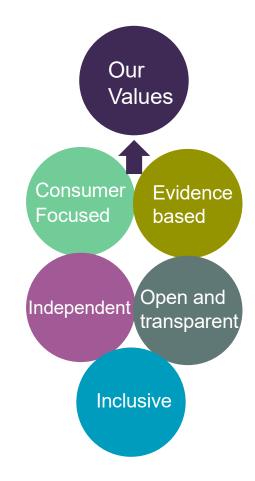
### **Role and Vision**

### Our Vision

A safe, healthy and sustainable food environment that benefits and protects the health and well-being of everyone in Scotland

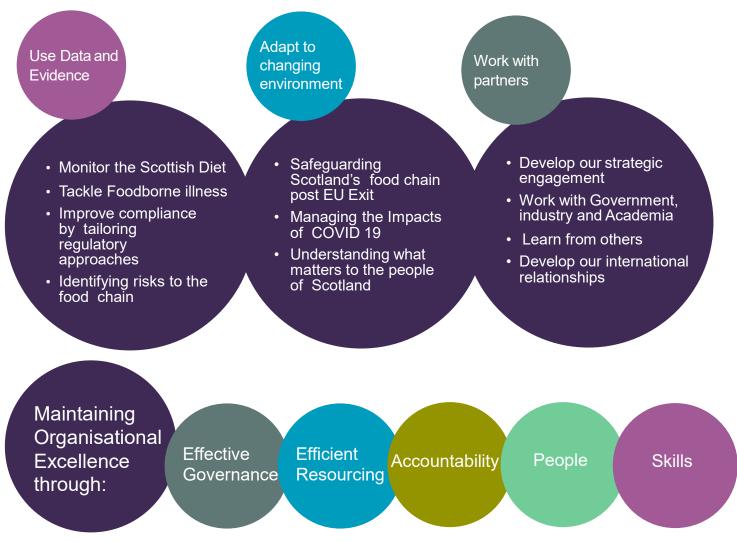
### Mission Statement

To be Scotland's leading authority on food safety, standards and healthy eating; using date and evidence to provide assurance and advices that inspires consumer confidence and improves public health





### Strategic Focus 2021 - 26





### Governance

The Board The Executive

Provides FSS with strategic direction, oversight and governance.

Chair and seven members.

Manages the organisation and delivers on the Strategy agreed by the Board.

Led by our CEO& supported by the senior leadership team

Executive Leadership Team

Supports the CEO and wider team to deliver on the FSS Strategy.

Comprises of two Deputy CEOs & our Chief Scientific Adviser





### FSS at a glance





# FSS outcomes for 2021-2026



Food is Safe and Authentic



Consumers Have Healthier Diets



Responsible Food Businesses are enabled to thrive



Consumers are empowered to make positive choices about food



FSS is trusted and influential





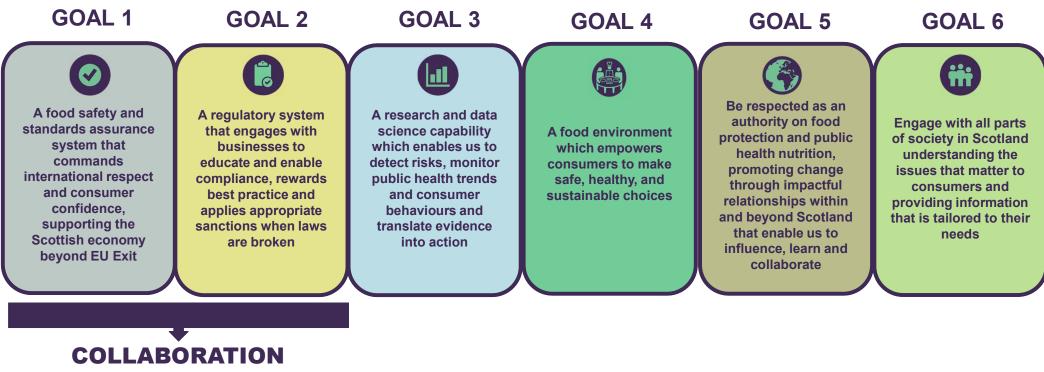
### **Understanding the challenges**

Our Enablers										
Adaptability to change	Our expertise		ways orking	Data ar Digitalisa		Evidence and Understanding	Sustainable delivery models			
Key Risks to Delivery										
COVID-19 New risks to the food chain and diversion of regulatory resource to support public health response	EU EX Constitution affairs - tr agreements future relation with the EU UK Govern	onal rade s and onships and	TECHN E-COM Ensuring and a keeps new pro the exp	RGING NOLOGY ND MERCE g regulation ssurance pace with oducts and oansion of ood markets	Prom expert thetr o sourc on recogn challe	NFORMATION noting FSS as the voice and gaining ust of consumers ver unreliable ces of information diet and health, nising the particular enges associated th social media	PUBLIC SECTOR RESOURCING Increasing pressures on Local Authorities and FSS result in a delivery model which lacks the resilience needed to meet future challenges			





### **Our Strategic Goals**



IS KEY!



## **Our 3 key priorities**

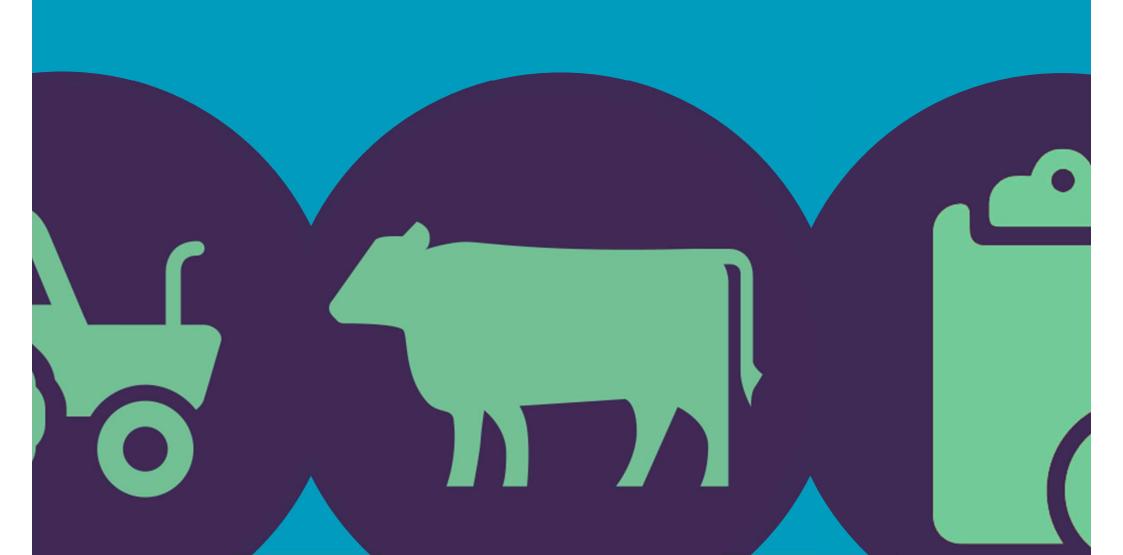


- 1. Strengthen our influence over policy aimed at improving **Scotland's diet**
- 2. Build capacity & capability in Scotland to maintain high standards of **regulatory assurance** as we adapt to the dynamic political landscape post EU Exit
- 3. Strengthen the impact of the **information and advice** we provide to ministers and consumers through effective use of **science and risk communication**

# **Our Science**



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### **Science and evidence strategy**

A research and data science capability which enables us to detect risks, monitor public health trends and consumer behaviours, and translate evidence into action.

GOAL 3:

		Risk Assessment	Horizon scanning			
		ALL OF FSS'S WORK IS UNDERPINNED BY ROBUST SCIENCE AND EVIDENCE				
Rese		earch, Surveillance and Monitoring	Data/Digital			



### **Using data and evidence**



Our evidence-based healthy eating advice helps consumers eat well and supports healthier living. Helping us eat a healthy and balanced diet with more fibre fruit and vegetables. We use social sciences to understand how the changing food environment affects attitudes and behaviours and ensure UK policies take full account of consumer interests in Scotland.

We make use of epidemiological and genomic sequencing data to identify where we can make the greatest impact in reducing the burden of foodborne illness: targeting interventions which control transmission and protect the population groups that are most vulnerable.

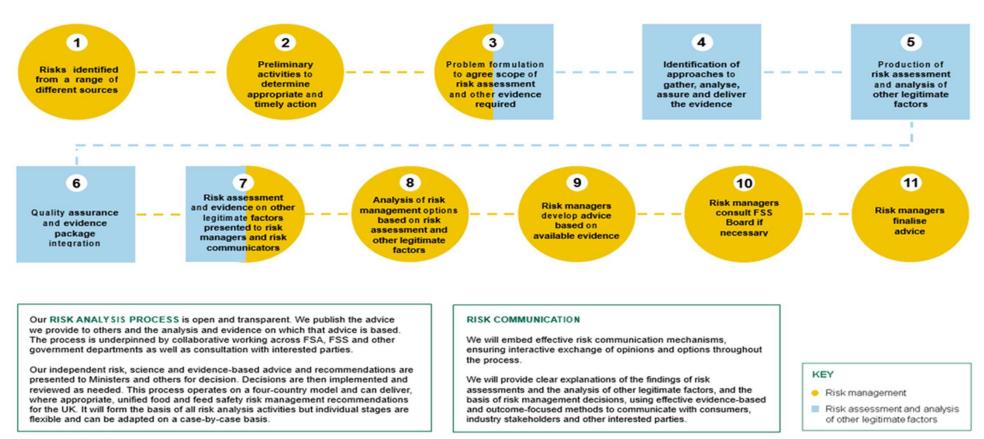




### **Risk Analysis**



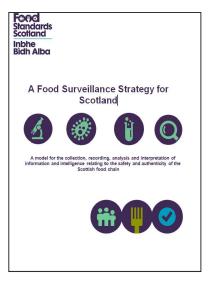
This process flowchart shows the UK's risk analysis process which is one of the ways we will ensure that the high standard of food safety and consumer protection we enjoy in the UK is maintained after the Transition Period.

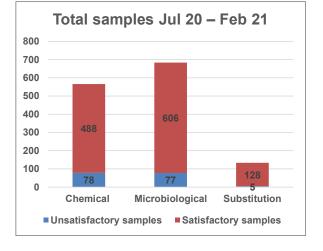


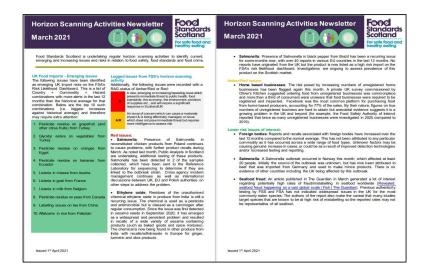
This diagram is for illustrative purposes.



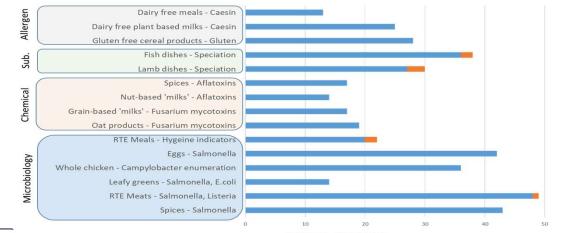
### **Understanding the Risks – Horizon Scanning and Surveillance**







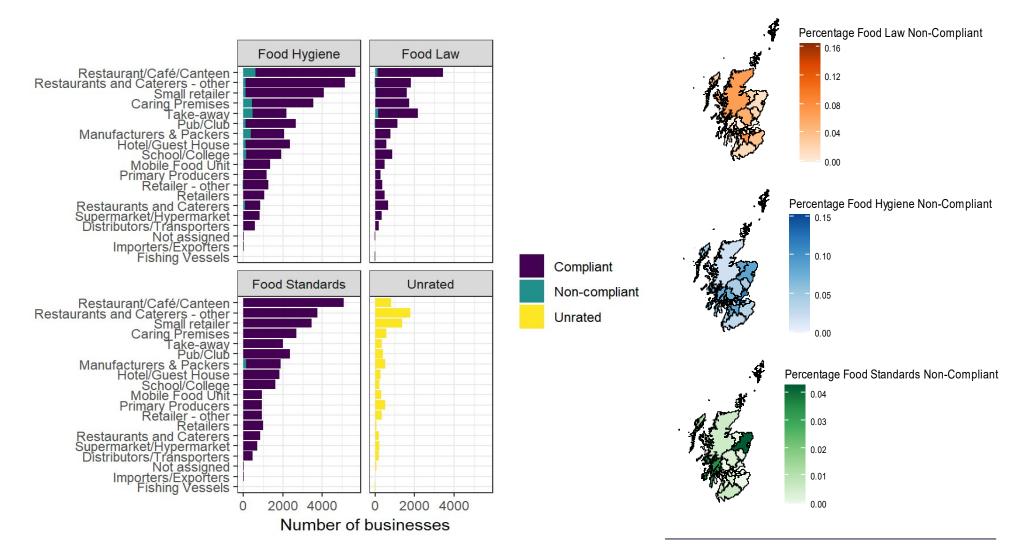
#### FSS Sampling priorities 2020-2021



Satisfactory 📕 Unsatisfactory

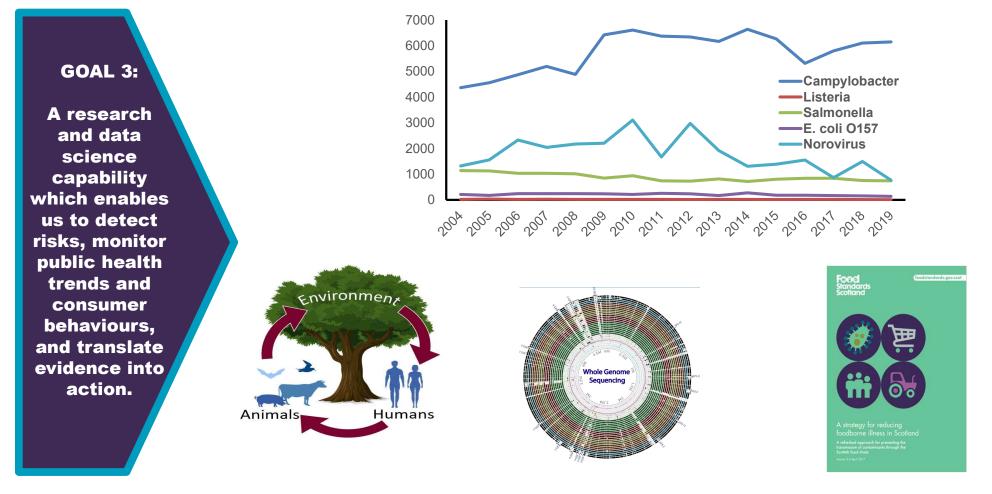


### **Using SND to understand compliance**





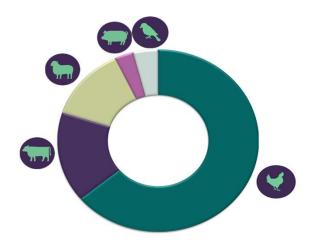
# Understanding the Risks – Tackling Foodborne Illness A One Health Approach



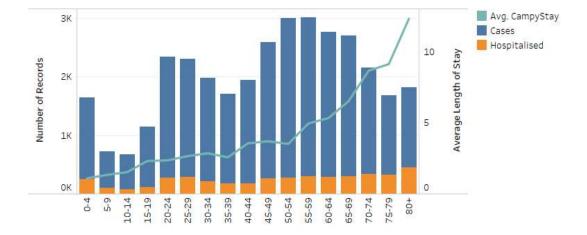


### **Research – Campylobacter**

### Understanding the sources



#### Understanding the population groups at risk



# **Research - STEC**

- Diversity of strains in human infection
- Prevalence in the food chain
- Managing risks in food production

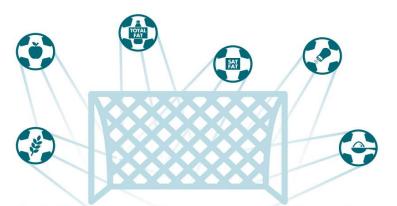




### **Monitoring the Scottish Diet**

- FSS is the only government body to collect and publish robust national trends in diet and nutrition in Scotland through our monitoring of purchase and estimated consumer intakes.
- We use these trends to monitor progress towards achieving the Scottish Dietary Goals.
  - 2 out of 3 adults are either overweight or obese





Scotland has been consistently missing its dietary goals for over 17 years.

20% of all calories and fat we eat comes from discretionary products

of the sugar we

consume comes from discretionary products





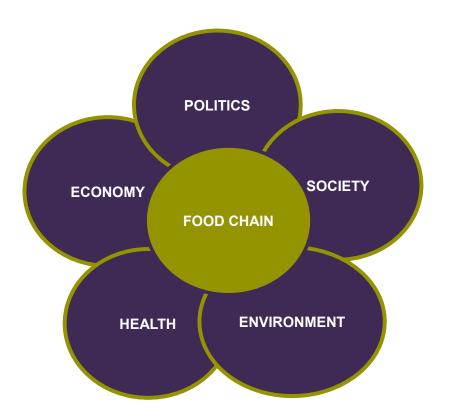
#### Publish situation reports to benchmark the national diet and where we need to be:

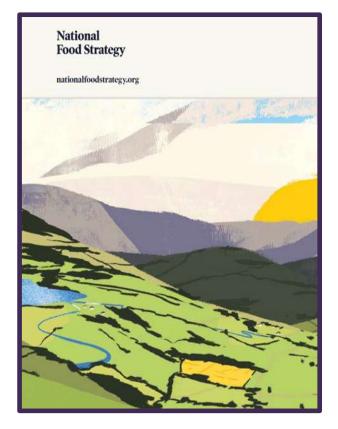
- Provides a call to action for Government and industry.
- A trusted, authoritative source of advice on diet and nutrition to support the development and implementation of policies aimed at achieving the dietary goals.



## **Understanding the wider food landscape**

### **Challenges and Opportunities**







### **Working with others**

We work with our partners across Scotland and beyond to achieve shared goals.



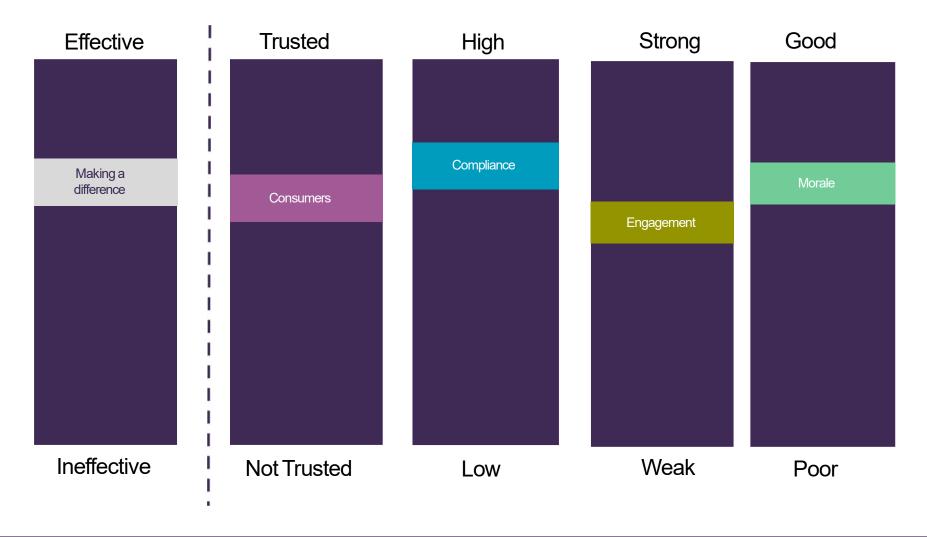
We use social sciences to understand how the changing food environment affects attitudes and behaviours and ensure UK policies take full account of consumer interests in Scotland.



We work with local authorities, ensuring businesses comply with food law.



### **Co determinants of Effectiveness**





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# Thank you Questions?